

Experience

- **Counselor at DPSG School, Gurgaon** (April 2024 - present)
 - Schedule & problem behavior management for children with autism, regression, and other behavioral challenges.
 - Conducted IQ, Personality and BASC assessments for personalized need identification.
 - Positive behavior management through reinforcement, token economy, behavioral analysis techniques while focusing on emotion regulation.
 - Implemented inclusive education through differentiated instruction.

- **Mentor at Medhaam School, Gurgaon** (September 2023 - March 2024)
 - Customized curriculum for special needs children by developing Individualized Education Plans (IEPs), employing differentiated instruction, and allowing flexible pacing.
 - Utilized behavioral analysis techniques, including Discrete Trial Training (DTT), positive reinforcement, prompting strategies to track progress for children with developmental delays..
 - Utilized speech therapy techniques PECS and interactive play to significantly improve communication skills in non-verbal children.

- **Research Intern in collaboration with Sangath (NGO), Rajasthan** (June 2022 - July 2022)
 - Designed and executed training initiatives for rural counselors under Khushee Mamta Program, equipping them to identify perinatal depression and provide tailored psychosocial support.
 - Adapted a UN program by localizing its framework, creating culturally appropriate interviews and consent forms tailored to Indian context, designing training manuals for lay counselor training in collaboration with global teams.
 - Improved intervention delivery and training outcomes by offering strategic insights and evaluating program impact.

- **Clinical Intern at 1Wellness Clinic, Gurgaon** (June 2019 - July 2019)
 - Prepared detailed case summaries using active listening and empathy. Case summaries covered client background, issues, assessments, treatment goals, interventions, and progress.
 - Developed tailored client interventions by collaborating with the clinical team and integrating evidence-based methods from case studies and research and setting clear goals and feedback to improve care quality.
 - Developed effective communication skills enhancing therapeutic relationships and fostering positive client outcomes.

Education

- **M.A. Psychosocial Clinical Studies** || Ambedkar University , Delhi (September 2021- July 2023)
- **B.A Applied Psychology (Hons)** || Delhi University (June 2017 - July 2020)

Skills - Clinical assessment | Effective Interpersonal Communication | Counseling skills | Researching | MS office

Other learnings/ Trainings - Mindfulness and Neuroscience training | Music and movement training | Experiential learning training (IB + CBSE) | POC SO training (CBSE) | school counseling training (CBSE)

