



**PS**

**PRACHI SAINI**  
CLINICAL PSYCHOLOGIST

## DETAILS

H. No11B, Gali NO17A,  
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### CONTACT

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### DATE/PLACE OF BIRTH

17/10/1996

Muzaffarnagar, UP

## CORE COMPETENCIES

Diagnostic evaluation

Psychological assessments and  
writing reports

Treatment Plan

Specific intervention  
(CBT, REBT, DBT, Behavior  
Therapy including Habit  
Reversal Training, IPSRT,  
MET, RPT, Non-directive play  
therapy and Crisis intervention)

SPSS and Statistica

## EXPERIENCE

### PSYCHOLOGY INTERN (JANUARY-APRIL 2016)

*Fortis escorts health institute*

Dealt with patients from young children to older individuals. Observed patients with anxiety disorders, depression, insomnia and other mental disorder. Part of Chetna Project

### COMMUNITY PROJECT (JUNE-JULY,2016)

*Swa-Prerit Adarsh Gram Yojna*

Engaged in community work which encompassed conducting survey regarding of clinical and psychosocial problem of villagers and providing support to them.

### PSYCHOLOGY INTERN (March- April, 2017)

*Cheshire Home India – Delhi Unit*

Dealt with patients of Intellectual Disability, Cerebral Palsy. Under clinical supervision, carried out detailed case history and mental status examination. Observed psychological assessments and interventions under the supervision of clinical psychologist. Observed Music therapy and occupational therapy.

### PSYCHOLOGY INTERN (July- August, 2017)

*Dementia Care Home, Faridabad*

Under clinical supervision, carried out detailed case history and mental status examination. Observed psychological assessments and interventions under the supervision of clinical psychologists.

### PSYCHOLOGY INTERN (September- December, 2017)

*Aadharshila Observation Home for Boys, Sewa Kutir, New Delhi*

## **EDUCATION**

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### **M.PHIL. CLINICAL PSYCHOLOGY (RCI ACCREDITED) May 2021- 2023**

#### ***Central Institute of Psychiatry, Ranchi***

Diagnosed, evaluated and treated patients with mental, emotional and behavioural disorders.

Administered and interpreted intelligence, personality and neuropsychological test.

Formulated, maintained and updated individual as well as group treatment plans in both inpatient and outpatient settings which consisted of about 400+ hours in carrying out psychotherapeutic interventions consisting of multiple modalities including 200+ hours in behaviour therapy.

Conducted seminar on *Intimate partner violence: mental health perspectives*

### **M.A. PSYCHOLOGY, (August 2018-October 2020)**

#### ***Maharshi Dayanand University, Rohtak***

In depth understanding of basic concepts of human behaviour, personality motivation and emotion, neuropsychology, research methodology, health psychology, child psychology, psychodiagnostics and therapeutic techniques.

### **B.A. (HONS) APPLIED PSYCHOLOGY, (July 2015-July 2018)**

#### ***Shree Guru Gobind Singh Tricentenary University, Gurugram***

Basic introduction and understanding of different systems in psychology, social psychology, counselling psychology, media psychology and organizational psychology.

### **XIIth STANDARD (April 2013- May 2014)**

*Kalka Public School, Kalkaji, Delhi*

## **RESEARCH EXPERIENCE AND TRAINING**

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Dissertation on *Symbolic play-based intervention among children with autism*

Dissertation on *Dental anxiety based on visiting patterns of Dental Patients*

## **ACHIEVEMENT**

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Qualified UGC-NET 2022

## **SEMINARS AND WORKSHOPS ATTENDED**

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Completed 3 days workshop *on intelligence testing* conducted by Dr Dwarka Pershad, August 2017

*Suicide Risk Assessment and Management*, two-day workshop organized by Central Institute of Psychiatry, Aug' 2021

*The Role of Child Mental Health Professional in Child and Law Issues*, two-day workshop organized by SAMVAD, National Institute of Mental Health and Neurosciences, Oct' 2021

*Addictive Behaviors: Are We Prepared Enough*, CME organized by Central Institute of Psychiatry, Jan'2023