Dr. Nitish Verma

M.B.B.S., M.D. (Psychiatry)



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Career Objective



To be a proficient Psychiatric physician with focus on providing deaddiction and rehabilitation care.

Work Experience



Involved with three years of regular clinical residency (MD) with Department of Psychiatry at SMC, Ghaziabad. This includes the following:

* Clinical case presentations, journal club and special clinics of residents.
* Integral part of organizing team for CME, conferences and workshop by the department.
* Attending the department's academic activities.

Involved in rotatory clinical internship at **Govt. Drug Rehabilitation Centre** **(Amritsar)**.

Presentations



* Poster presentation on “Emerging Mental Health Issues During the Covid-19 Pandemic”.
* Podium Paper presentation on “Attitude of Medical Students Toward Suicide Prevention”.

Publications



* An observational cross-sectional study to assess the prevalence and characteristics of Online games addiction amongst medical students Psychiatry Bulletin of Environment, Pharmacology and Life Sciences 2277-1808, 2022 Web of Science.
* “INTERNET GAMING ADDICTION IN MEDICAL STUDENTS, CROSS-SECTIONAL STUDY“ Psychiatry International Journal of Food and Nutritional Sciences , 2319-1775 2022 UGC.
* The Prospect of Mental Health Concerns in the Covid and Post-Covid-19 Scenario Psychiatry International Journal of Food and Nutritional Sciences, 2319-1775, 2022 UGC.
* Withdrawal Symptoms in Mild Alcohol and Chronic Abuse in Old Age Psychiatry Asian journal of organic & medicinal chemistry 2456-8937, 2022, UGC.
* Self-mutilating behaviour in monosymptomatic hypochondriacal psychosis.
* Review of Postpartum Depression Risk Factors and Treatment in India.
* Overview of the Suicide Situation in Uttar Pradesh.
* Brief Analysis of Werther’s Impact Psychiatry, International Journal of Food and Nutritional Sciences, 2319-1775, 2022, UGC

Conferences, CME’S and Workshops attended



* 6th National CME and 3rd **Hands-on-Workshop on Neuromodulation** 2022 at AIIMS, New Delhi
* 2nd Annual national conference of addiction psychiatry society of India (APSI) **ADDICON 2022** at NIMHANS Bangaluru.
* 74th Annual national conference of Indian psychiatry society (ANCIPS) 2023
* 73rd Annual national conference of Indian psychiatry society (ANCIPS) 2022
* National Child Psychiatry CME – 2020
* Newer psychiatric illnesses emerging during Covid-19 pandemic CME Dec 2021
* 33rd European College of Neuropsychopharmacology (ECNP) Congress (Virtual) 2020

Additional Courses



* Value added course on Psychiatric Emergencies June 2022.
* Value added course on Personality development & enhancement of soft skills (communication skills) 2021.
* Value added course on good anger management skills among medical professionals during angry patient care March 2021.
* Value added course on Stress management skills at workplace while pursuing academics Nov 2020.

Education



**M.D. (Psychiatry) - (2020-23)**

**Santosh Medical College & Hospitals**

* It included attending to outpatients and inpatients admitted under psychiatry.
* Attending to psychiatric emergency patients twice a week and providing emergency psychiatric interventions.
* The second and third-year training included regular case presentations and seminars on various psychiatric topics.
* **Dissertation- Attitude of Medical Students Towards Suicide and It’s Prevention.**

**M.B.B.S.- Government Medical College, Amritsar (2012-17)**

**Baba Farid University of Heath Sciences (Faridkot)**

* Completed one-year compulsory rotational internship

 **School-St. Xavier’s Senior Secondary School, Bathinda, Punjab (CBSE -2012)**

ACADEMIC ACHIEVEMENT

* Merit Scholarship Scheme for senior secondary studies – 2010 for 2 years
* Merit Scholarship Scheme for Pre-Medical Test(PMT) coaching– 2010 for 2 years

Personal Details



**Address for correspondence**: Verma Hospital, Bhatti Road, Bathinda, Punjab (151001)

**Languages:** English, Hindi, Punjabi

**Date of Birth**: - 26-01-1995

**Hometown-** Bathinda (Punjab)

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