

DHIVYA K

Psychologist



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,kottivakkam, chennai-41

OBJECTIVE

Looking for a demanding role where can use my research and counseling skills to support the work and make a difference.

PROJECT

- Conducted an investigation to examine, "The relationship between psychological boundaries and dream recall and frequency of nightmares among young adults".

EXPERIENCE

- BHUMI NGO Volunteer**
Nov 2022- Sep 2023

Experienced one year as a school psychologist in voluntary program for government primary school students.

LANGUAGE

- Good knowledge of - MS word, MS excel, MS power point and SPSS.
- Language known-English, Tamil and French at basic level.
- Counseling skills- Good communication skill, patience and empathetic skill.

EDUCATION

- SSLC** **2017**

St Antony's Matriculation Higher secondary school, Chennai.
Had scored 85 percent on the state board examination.

- Higher Secondary Course** **2019**

St. Antony's Matriculation Higher secondary school, Chennai.
Completed high school with 62 percent and the major subjects of biology, Chemistry, physics and mathematics.

- Bachelor's in psychology** **2019-2022**

DR. MGR Janaki college of arts and science for women, Chennai.
Completed under graduation in first class with distinction and GPA 82.3 percent.

- Master's in Applied psychology** **2022-2024**

DR. MGR Janaki college of arts and science for women, Chennai.
Completed Master degree in first class with distinction and GPA 80.1 percent.

INTERNSHIP

- Venkateswara Multi specialty Hospital**

Interns receive vital insight for future career growth and are exposed to the clinical environment of mental case studies and patient counseling. It provides professional practice knowledge.

- Dr. Peter Fernandez home for Schizophrenia patients (Psycho Lab)**

Handled the schizophrenia patient and bipolar patient and studied their case histories. Conducted counseling sessions for the patient in their daily routine. Conducting game therapy, art therapy, and music therapy for the patients.

- Chanakya Mental Health Service**

Specialization in the area of counselling psychology. Interns provide knowledge about counseling process stages, act therapy and how to get client feeling as report. Learnt about CBT techniques during the program session.

CERTIFICATE AND CONFERENCES

Sign language

Had completed an Indian sign language for 3- month certificate course. It provides a different field of knowledge and kinesthetic leaning program.

National Institute of Mental Health And Neuro Sciences- Bangalore

Attended 1st National annual conference of clinical psychology society of India. conducted a conference on Mental health for changing world- New challenges and opportunities, it gained valuable knowledge of stressful life event.

Chanakya Mental Health Service

Attended a workshop on Basics of counseling skills, it gives a knowledge of counselling techniques and counseling process.