

# Sanjay Kumar

Bikaner, India | [sanjay3809@gmail.com](mailto:sanjay3809@gmail.com) | 9667479027 |

---

## EXECUTIVE SUMMARY

I hold a Master's in Social Work (MSW) and have demonstrated expertise as a Technical Assistant and Senior Treatment Supervisor at the Indian Council for Medical Research (ICMR)/World Health Organization (WHO). My role involved impactful fieldwork, data collection, and reporting, particularly in Non-Communicable Diseases (NCDs). I successfully conducted training programs at district and block levels, contributing to elevated hypertension control rates. This hands-on experience and my academic background uniquely position me at the intersection of theory and practical application in public health and social work. As I pursue new opportunities, I bring a dynamic skill set and a commitment to making meaningful contributions in these fields. Core competencies include:

**Strategic Planning | Stakeholder Collaboration | Research | Program Management | CSR | Public Health | Program Design | Rural Development | Social Work**

---

## PROFESSIONAL EXPERIENCE

**Employer:** Indian Council for Medical Research (ICMR)/World Health Organization (WHO)

**Position:** Technical Assistant and Senior Treatment Supervisor

**Duration:** January 28, 2021, to September 9, 2023

### **Responsibilities:**

1. Conducted extensive fieldwork, collaborating with District Liaison Officers (DLOs).
2. Played a pivotal role in data collection and reporting activities.

### **Training and Reorientations:**

1. Conducted impactful training sessions and reorientations.
2. Provided training to health officials on Non-Communicable Diseases (NCD) at district and block levels.

### **NCD Management:**

1. Collected and analysed data related to Non-Communicable Diseases.
2. Significantly contributed to enhancing hypertension control rates in the district.

### **Key Achievements:**

1. Successfully increased the Hypertension control rate from 16% to 56% through dedicated efforts and strategic initiatives.
2. Recognition for this accomplishment was conferred as part of the 'UN Prestigious Award' presented to the Government of India for the 'India Hypertension Control Initiative,' highlighting the impactful contribution to public health.
3. District Bikaner was honored with the 2nd rank in the state for outstanding work in the Non-Communicable Disease (NCD) Program, specifically for effectively controlling Hypertension during the session of 2012 - 2023. This acknowledgement underscores the district's commitment to public health excellence.

## **OTHER EXPERIENCE / INTERNSHIPS**

### **Prayas Observation Home, SOCIAL WORK TRAINEE (14/08/2018 – 15/11/2019)**

- Contributed to a conference paper on understanding factors contributing to juvenile delinquency.
- Conducted group activities and individual counselling for juveniles, imparting life skills through workshops.

### **Jan Chetna Sanstha, BLOCK PLACEMENT (09/06/2019 – 09/07/2019)**

- Explored tribal culture and socio-economic standards.
- Evaluated and suggested improvements for the "Sakhion Ki Badi" flagship program in collaboration with IIFL.
- Gained insights into ground-level Panchayati Raj and strategies for women's empowerment.
- Learned rainwater harvesting and groundwater restoration methods for various stakeholders.

### **HelpAge India, SOCIAL WORK TRAINEE (20/07/2019 – 20/3/2020)**

- Acquired knowledge of senior citizens' needs, demands, and vulnerabilities.
- Familiarized with current policies, schemes, and acts for the elderly population.
- Implemented health schemes and policies in hospitals, facilitating monetary help for poor patients.
- Worked with a mobile health unit in Delhi's urban slums.
- Participated in programs on literacy, health, and elderly rights conducted by HelpAge India.

### **Sugam Society, Founder (15/01/2019 – March 2020)**

- Initiated a cleanliness drive and awareness sessions in North Delhi.
- Led and built teams for various initiatives.
- Explored strategies and government initiatives for environmental conservation.

### **Healing Himalayas, Volunteer (25/09/2018 – March 2020)**

- Participated in cleanliness drives in Himachal Pradesh.
- Conducted tourism and environmental sessions in schools to instil responsibility.
- Organized rallies and cleanliness drives with school students in villages.

### **Rajasthan Jeevika, Intern (07/01/2017 – 31/01/2017)**

- Interned to address delays in MNREGA workers' payments through report writing and data collection.
- Offered creative suggestions to enhance MNREGA implementation at the grassroots level.

## **EDUCATION**

<b>Institution</b>	<b>University/Board</b>	<b>Course</b>	<b>Date</b>
Department of Social Work, University of Delhi	University of Delhi	MSW (Master of Social Work)	2018 – 2020
Ramjas College, University of Delhi	University of Delhi	B.A	2012-2015
Raman Public School, Jaipur, Rajasthan Board	Rajasthan Board	12th Grade	2012
Rashtriya Military School, Belgaum, CBSE	CBSE	10th Grade	2010

### **Professional References:**

- 1) Department of Social Work: Mr. Shahied Chouhan (Assistant Professor) - 9582153437
- 2) World Health Organization (WHO): Dr. Piyush Gupta (Cardiovascular Health Officer) - 9024708148
- 3) Indian Council for Medical Research (ICMR)/National Institute of Epidemiology (NIE): Dr. Parbhdeep Kaur (Scientist) - 9840644203
- 4) Bikaner District NCD Cell: District Program Coordinator - 7877818199