

SHRESHTHA GOPAL SABOO

Email: shreshtha2599@gmail.com | Phone: +91 80076 34889

Location: Pune, Maharashtra | Date of Birth: 25 Jan 1999 | Nationality: Indian

CAREER OBJECTIVE

Self-motivated and results-oriented postgraduate in Clinical Psychology seeking a dynamic position to enhance my skills and contribute to the success of the organization.

SKILLS

Technical Skills:

- Proficient in MS Word, Excel, and PowerPoint

Managerial & Leadership Skills:

- Well-organized and detail-oriented
- Ability to multitask and lead teams effectively

Soft Skills:

- Strong verbal and written communication (English, Hindi, Marathi)
- Emotional intelligence
- Patience and empathy
- Active listening skills

PROFESSIONAL EXPERIENCE

Intern | Adhyapan - The Skills Hub, Delhi

- Assessed patients requiring psychological assistance
- Provided appropriate therapeutic solutions to improve their mental well-being

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EDUCATION

Master's in Clinical Psychology | Indira Gandhi National Open University | 64% | 2024

Bachelor of Arts (Geography with Psychology) | SP College, Savitribai Phule Pune University | 79.34% | 2020

Intermediate (XII) | RYK College of Science, Maharashtra State Board | 80.62% | 2017

Matriculation (X) | New Era English School, Maharashtra State Board | 92.6% | 2015

ACHIEVEMENTS

Successfully cleared several national-level competitive examinations:

- RBI Grade B
- Indian Air Force (AFCAT)
- UPSC CDS
- SEBI Grade A
- IFSCA Grade A
- SBI PO
- IBPS PO
- SBI Clerk
- IBPS Clerk
- IDBI JAM
- Karnataka Bank PO
- SBI Apprenticeship

STRENGTHS

- Punctual and hardworking
- Multitasking ability
- Strong interpersonal skills

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AREAS OF INTEREST

- International Relations
- Political and Social Issues
- Scientific Developments
- Economic Affairs

HOBBIES

- Practicing Yoga
- Music and Dance
- Reading
- Outdoor Games (Badminton, Traditional Indian Games)
- Indoor Games (Chess, Carrom, Board Games, Cards)

LANGUAGES KNOWN

- English
- Hindi
- Marathi