

CURRICULAM VITAE

Nikita Gaba
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Career objective:

Seeking for an involvement in a professional educational environment working towards quality care in the mental health field.

Academic Qualifications:

- Completed MPhil. Clinical Psychology from Amity University Rajasthan (August'2022- August'2024).
- Completed Post graduation in M.Sc. Clinical Psychology from CHRIST (Deemed to be University) Delhi NCR. (2019-2021)
- Completed B.Sc. Clinical Psychology from Amity University, Gurgaon with 7.60 CGPA in 2019.
- 12th passed from CBSE Board, 2015 from Blue Bells Model school, with 78.8%
- 10th passed from CBSE Board, 2013 from Our Lady of Fatima Convent School, with 8.6 CGPA.

Career Achievements & Experience:

- Internships at Gautam hospital and research centre, NIMS hospital, Jain neuropsychiatry and de-addiction clinic, Disha foundation- a resource centre for multiple disabilities during M.Phil. (2022-2024)
- Worked as Psychologist/Case manager at Athena Behavioural Health, Gurgaon (September 2021 – August 2022).
- Internship at Cognizavest (may 10- June 10, 2021).
- Internship at CONTINUA Kids in Delhi NCR (January 8 – March 26, 2021)
- Internship at Learn and Play (October 1 – December 23, 2020).
- Internship at Sir Ganga Ram Hospital in Delhi (June 1 – July 15, 2018)
- Internship at MEDANTA - The Medicity Hospital in Gurgaon (June 1- July 15, 2017)
- Core team member of Youth for Seva- NGO for 1 year.
- Life-time member of Red Cross Society.

Projects:

- Presented in 49th National Annual Conference of Indian Association of Clinical Psychologists from 10-12th February 2023 on Recent challenges in psychotherapy and supervision.
- Presented in ICBPO 2020 - International conference on building positive organizations on the topic - spiritual intelligence and wisdom in middle adults.
- Presented in ICBPO 2020 - International conference on building positive organizations on the topic – comparison of mental being of working and non-working unmarried women from lower socioeconomic strata.
- Presented research poster on 'Relationship between Prudence, Perception, and Behavioural characters of an Individual' in international conference on Positive Psychology for Health and Well Being
- Worked on a Research paper on "Aggression and Social intelligence among college students".
- Country report research on purchasing pattern in buying fashion merchandise by generation – Z in Singapore.
- Been a part of International Conference on "Managing Diversity in Business and Technology: Challenges of the Global Contemporary Workforce" on 19 April, 2018, at NTUC, Singapore.
- Class presentation on subject- related topic.

Certificates:

- Participated in Nukkad Natak on International day against drug abuse and illicit trafficking on June 26th 2023, organised by Gautam Hospital and Research Centre and Mental Health foundation.

- Participated in workshop on Neuro Psychological Assessment and Rehabilitation, organised on 17th and 18th Oct 2022.
- Received employee of the month in August 2022.
- Organized Open house CME with Athena Behavioural Health in December 2021.
- Participation in e-workshop True- Grit: The power of persevering through torrents and tides with Passion, organized by CHRIST University, 2020.
- Completed Certificate course on “Effects of War and conflict on Children in communities around the world” offered by Coursera in September, 2020.
- Participation in webinar on Psychological First Aid on 2nd October 2020.
- Completed Certificate course on “Motivational Enhancement Techniques: Working with Patients with Opioid & Substance Use Disorders or High-Risk Use MAT Waiver Training Supplemental Course” in September, 2020.
- Appreciation certificate by Rest Society for Research International on one-week STTP on statistical analysis in SPSS Software from 1st – 6th June, 2020.
- Completion certificate of online 6 hours course on Criminology (15/05/2020- 17/05/2020).
- Participation certificate for webinar on cognitive behaviour therapy on 30th May 2020 by Psychotherapy Sub Committee of ‘Indian Psychiatric Society’.
- Active participation in quiz on ‘International yoga day’ (June, 2020) organized by Western college of commerce and business management, Maharashtra.
- Attending certificate for Mental Health Fiesta 2019 organized by Mental Health Foundation (India) in association with department of Psychiatry, All India Institute of Medical Sciences (AIIMS), New Delhi on 4th October, 2019.
- Minor Degree in “Dietetics and Nutrition” (2016-2019).
- Distinction in Analytics for Business Intelligence course in Study Abroad Program, Singapore.
- International Conference on Positive Psychology for Health & Well Being on 9-10th March, 2018.
- Certificate of participation on Advantage Happiness in 2017.
- Participation in seminar on ADHD in Schools- Recent Trends and Interventions on 2nd September, 2017.
- Participated in one day Mind Development Workshop on 28th January, 2017.

Hobbies & interest:

- Singing
- Playing badminton
- Internet surfing
- Surfing facts
- Socialising

Skills:

- Ability to manage confidential information and positive attitude
- Knowledge of psychological tests administration, scoring, and interpretation
- Ability to maintain emotional stability to cope with human suffering and stresses.
- Ability to observe patients
- Problem solving behaviour and good interpersonal skills
- Ability to manage patients in IPD and OPD set-up.

Personal details:

- Date of Birth: 15.09.1996
- Language Known: English, Hindi & German
- Father’s Name: Sunil Gaba
- Address: Hex tax commune, sector-43, Gurgaon, Haryana

Declaration: I hereby declare that the above written particulars are true to the best of my knowledge and belief.

Nikita Gaba