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## Education

**Master of Philosophy (M.Phil) in Clinical Psychology – Gold Medalist**  
Amity University (2021–2021)

**Master of Science (MSc.) in Applied Psychology**  
University of Calcutta (2018–2020)

**Bachelor of Science (BSc.) in Psychology**  
University of Calcutta (2015–2018)

## Expertise

Case history and mental status examination

Clinical diagnoses and testing

Psychotherapy and counselling

Conducting workshops and seminars/webinars

Administrative work

Research and management

# SHARMILI GHOSH

## Clinical Psychologist



### Profile

RCI registered clinical psychologist (RCI Reg No.: A95236) who combines evidence-based therapeutic techniques with a compassionate, client-centered approach to help individuals, couples, and families navigate life's challenges and improve their emotional well-being.



### Work Experience

#### Tata Medical Center

Fellowship in Psycho-oncology

- Psychological management of cancer patients and their caregivers.
- Stress management workshops to address staff burnout.
- Neuropsychological assessment of patients with underlying brain dysfunction.
- Administrative duties and organising conferences.

#### Antara Psychiatric Hospital

Internship

- Clinical Diagnoses
- Psychometric Assessments
- Observation

## Languages

English   Hindi   Bengali



## References

**Dr. Soumitra  
Shankar Datta**

Tata Medical Center

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**Dr. Akash Kumar  
Mahato**

Amity University Kolkata

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## Presentations and Publications

- Title: "Exploring the link between covid stigma and covid anxiety among young adults in India" published in the "Indian Journal of Health and Wellbeing", June 20th, 2022.
- Title: "Happiness Through the Lens of Institutionalized Children: A Qualitative Enquiry" presented at the Online International Conference titled "Permanand: Philosophy, Psychology and Physiology of Happiness." September 28th- 30th, 2022.
- Title: "Group Intervention in Institutionalized Children: A Preventive Approach" presented at the 49th National Annual Conference of the Indian Association of Clinical Psychologists, SGT University - Gurgaon, February 2023.
- Title "Dissociative Identity Disorder" published in "Basic Abnormal Psychology - Volume 2" in December 2023
- Title "Cancer and comorbidities in low- and middle-income countries: Need for integration of care" published in "Cancer research, Statistics, and Treatment", March 7th, 2024.
- Title "Empowering the Healers: Transformative Stress Management for Oncology Clinicians" presented as an oral paper at the 1st National Conference on Psychotherapeutic Assessments and Interventions in Psycho-Oncology at AIIMS - Delhi, January 3rd, 2025, and accepted for publication in the Taylor & Francis edited book titled "Psychotherapeutic Assessments and Interventions in Psycho-oncology Research: A Multidisciplinary Approach".
- Title "Beyond the Physical: Emotional Care for patients undergoing Haematopoietic stem Cell Transplantation (HSCT) from pre-HSCT psychological assessment to six months beyond the transplant" presented as a poster at the 1st National Conference on Psychotherapeutic Assessments and Interventions in Psycho-Oncology at AIIMS - Delhi, January 3rd, 2025.

- Title “Facing Forward: Addressing Procedural Anxiety, Fear of Recurrence and Body Image Challenges in the Cancer Journey” presented as a symposium at the 1st National Conference on Psychotherapeutic Assessments and Interventions in Psycho-Oncology at AIIMS - Delhi, January 5th, 2025.
- Title “Pioneering Psycho-oncology: A Collaborative Journey for Medical and Psychology Students at ecancer-Tata Medical Center Kolkata Psycho-oncology Congress 2024” published at “ecancermedicalscience”, January 17th, 2025.
- Title “Deciding On Care When Things Are Difficult (DOCTOR): A Study of Decision-Making in Cancer Care in India” - ongoing.
- Title “Redefining Therapy - Virtual Reality’s Role in Modern Psychotherapy” - ongoing.