

# Priyanka .

## Physiotherapist



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### PROFILE

Seeking a position where I can utilize my knowledge, abilities and Personal skills while being resourceful, innovative and flexible that offers professional growth along with the organization. To Contribute in effective health care treatment of patients, improved lifestyle by implementation of relevant physiotherapy techniques and interventions. Passionate about excellence and constantly looking forward to advancing my knowledge and professional experience both in academics and as well as clinical practice.

### EDUCATION

#### BPT

Jayoti Vidyapeeth Women's University, Jaipur  
Aug 2018 - Aug 2022

I completed my Bachelor's of Physiotherapy .

#### High school(12th)

Mahila Shilp Kala Bhawan, Muzaffarpur  
Jun 2016 - Mar 2018

#### 10th

Trident Public School, Muzaffarpur  
Mar 2015 - Mar 2016

### SKILLS

Strong Communication

Team Building

Therapy Procedures

Pain Management Techniques

### COURSE/WORKSHOP/SEMINAR

#### Physiotherapy

##### Intern

Nov 2022 - Apr 2023 | Jaipur

#### Pelvic floor strengthening

Aug 2019 - Aug 2019 | Jaipur

Here i learn to how to prevent or control urinary incontinence and other pelvic floor problems. Kegel exercises strengthen the pelvic floor muscles, which support the uterus, bladder, small intestine and rectum.

#### Relife hospital physiotherapist

Nov 2021 - Nov 2021 | Jaipur

Here I deal with the Cerebral Palsy children.

Cerebral palsy (CP) is a group of disorders that affect a person's ability to move and maintain balance and posture. CP is the most common motor disability in childhood. *Cerebral* means having to do with the brain. *Palsy* means weakness or problems with using the muscles. CP is caused by abnormal brain development or damage to the developing brain that affects a person's ability to control his or her muscles.

#### Aarogya Rehab Centre physiotherapist

Aug 2022 - Oct 2022 | Jaipur

"Aarogya Rehab Centre is the best hospitals in Jaipur providing numerous medical service such as orthotic devices, breast prostheses, scoliosis treatment, pediatric care.

Here i explain exercises and also advice what to do or what to do not do.

I explain flat feet exercises,ctev exercise ,how to use orthotic and prostheses device also how to wear or clean the device

#### Basic life support

##### Physiotherapist intern

Nov 2022 - Nov 2022 | Jaipur

Basic Life Support (BLS) is performed to support the patient's circulation and respiration through the use of cardiopulmonary resuscitation (CPR) until advanced life support arrives.

### INTERNSHIPS

Diagnosed, assessed, and treated patients' physical problems and conditions.

Restored, maintained, and promoted optimal physical condition and optimal quality of life-related to movement and health.

Clean treatment areas and set up therapy equipment.

Writing  
Studying Books  
Listening music

Hindi  
English

**US-Therapeutic ultrasound provides therapeutic deep heat treatment for relaxation to reduce swelling and inflammation**