

PRAGATI GANOTRA



PROFESSIONAL SUMMARY

With a track record of academic excellence, I bring a unique blend of creativity, empathy & dedication. My proficiency in psychological assessments & psychotherapy is complemented by a genuine commitment to understanding & supporting patients. Driven by a passion for continuous learning, I aim to deliver compassionate & innovative mental health care solutions.

PROFESSIONAL EXPERIENCE

- **Senior Research Fellow: Department of Pediatric Neurology AIIMS, Delhi (September 2024- present)**
 - Appointed for the DBT-funded research project, "Role of AI in Autism Spectrum Disorder."
 - Conducted assessments of psychiatric comorbidities and maintained comprehensive data records.
 - Attended patients in bi-weekly OPDs as well as Autism Clinic for psychotherapeutic interventions and psychological assessments, primarily for neurodivergent children
 - Facilitated UDID certification processes for children with disabilities.
 - Attended to patients in ward for child and caregiver counseling
 - Assisted in streamlining patients for other ongoing research and NGO collaborations
- **Clinical Psychology Resident & Intern Training (2022-24)**

Successfully trained Junior Residents and interns in Clinical psychology pursuing undergraduate and post-graduate education, in case history taking, Mental Status Examination, use of psychological assessment tools and basics of psychotherapy as a part of completion of MPhil. (Clinical Psychology)
- **Child Psychology Intern (Continua Kids, Noida & Gurgaon) (June 2019-July 2019)**

Actively participated in clinical observation, conducting assessments, and preparing detailed reports alongside gaining insights into Occupational Therapy, Speech Therapy, and ABA Therapy practices.

CONTACT

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ACHIEVEMENTS

- **GATE Qualified** (January 2024)
- **UGC-NET Qualified** (Dec, 2023)
- **UGC-NET Qualified** (June, 2022)
- **Vice Chancellor's Gold Medalist** (M.A. Applied Psychology, 2020-22) facilitated by **Vice President of India, Shri Jagdeep Dhankhar and Chief Minister of U.P, Shri Yogi Adityanath**

SKILLS

- Administration of psychological assessment tools
- Individual and Group Psychotherapy
- Ethical considerations in research
- Well-versed in undertaking OPD/IPD patient management

- **Teacher Volunteer & Team Leader**
Delhi University's Slum Teaching Initiative- 'Paathshala'
(Aug 2018-Sept 2019)

Led a team to educate underprivileged children and those with special needs, developing tailored programs, coordinating with communities, conducting team training, and improving literacy rates, while raising education awareness through outreach programs

RESEARCH EXPERIENCE

DISSERTATION: PATTERNS OF NEUROPSYCHOLOGICAL PERFORMANCE AND PSYCHIATRIC COMORBIDITY AMONG CHILDREN WITH INTELLECTUAL DISABILITY, AUTISM SPECTRUM DISORDER AND NORMAL SCHOOL-GOING CHILDREN

October, 2023 – July, 2024

- Submitted dissertation under the guidance of **Prof. J. Mahto** (Head of Department of Clinical Psychology, PGIBAMS, Raipur), for completion of M.Phil. in Clinical Psychology degree

DISSERTATION: EFFECTS OF HIGH SCREEN TIME FOR OCCUPATIONAL PURPOSES ON PERCEIVED STRESS AND PREMATURE BIRTHS AMONG PREGNANT WORKING WOMEN DURING THE PANDEMIC

September, 2021- July, 2022

- Submitted dissertation under the guidance of **Dr. Anand Pratap Singh** (Head of Department of Psychology, Gautam Buddha University), for completion of M.A. Applied Psychology degree in 2022

RESEARCH PRESENTATION (INTERNATIONAL CONFERENCE OF INDIAN ACADEMY OF HEALTH PSYCHOLOGY)

November, 2021

- Participated and delivered research presentation titled, 'New Age Teratogens and their Impact on Health of Pregnant Mothers and Fetus: A review', at the 6th International Conference of Indian Academy of Health Psychology (ICIAHP) in 2021

UGC RESEARCH PROJECT- STAR INNOVATION PROJECT (UNIVERSITY OF DELHI): ADOLESCENT HEALTH AND LIFESTYLE

2018 - 2020

- Selected among Top 5 students from University of Delhi on the basis of merit and interview

COURSES

- Diploma in Modern Applied Psychology
 - Basics of Quantitative & Qualitative Research
 - SPSS
 - Cognitive Behaviour Therapy
 - Rational-Emotive Behaviour Therapy
 - Emotion-focused Therapy
 - Palliative Care and Counseling
 - Advanced level of Counseling and Psychotherapy
 - Clinical Hypnotherapy (Level- I)
 - Clinical Assessment of children
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- Roles & responsibilities: identifying research gaps, literature reviews and data collection pan-India (Delhi, Uttar Pradesh, Mumbai)

RESEARCH PRESENTATION (28TH ANNUAL CONVENTION OF NATIONAL ACADEMY OF PSYCHOLOGY)

December, 2018

- Participated and presented paper titled, 'Sleep Paralysis: A review of causal factors' at the 28th Annual Convention of NAOP in 2018

EDUCATION

M.PHIL. IN CLINICAL PSYCHOLOGY

November 2022 – August 2024

- **Institute:** Post Graduate Institute of Behavioural and Medical Sciences, Raipur (PGIBAMS, Raipur)
Grade/Division: I

M.A. APPLIED PSYCHOLOGY (WITH DOUBLE SPECIALIZATION IN CLINICAL AND COUNSELING PSYCHOLOGY)

2020 - 2022

- **Institute:** Gautam Buddha University (Uttar Pradesh)
Grade/Division: I

B.A. (HONS.) APPLIED PSYCHOLOGY

2017 – 2020

- **Institute:** Ramanujan College (University of Delhi)
Grade/Division: I
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