**Cover letter**

**To,**
The Hiring Manager

**Subject:** Application for Psychologist / Homeopathic Practitioner Position

Dear Sir/Madam,

I am writing to express my interest in a suitable position within your organisation that aligns with my background in psychology and holistic health. I am a British Psychological Society (BPS) registered psychologist and a UK-trained classical homeopath with hands-on clinical experience in both hospital and private settings.

In my most recent role as a **Contract-Term Psychologist at Rivers Hospital, UK (May–Sept 2025)**, I supported psychological assessments, therapy planning, and documentation within multidisciplinary teams. Alongside, I operated my own **independent homeopathic clinic**, conducting classical case-taking and delivering personalised, integrative care for clients with emotional and chronic physical conditions.

My dual training allows me to approach patient care holistically—addressing both psychological and physical health through evidence-informed and person-centred methods. I am proficient in tools such as **RadarOpus, EHR systems, Microsoft Office, SmartSheets**, and **telehealth platforms**, and am comfortable in both in-person and remote consultation settings.

Having returned to India, I am now seeking an opportunity where I can contribute my international training and clinical insight to serve the local community. I am particularly interested in roles that value integrative care, mental health support, and ethical therapeutic practice.

Thank you for considering my application. I would be honoured to bring my experience and commitment to holistic wellbeing to your team. I am available for interview at your convenience and look forward to the possibility of working together.

Warm regards,
**Amrita Singh**

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***Amrita Singh***

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Personal statement-

A **psychologist and homoeopath, both professionally registered in the United Kingdom**, with a strong commitment to understanding human behaviour and promoting holistic well-being. I bring experience from both clinical and complementary health settings, with a focus on integrative, person-centred care. Passionate about supporting individuals through compassionate, ethical, and evidence-informed practice, I aim to bridge traditional psychological approaches with holistic healing modalities.

Key skills-

 **Dual-qualified**: BPS-registered psychologist and UK-trained homeopath with experience in clinical, hospital-based, and private care settings.

 **Cognitive Behavioural Therapy (CBT)**: Trained in structured, evidence-based interventions effective for anxiety, depression, and stress—particularly valuable as CBT-trained professionals are limited in many Indian clinics.

 **Solution-Focused Brief Therapy (SFBT)**: Expertise in delivering short-term, goal-oriented support—highly suited for high-volume, time-constrained outpatient environments.

 **Supportive Counselling**: Skilled in empathetic listening and therapeutic engagement for individuals dealing with adjustment, trauma, or emotional overload.

 **Holistic Care Planning**: Ability to integrate psychological and homeopathic approaches for chronic and lifestyle-related conditions, offering a comprehensive treatment model.

 **Specialisation in Homeopathy for Allergies**: Focused practice in managing **hay fever, allergic rhinitis, skin disorders, and women’s hormonal imbalances**—growing concerns in both urban and semi-urban India.

 **Therapeutic Rapport with Women and Adolescents**: Experience working sensitively with emotional, hormonal, and psychological issues among female clients and youth populations.

 **Digital Fluency**:

* Proficient in **RadarOpus** (homeopathy), **MS Office**, **SmartSheets**, **telehealth platforms**, and **EHR systems**
* Comfortable delivering therapy and consultations via remote or hybrid models

 **Multilingual Communication**: Fluent in English, Hindi, and Punjabi—enabling rapport across diverse client groups in India.

 **Cultural Sensitivity**: Trained in UK but raised in India, with the ability to blend global clinical standards with culturally appropriate practices for Indian patients.

***Education & training:***

September 2024- September 2025 Dip. CCH & Diploma in BLS (London)

September 2024- September 2025 MS Psychology – specialising in neuro and forensics (London)

2016-2019 BSc Home Science, Kurukshetra University; 84.4%

2014-2015 12th - CBSE (Geography, Home Science, English, History, Political Science)- India, Meerut Public Girls’ School; 91.4%

2011-2012 10th - CBSE (Science, Social Studies, English, Mathematics, Hindi)- India, Meerut Public Girls’ School; 7.6CGPA

***Achievements:***

Meerut Public Girls’ School-

2011 Distinctive Performance Certificate in 14th National Science Olympiad.

2012 distinctive performance certificate in 2nd International English Olympiad.

2013 3rd school rank in saviour’s 9th environment competition (India’s biggest bilingual environment competition).

2013 4th school rank in SOF 16th National Science Olympiad.

2014 certificate of appreciation for preparing exemplary props for the annual function.

2015 certificate of appreciation from Hindustan Newspaper.

2015 certificate of honour from Dainik Jagran Newspaper.

2015 2nd in state (rank) in common entrance exam held for BA Bed.

Kurukshetra university-

2016 certificate of merit (2nd aggregate in semester 1) in BSc Home Science.

2017 certificate of distinction (81.2% in semester 3); (88.36% in semester 4),

 BSc Home Science.

2021 online skill training workshop on food nutrition, health & wellness of women, organized by women’s studies research centre & centre for continuing education under RUSA 2.0.

***Professional experience:***

Part time-

June 2015-August 2024 - 7 years of experience in teaching (home tuition) children-

 (all subjects till class 8th), (Science & English to class 9th & above)

**Contract-Term Psychologist**
*Rivers Hospital, United Kingdom*
**May 2025 – September 2025**

* Delivered independent psychological consultations for both inpatient and outpatient services.
* Conducted initial assessments, contributed to formulation and care planning, and advised clinical teams on psychological strategies.
* Led one-on-one therapeutic sessions using **Cognitive Behavioural Therapy (CBT)**, **solution-focused techniques**, and **supportive counselling**, especially effective in mood disorders, stress, and adjustment-related concerns.
* Ensured accurate and compliant clinical documentation in accordance with NHS and HCPC standards.

**Independent Homeopathic Practitioner**
*May 2025 – Present*

* Operate a private clinic offering personalised, classical homeopathic treatment.
* Conduct detailed case-taking, repertorisation (using RadarOpus), and ongoing case management.
* **Specialise in managing chronic lifestyle conditions**, with a focus on **hay fever, skin disorders, and women’s hormonal imbalances**, using classical homeopathic principles.

***Community involvement:***

2016 to 2024 donating necessities in society for the welfare of animals (Nayi Pehel Welfare Society), Panipat.

***Personal details:***

DOB- 08 August 1999.

Marital status- single.

Languages known- Hindi (fluent),

 English (fluent)

 Punjabi (fluent)

 French (beginner)

***Interests:***

Cooking, gym, interior decoration, driving, gardening, spending time with animals, sports- (basketball, pool, badminton, trekking, swimming, horse riding, golf, bowling).

References- available on request.