# Dr Anukrati Singhai

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## **Professional Experience**

#### AIIMS BHOPAL Psychiatrist

12/23 - Present

Consultant in research in Department of Psychiatry in AIIMS bhopal

- Currently working as Contractual Consultant in a study one of the largest trial in collaboration with Havard Medical School and Vanderbilt University, where I have had a chance to work with prominent figures like Dr.Vikram Patel and Dr.Ronald Kessler.
- I play key role as decision maker for psychiatric care of 1500 patients of trial managing core psychiatric illness and community psych clinic, in liaison with CMHO and NHM center in Bhopal.
- I supervise clinic's patient inputs, recruitment and deliver regular interactive session, where we discuss mental health stigma, disorders like depression, sleep issues, good sexual practises and promotion of positive healthy lifestyle.
- Also I handle telemedicine where , part of my role is to ensure quality care , capacity building and ground issues in delivering care to most vulnerable. As part of this have had privilege to work with prestigious leaders in field of Global Psychiatry , contributing towards research paper and presentations .
- Have received PHRH certificate and GCP certificate from Havard Medical School in 2024.
- Previously, I have worked as acting Nodal officer for the district in 2023 and managed all urban and rural health care dispensaries .
- I also took part in several health camps, entailing general and core psychiatric camps and many disability camps.

arrange for several psychiatric CMEs and various activities around Indore .

- My area of interest have been Deaddiction, sexual psychiatry and child psychiatry and neuropsychiatry and geriatrics.
- POSH Certified train the trainer program in 2022 from Protouch by dr Aparna Sethi

#### GOVT HOSPITAL ,CHHINDWARA Psychiatrist

Previously I have worked as acting Nodal officer for the district and managed all urban and rural health care dispensaries . I also took part in several health camps both general and core psychiatric camps ,disability camps.

- Managed several health camps
- Medico-legal advising
- IPD and ICU cases management

**Education** -

Malvanchal university MD PSYCHIATRY - Gold medalist

Peoples university MBBS - Grade A 06/19 - 07/22

06/11 - 06/17

#### OPTIMIZE D

One of the Largest real world trial on depression

### Certificates-good clinical practises & POSH TRAIN THE TRAINER —

- Good Clinical Practises by Havard Medical School in 2024
- PHRP training certificate by Havard Medical School in 2024
- POSH train the trainer certificate in 2023 by protouch delhi

#### Interests -

- Addiction paychiatry
- Geratric psychiatry
- Child and adolescent
- OCD
- Mood disorders
- Psychotic and bipolar disorder
- Transgender and sexual related
- sexology
- Sleep disorder
- eating disorder