Priyanka. Physiotherapist





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PROFILE

Seeking a position where I can utilize my knowledge, abilities and Personal skills while being resourceful, innovative and flexible that offers professional growth along with the organization. To Contribute in effective health care treatment of patients, improved lifestyle by implementation of relevant physiotherapy techniques and interventions. Passionate about excellence and constantly looking forward to advancing my knowledge and professional experience both in academics and as well as clinical practice.

EDUCATION

BPT

Jayoti Vidyapeeth Women's University, Jaipur *Aug 2018 - Aug 2022*

I completed my Bachelor's of Physiotherapy.

High school(12th)

Mahila Shilp Kala Bhawan, Muzaffarpur Jun 2016 - Mar 2018

10th

Trident Public School, Muzaffarpur *Mar 2015 - Mar 2016*

SKILLS

Strong Communication

Team Building

Therapy Procedures

Pain Management Techniques

COURSE/WORKSHOP/SEMINAR

Physiotherapy

Intern

Nov 2022 - Apr 2023 | Jaipur

Pelvic floor strengthening

Aug 2019 - Aug 2019 | Jaipur

Here i learn to how to prevent or control urinary incontinence and other pelvic floor problems.

Kegel exercises strengthen the pelvic floor muscles, which support the uterus, bladder, small intestine and rectum.

Relife hospital

physiotherapist

Nov 2021 - Nov 2021 | Jaipur

Here I deal with the Cerebral Palsy children.

Cerebral palsy (CP) is a group of disorders that affect a person's ability to move and maintain balance and posture. CP is the most common motor disability in childhood. *Cerebral* means having to do with the brain. *Palsy* means weakness or problems with using the muscles. CP is caused by abnormal brain development or damage to the developing brain that affects a person's ability to control his or her muscles.

Aarogya Rehab Centre

physiotherapist

Aug 2022 - Oct 2022 | Jaipur

"Aarogya Rehab Centre is the best hospitals in Jaipur providing numerous medical service such as orthotic devices, breast prostheses, scoliosis treatment, pediatric care.

Here i explain exercises and also advice what to do or what to do not do.

I explain flat feet exercises,ctev exercise ,how to use orthotic and prostheses device also how to wear or clean the device

Basic life support

Physiotherapist interm

Nov 2022 - Nov 2022 | Jaipur

Basic Life Support (BLS) is performed to support the patient's circulation and respiration through the use of cardiopulmonary resuscitation (CPR) until advanced life support arrives.

INTERNSHIPS

Joint replacement management

Diagnosed, assessed, and treated patients' physical problems and conditions.

Educated patients on how to prevent/improve conditions.

Restored, maintained, and promoted optimal physical condition and optimal quality of life-related to movement and health.

Efficiently communicated patients' progress notes to the attending physician.

Clean treatment areas and set up therapy equipment.

HOBBIES

Writing Studying Books Listening music

LANGUAGES

Hindi

English

Santokba Durlabhji Memorial Hospital (SDMH) Physiotherapy Intern

Nov 2022 - Apr 2023 | Jaipur

Completed six months of compulsory internship from 1st November 2022 to 1st April 2023 in the following departments of SDMH, Jaipur;

- ** Physiotherapy OPD.
- ** Orthopaedics.
- ** Neurology & Neurosurgery.
- ** Cardiology/Cardiothoracic Surgery & Respiratory Care Unit including ICU, CCU, SICU,
- **Vascular Disorders & Vascular surgeries.
- ** General Medicine/General Surgery/Paediatrics including PICU & NICU.
- ** Community Based Rehabilitation/Geriatrics.
- **Burn ward including Burn intensive care.
- ** PMR department

Area of intrest

Cyropractice

Treatment typically involves manual therapy, often including spinal manipulation. Other forms of treatment, such as exercise and nutritional counseling, may be used as well.

Therapeutic equipment

TENS-A transcutaneous electrical nerve stimulation (TENS) unit is a battery-operated device that may help treat period pain, arthritis, fibromyalgia and other types of pain

IFT-Interferential therapy relieves pain, increases circulation, decreases edema, and stimulates the muscles.

US-Therapeutic ultrasound provides therapeutic deep heat treatment for relaxation to reduce swelling and inflammation