



# REENA RAWAT

7060983499

rawatreena755@gmail.com

Shri Krishna Vihar, Nathuwala,

Gujrowali Chowk, Dehradun,

Uttarakhand, 248001

*Meticulous and compassionate clinical psychologist, who has a strong grasp in taking case history, conducting psychological and neuropsychological assessments and therapeutic interventions. Has been trained in conceptualizing specific child and adult mental health problems and carrying out relevant management. Committed to promoting mental wellness by combining clinical expertise with genuine empathy, ensuring that every individual receives the support they need to improve their quality of life and psychological well-being.*

## Education

### ***M. Phil in Clinical Psychology***

Nov 2021 - Jan 2024

#### **Mahatma Gandhi Medical College and Hospital, Jaipur**

- Dissertation: *Psychosocial Aspects in Institutionalized Patients with Chronic Schizophrenia undergoing Pharmacological and Integrated Treatment*
- Working as a trainee for OPD and IPD services for various departments like Psychiatry, Neurology, Pediatrics, Thalassemia, Hepatology and Critical Care Unit.
- Conducted case history intake, MSE and psychological assessments for 40+ clients in a first year of training.
- Provided various therapy like CBT, ACT, ERP, Behaviour Modification TF-CBT, MET and DBT to 30+ in the second year of training.
- Conducted assessments and therapy sessions for patients going for Sex Reassignment Surgery.

### ***M.Sc. in Clinical Psychology***

July 2019 - July 2021

#### **National Forensic Sciences University, Gandhinagar**

- Thesis: *"Effect of Parenting Styles on Resilience and Attachment Styles in Adolescents"*.
- Completed 3 months of internship as a part of curriculum in well-known government hospital of Gujarat – Hospital for Mental Health, Ahmedabad.

### ***B.Sc. in Clinical Psychology***

May 2016 - May 2019

#### **Amity University, Haryana**

- Thesis: *"Study of Cognitive Style and Decision Making Style in Bi-linguistic and Multi-linguistic people"*.
- Completed two months of internship in each year as part of the curriculum.
- Completed a minor degree in English Literature

## Training Experience

### **Intern - 2017**

*2 months*

**Shri Mahant Inderesh Hospital, Dehradun**

### **Intern - 2018**

*2 months*

**Doon Psychotherapeutic Centre, Dehradun**

### **Intern - 2021**

*3 months*

**Hospital for Mental Health, Ahmedabad**

### **Employee - March 2024 - Present**

**The Hans Foundation, Ghaziabad**

## Professional Summary

- Provided psychological assessments, psychoeducation and evidence based therapies to Children with Disabilities and Person with Disabilities from low socioeconomic income backgrounds through community outreach services in collaboration with NIEPID (National Institute For The Empowerment Of Persons With Intellectual Disabilities)
- Developed and facilitated community workshops focused on mental health awareness and coping strategies.
- Collaborated with multidisciplinary teams to create individualized care plans.
- Advocated for mental health accessibility and liaised with local and government organizations to support client needs.
- Maintained detailed records in compliance with confidentiality and ethical standards.

## Professional Development

2019	Seminar on Rorschach Inkblot Test
2020	Psychodiagnostics and Psychological Assessments Certification Course (Online Course)
2022	Positive Psychiatry and Mental Health Certification Course (Online Course)
2023	Presented a paper in IAAP Conference
2023	Attended webinar on Understanding trauma-related mental health conditions
2024	Published a research paper in Journal of the Indian Academy of Applied Psychology
2025	Qualified GATE Exam