

Resume

SHRESHTHA GOPAL SABOO

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Date of Birth: 25 Jan 1999 | Nationality: Indian

Career Objective

Self-motivated and results-oriented postgraduate in Clinical Psychology, seeking a dynamic position to enhance my skills and contribute to the success of the organization.

Skills

Technical Skills:

- Proficient in MS Word, Excel, and PowerPoint

Managerial & Leadership Skills:

- Well-organized and detail-oriented
- Ability to multitask and lead teams effectively

Soft Skills:

- Strong verbal and written communication (English, Hindi, Marathi)
- Emotional intelligence
- Patience and empathy
- Active listening skills

Professional Experience

Intern | Adhyapan - The Skills Hub, Delhi

- Assessed patients requiring psychological assistance
- Provided appropriate therapeutic solutions to improve their mental well-being

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Education

- Master's in Clinical Psychology | Indira Gandhi National Open University - 64% (2024)
- Bachelor of Arts (Geography with Psychology) | SP College, Savitribai Phule Pune University - 79.34% (2020)
- Intermediate (XII) | RYK College of Science, Maharashtra State Board - 80.62% (2017)
- Matriculation (X) | New Era English School, Maharashtra State Board - 92.6% (2015)

Achievements

Successfully cleared several national-level competitive examinations:

- RBI Grade B
- Indian Air Force (AFCAT)
- UPSC CDS
- SEBI Grade A
- IFSCA Grade A
- SBI PO
- IBPS PO
- SBI Clerk
- IBPS Clerk
- IDBI JAM
- Karnataka Bank PO
- SBI Apprenticeship

Strengths

- Punctual and hardworking
- Multitasking ability

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- Strong interpersonal skills

Areas of Interest

- International Relations
- Political and Social Issues
- Scientific Developments
- Economic Affairs

Hobbies

- Practicing Yoga
- Music and Dance
- Reading
- Outdoor Games (Badminton, Traditional Indian Games)
- Indoor Games (Chess, Carrom, Board Games, Cards)

Languages Known

- English
- Hindi
- Marathi