

# ANMOL DHIMAN

## CLINICAL PSYCHOLOGIST

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### ABOUT ME

I am a clinical Psychologist with RCI Accreditation with a passion to help and guide patients through life's most complex situations. my clinical interests include working with Adolescents & Adults, Geriatric. I also have training in Psychodiagnostics, Assessment and Management of various clinical disorders. I am hoping to make a space for myself in the field and use my skills to help people grow and heal, and create a safe environment for let them be their truest self.

### SKILLS

- Communication and Interpersonal skills
- Responsible & Credible
- Problem solving & Good Judgmental Skills
- Critical Thinking and Active listening
- Empathetic & Compassionate
- SPSS & MS-Office

### EXPERIENCE

- **SGT Hospital, Gurgaon, Clinical Psychology Trainee (September 2020-August 2022)**  
Working as clinical psychology trainee with patient with mental illness and engaged in assessment and therapy process with them.
- **Rotaract district organization 3080, Director, Club Services (Jul 2016 - Jul 2017)**

Led Social Service Drives for the year and worked for issues pertaining to Social Injustice with various Non Profit Organisations

- **Dr. Divya Mangla Neuro Psychiatric Centre, Clinical Psychology Intern (March 2017)**

Observed the functioning of IPD and OPD.

Assisted the clinical Psychologist in writing reports and conducting MSEs.

### EDUCATION

**Shree Guru Gobind Singh Tricentenary Hospital, Gurugram, 2020-2022** M.Phil Clinical Psychology  
Aggregate: 68.3%

**Panjab University, Chandigarh, 2017-2019** M.A Psychology  
Aggregate: 75%

**Kurukshetra University, Kurukshetra, 2014 - 2017** B.A Psychology (Hons.)  
Aggregate: 84.3%  
Gold Medalist (University Topper)  
State Level Science Exhibition Winner- Psychology, 2017  
District Level Science Exhibition Winner- Psychology, 2016  
**Divine Public School, Faridabad**  
Class X, 2012 CGPA: 7.6  
Class XII, 2014 Aggregate: 76%

### PROJECTS & CERTIFICATIONS

***Emotional intelligence, Level of Optimism, Perceived Stress & Quality of life after retirement, 2022***

***Comprehensive Case Study on Conduct Disorder, 2017***

***Depression and Sociability Factor among Old age, 2017***

***Certificate in Art Therapy, Asha The Hope, Bangalore, 2020***

(Aggregate: 74% Reg No.: CAT19082220)

**Currently: Working as a Clinical Psychologist at A Beautiful Mind Clinic (Sept 24, 2022)**