

DIVYA RAWAT

CLINICAL PSYCHOLOGIST (RCI)

CONTACT	<p>Phone: 8755069221</p> <p>Email: divurawat30@gmail.com</p>	<p>Address: Kiran video centre, near Laxmi Narayan Mandir, Pauri, Uttrakhand</p>
OBJECTIVE	<p>Empathetic and well-trained Clinical Psychology professional seeking a therapist role in both offline and online settings. Skilled in evidence-based interventions, psychological assessments, and fostering strong therapeutic alliances with diverse client populations.</p>	
SKILLS AND ABILITY	<p>Proficient in comprehensive clinical casework including detailed case history taking, mental status examination, psychological testing (IQ, personality, and neuropsychological assessments), and collaborative diagnosis of mental health conditions. Skilled in providing evidence based counseling and psychotherapy, along with supervising psychological assessments and interventions. Additional strengths include effective verbal and written communication, academic teaching, clinical supervision, research analysis, curriculum development, problem solving, conflict resolution, documentation, teamwork, and efficient time and task management.</p>	
TRAINING AND EXPERIENCE	<ul style="list-style-type: none">Clinical Psychology Trainee Hospital for Mental Health, Ahmedabad, Gujarat (Feb 2024 – Jul 2025) Conducted psychodiagnostic and IQ assessments for children and adults. Delivered therapeutic intervention including CBT, MBCT, DBT and Behavior Therapy.Clinical Psychology Trainee St. Anselm's Sr. Sec School, Rajasthan (Sep 2023 – Feb 2024) Delivered student psychological assessments, career guidance, and emotional behavior plans.Clinical Psychology Trainee Sub Jail, Abu Road, Sirohi, Rajasthan (Jan 2024 – Feb 2024) Provided brief counseling to prison inmates, focusing on aggression, emotional regulation, and impulsivity to support mental well-being and institutional safety.Clinical Psychology Trainee Madhav Special School and Rehabilitation Centre, Rajasthan (Aug 2023 – Jan 2024) Conducted assessments for special needs children, implemented behavior modification programs.Clinical Psychology Trainee J. Watumull Global Hospital and Research Centre, Rajasthan (Jul 2023 – Jan 2024) Performed psychological assessments and IQ testing in clinical settings.Visiting Faculty – Psychology Sabarmati University, Ahmedabad (July 2022 – July 2023) Taught UG and PG psychology courses including Cognitive Psychology, Counseling, and Assessment through lectures, practicals and seminar, while contributing to curriculum delivery and student mentoringClinical Psychology Intern Shri Guru Ram Rai Institute of Medical & Health Sciences, Dehradun (Aug – Sep 21)	

EDUCATION

- **M.Phil. Clinical Psychology (2023–2025)**
Madhav University, Abu Road, Rajasthan
- **PG Diploma in Guidance and Counseling (2022– 2023)**
Jamia Millia Islamia, New Delhi
- **MA Clinical Psychology (2020–2022) Gold Medalist**
Hemvati Nandan Bahuguna Garhwal University (Central University)
- **B.Sc. Nursing (2015–2019)**
Shri Guru Ram Rai Institute of Medical & Health Sciences

WORKSHOPS CONDUCTED

- **Empowering Adolescents: Unveiling the Secrets of Psychological Resilience for a Fulfilling Journey into Adulthood**
St. Anselm’s School, Abu Road, Rajasthan
- **“Mastering the Mind: Anger and Impulse Control”**
Sub Jail, Abu Road, Sirohi, Rajasthan

RESEARCH EXPERIENCE

- "Comparing Body Image Concerns, Emotional Regulation, and Cognitive Distortions in Women with PCOS and Healthy Controls."
- "A Descriptive Study to Assess the Level of Anxiety and Attitude Among Patients Undergoing Endoscopy at the Gastro OPD, Shri Mahant Indires Hospital, Dehradun"

RESEARCH CONFERENCES

- **Paper presented at the 50th National Annual Conference of Indian Association of Clinical Psychologists (NACIACP) 2024** held at Sri Aurobindo Medical College & PG Institute, Indore, M.P – Title "Role of Mindfulness Based Cognitive Therapy (MBCT) in the Prevention and relapse in Depression & Enhancing the overall quality of life. A systematic review and Meta Analysis"
- **3G International Psychology Conference 2021 (Virtual)**
Attended one of the largest international psychology conferences held virtually, featuring global experts and interdisciplinary discussions on psychological research and practice.

PROFESSIONAL REFERENCES

- **Prof. (Dr.) S. Anuradha**
Professor & Head, Department of Clinical Psychology
Madhav University, Pindwara (Sirohi), Rajasthan
☎ +91 93928 51999
✉ asuravajjhala@gmail.com
- **Prof. (Dr.) Manju Khanduri Pandey**
Professor & Head, Department of Psychology
Hemvati Nandan Bahuguna Garhwal University (Central University)
☎ +91 9410127589
✉ psychologyhnbgu@gmail.com

DECLARATION

I hereby declare that the information provided above is true and correct to the best of my knowledge and belief. I take full responsibility for the accuracy of the details mentioned herein.