

Mitisha Banerjee

Ad : New Delhi | **Ph:** +91 7503968448 | **Mail** mitishabanerjee@gmail.com

Languages known : English, Hindi, Bengali (Verbal) | English, Hindi (Written)

Clinical psychology trainee and mental health worker with interest in counselling and psychotherapy, committed to evidence-based interventions and research-driven practice

Educational Qualification

M.Phil Clinical Psychology (2023-2025)
SGT University

M.A. Clinical Psychology (2020-2022)
Banaras Hindu University
Arya Mahila Post Graduate College
S.G.P.A. 8.9 (First Division with Distinction)

B.A. (H) Psychology (2017-2020)
University of Delhi
Shaheed Rajguru College of Applied Sciences for Women
C.G.P.A. 7.28 (First Division)

Senior Secondary Education – Class XII
C.B.S.E. Board
84%

Secondary Education - Class X
C.B.S.E. Board
C.G.P.A. 9.4

Courses

Introduction to Advanced Cognitive Processes
IIT Kanpur(NPTEL)
90% (Gold medalist)

Emotional Intelligence
IIT Kharagpur(NPTEL)
87% (Silver medalist)

Cognitive Behavioural Therapy
Kamna Yadav, Clinical psychologist, Positive Insight
Center for Psychological Wellbeing

'Bharat Panchal Dialogues' Annual Conference
Department of Mental Health and Behavioural Sciences,
Fortis Healthcare, Delhi

Certifications

UGC-NET (National Eligibility Exam)
Qualified for Assistant Professor
June 2023 Cycle

Internships

- Clinical Psychology Intern (2020)
Positive Insight Center for Psychological Wellbeing, New Delhi , Kamna Yadav, Clinical Psychologist, RCI licensed
observed clinical sessions and contributed to workshops entailing cognitive behavioural therapy and its implications
- Clinical Psychology Intern (2019)
Mental Health and Counseling Services, New Delhi, Shweta Kansal, Clinical Psychologist, RCI licensed
learned psychometric assessments for the Indian population and diagnostic formulation according to the ICD

Skills

- Communication skills : English, Hindi, Bengali
- Qualitative and quantitative research
- Time management
- Psychometric assessment conduction and interpretation
- Psychotherapeutic Interventions

Publications

Case Study: Trauma, Emotions, and Adolescence: A Transdiagnostic Approach to Treat Severe Dysregulation Using Emotion-Focused Therapy
Wisdom Journal of Science and Technology