

# SANCHARI MAITY

## Clinical Psychologist

Working as a Rehab Support Worker at Brainkind, Graham Anderson House (Brain Injury Rehabilitation Trust), Glasgow, UK

Pursuing Super Specialisation in Applied Neuropsychology at University of Glasgow, UK

RCI Licensed Clinical Psychologist in India with expertise in diagnosing, treating and educating patients on mental health conditions.

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Glasgow, UK, G1 5PA

## Work Experience



### Rehab Support Worker

**Brainkind, Graham Anderson House, Brain Injury  
Rehabilitation Trust, Glasgow, UK**  
January 2024- Present

*-Support sessions and rehabilitating patients having non  
progressive Acquired Brain Injury, Traumatic Brain Injury,  
Seizures, Stroke and other Neurological conditions*

### Clinical Psychologist

**Thriving Minds, Dehradun, India, OPD online  
consultations**  
March 2023-Present

*-Performing psychometric assessments and psychotherapeutic  
work with clients mainly on the lines of CBT, DBT and cognitive  
rehabilitation*

### Clinical Psychologist

**Tulasi Healthcare, Gurgaon, India- Inpatient  
Psychiatric Set-up**  
December 2021 to July 2023

*-Worked predominantly with patients of Substance Abuse,  
Schizophrenia, Bipolar, Dementia and Depression disorders  
-Worked mainly with adolescents, adults and geriatric population*

### Assistant professor of Psychology, Lingayas

**Vidyapeeth, Faridabad, India- Private Institution**  
April 2021 to September 2021

*Assistant Professor of Psychology in School of Humanities and  
Social Sciences*

*-Gave lectures and teachings on various topics of psychology to  
undergraduate psychology students*

*-Designed syllabus and modules as per UGC guidelines  
Assessed exam papers*

## Relevant Skills

- Diagnosis and Psychological Assessments
- Psychotherapy
- Empathy
- Listening and Communication
- Qualitative Research- Thematic Analysis
- Client Centered Psychotherapy
- CBT
- Relaxation and Mindfulness Techniques

## Principle Interests

- Clinical Psychology
- Neuropsychology
- Health Psychology
- Child Psychology

## Education History



Pursuing PG Diploma in Applied Neuropsychology  
University of Glasgow, UK

2023-2024

M.Phil (Clinical Psychology)  
Amity University, Gwalior, India  
Bronze Medal for Academic Excellence and  
Distinction

2018-2020

MA in Psychology (Specialisation in Clinical  
Psychology)  
Maharaja Sayajirao University of Baroda, Vadodara,  
India

2016-2018

BA in Psychology Honors  
Maharaja Sayajirao University of Baroda, Vadodara,  
India

2013-2016

## Dissertation/Thesis Submission



M.Phil (Clinical Psychology), 2019-2020 :  
Neuropsychology of Epilepsy

- Topic: Perceived Precipitating Psychological Factors and Phenomenology of Auras in Epilepsy: A Thematic Analysis
- Research Design: Qualitative study using Thematic and Interpretative Phenomenological Analysis).

M.A (Specialisation in Clinical Psychology), 2017-2018  
: Psycho-Oncology

- Topic: Understanding Cancer Holistically: Perspectives from Patients", Care givers and Service Providers
- Research Design: Qualitative study using Thematic and Interpretative Phenomenological Analysis

## Internships

Junior Intern

Disha Special School and Autism  
Centre, Vadodara, Gujarat, India  
MA-1 (December 2016-March  
2017)

Senior Intern

Maharaja Sayajirao University of  
Baroda, Vadodara, Gujarat, India,  
Counselling Centre, Department  
of Psychology and Education  
MA-2 (2017-2018)

## Research Interests

Qualitative Research using  
Thematic Analysis &  
Interpretative  
Phenomenological Analysis.

## Publications



**On Being Diagnosed with Breast Cancer: Perspectives from Psycho-Oncologists, Patients & Caregivers in India** Shodh Sanchar Bulletin, UGC approved Care Listed and Internationally Peer Reviewed Journal, ISSN: 2229-3620 , Volume 11, Issue 41, January 2021 to March 2021

## Workshops & Conferences Attended/Paper Presentation



**BPS Conference (Conversations on Innovations in Clinical Neuropsychology)**

DON Scotland, Edinburgh, UK (November 30, 2023)

**The Neurodiverse:** Therapheal's 2nd Flagship Virtual Mental Health Summit (October 8, 2023)

**CRE International Level Conference: II Biennial Conference on Cognitive & Clinical Neuropsychology approved by RCI India,**

SRM Medical College Hospital & Research Centre, Chennai, India (October 14-16, 2022)

**Medical Students' Wellness: Challenges & Initiatives**

Department of Psychiatry & NDDTC, Indian Association of Social Psychiatry, AIIMS, New Delhi, India (July 10, 2021)

**Workshop of Solution Focussed Therapy in Crisis Management (in the context of COVID-19 pandemic)**

Academy of Solution Focussed Approach & Research (ASFAR), Kozhikode, Kerala, India (May 13-14, 2020)

**Attended and presented the paper on Understanding Cancer Holistically: Perspectives from Patients, Caregivers and Service-Providers**

Fortis Third Annual Psychology Conference, Fortis Hospital, Gurgaon, India (September 13-15, 2019)

**Nominated for the Best paper for the Dr. Bharat Panchal Excellency Award in Fortis Third Annual Psychology Conference, Fortis Hospital, Gurgaon, India (September 13-15, 2019).**

## Achievements & Honors

- Bronze Medal for Academic Excellence in M.Phil Clinical Psychology, 2018-2020
- Distinction in M.Phil Clinical Psychology, 2018- 2020
- Nominated for the Best paper for the Dr. Bharat Panchal Excellency Award in Fortis Third Annual Psychology Conference, Fortis Hospital, Gurgaon, India, September 13-15, 2019

## Languages

English  
Hindi  
Gujarati  
Bengali