

CURRICULUM VITAE

BACKGROUND	
Name	Dr. Saurabh
Date of Birth and age	10.03.1992, 31 years
Permanent Address	79/80 Double Storey ,New Rajender Nagar, New Delhi-110060
Current Residential Address	R. no. 13 B , RMO Hostel , Lady Hardinge Medical College, New Delhi, 110001
Telephone	+91-9873684653
Email	sourave.gasol@gmail.com
Languages known	Hindi and English
Citizenship	Indian
Marital status	Single
Domicile city and state	Delhi
Basic Medical Qualifications	M.B.B.S , (Bachelor of Medicine & Bachelor of Surgery) University College Of Medical Sciences Website https://ucms.ac.in
Medical Licensure	DMC registration Number: DMC/R/ 15334
Specialist Qualifications	MD (Doctor of Medicine) in Psychiatry , Lady Hardinge Medical College Website: lhmc-hosp.gov.in

Fellowships:	Fellowship in Sexology and psychosexual counselling (Affiliated to American College of Sexology)
Additional Qualifications:	1 year Certificate Course in Child and Adolescent Psychiatry (Indian Association Of Child and Adolescent Mental Health)

Current Position:	Position: Senior Resident Facility: Lady Hardinge Medical College, New Delhi, Delhi 110001
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TRAINING AND WORK EXPERIENCE

Total years of experience in Psychiatry	5 years 11 months
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<p>Current Position</p>	<p>Position: Senior Resident at Department of Psychiatry,LHMC, New Delhi</p> <p>My responsibilities as a Senior Resident include:</p> <ul style="list-style-type: none"> • Screening, assessment and management of patients in the outpatient, inpatient and emergency settings. • Tele-psychiatry OPD. • Senior Resident in charge of the In-patient ward Review and management of old patients in follow up OPD. • Community outreach through DMHP. • Consultation Liaison. • Administration of Electro-convulsive therapy • Psycho-education , pre-admission and pre-discharge counselling of patients and care givers. • Psychotherapy of patients. • Disability assessment for certification. • Performing assessments for fitness to stand trial, disability certification, fitness to fly, fitness to resume job, fitness to take care of property and opening through standing medical board. • Attending departmental administrative meetings for discussion of improvement in patient care and hospital management. • Conducting case conferences, seminars and journal clubs at departmental level. • Conducting CMEs, Conferences and other academic as well as extra curricular events. <p>Special Areas of Interest and Work:</p> <ul style="list-style-type: none"> • De-Addiction • Psycho sexual Health • Psychosis
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April 2017 to June 2020:

Position: Post graduate in psychiatry as a Junior Resident in the Department of Psychiatry, Lady Hardinge Medical College

My responsibilities and training as a junior resident included:

- Proficiency in history taking, conducting mental status examinations, diagnosis and treatment of psychiatric disorders in both inpatient and outpatient settings.
- Maintaining case records, follow up register and log books.
- Exposure to a variety of clinical cases both in the outpatient clinics, inpatient settings.
- Management of patients in emergency department along with after-hours duty of 17 hours under supervision.
- Administration of Electro-convulsive therapy under supervision with liaison of neuroanesthesia department.
- Psychoeducation, pre-admission and pre-discharge counseling of patients and caregivers.
- Psychotherapy of patients under supervision.
- Experience working in specialty clinics:
 1. Drug abuse treatment and rehabilitation clinic
 2. Tobacco cessation clinic
 3. Child and adolescent guidance clinic
 4. Mental Retardation clinic
 5. Marital and psychosexual clinic.
- Experience in Deaddiction including working OST Centers and Addiction Treatment Facility for OPD management.
Management of patients with dual diagnosis under supervision.

Experience in child psychiatry:

1. Screening of patients for intellectual disability and SLD for certification.
2. Evaluation and management of children with mental illness, also including those referred from NGOs, Child Welfare Committee and Juvenile Homes.
3. Working with Police personnel, NGO volunteers and Psychiatric social worker for tracing family and rehabilitation of homeless children.

Experience in Community Psychiatry:

1. Assessment and management of patients with mental illnesses at community outreach centre in kalyanpuri once a week.

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Experience in Forensic Psychiatry:

1. Trained to perform assessments for fitness to stand trial, disability certification, fitness to fly, fitness to resume job, fitness to take care of property under the supervision of consultants.

2. Assessment and management of prisoners with mental illness referred for detailed evaluation on both outpatient and inpatient basis under supervision of consultants.

3. Assessing patients in collaboration with multidisciplinary teams for standing medical boards.

4. Working with Police personnel, NGO volunteers and Psychiatric social worker for tracing family of homeless patients.

5. Going for court visits to procure orders for admission, discharge and rehabilitation of patients.

- Teaching of nursing students.

- Training also included clinical and academic case discussions with multidisciplinary team in grand rounds, joint case conferences with department of Psychiatric Social work and Clinical Psychology, journal clubs and seminars including cine seminars.

- Six monthly theory and clinical assessments and a final theory and practical examination to obtain my M.D. Degree.

Presentations:**1. IPS North Zone : oral presentation**

Case report : OCD with anorexia nervosa in 9 yr old female child.

2. ANCIPS 2019: Poster Presentation:

Title: Reassessing the utility of electroconvulsive therapy in light of MHCA 2017 : a retrospective data based study in a tertiary care hospital.

Authors:

Dr. Saurabh, Junior Resident, Department of Psychiatry and Drug Deaddiction Centre, LHMC

Sneha Sharma, Senior Resident, Department Of Psychiatry And Drug Deaddiction Centre, Lady Hardinge Medical College

3. ISAM 2019: Oral presentation

Title: Risk factors associated with development of complicated alcohol withdrawal syndromes

Authors:

Dr. Saurabh, Junior Resident, Department of Psychiatry and Drug Deaddiction Centre, LHMC

Dr. Perna Kukreti, Associate Professor, Department of Psychiatry and Drug Deaddiction Centre, LHMC

4. ANCIPS 2022- oral presentation:

Title: Assessing financial status, legal status, employment status and social relationships in patients with complicated and uncomplicated alcohol withdrawal.

Authors:

Dr. Saurabh, Senior Resident, Department of Psychiatry and Drug Deaddiction Centre, LHMC

Dr. Akanksha Shukla, Postgraduate Student, Department of Psychiatry and Drug Deaddiction Centre, LHMC

Dr. Perna Kukreti, Associate Professor, Department of Psychiatry and Drug Deaddiction Centre, LHMC

Dr. Dinesh Kataria, Director Professor & Head, Department of Psychiatry and Drug Deaddiction Centre, LHMC

5. WPARC 2023: SYMPOSIUM:

Title:- “Culture and Psychiatry: A bridge of faith and healing”

Research Experience	MD thesis titled ' A comparative study of risk factors for alcohol withdrawal seizure and delirium tremens in tertiary care hospital ' under the guidance of Dr. Dinesh Kataria, Director Professor HOD, Dept. of Psychiatry, LHMC, New Delhi.
Clinical Internship	University College Of Medical Sciences, New Delhi ,Included two weeks posting in Psychiatry

Publications:

1. Concept of Spectrum Disorder in Psychiatry

Perna Kukreti¹, Prerak Kumar², Harita Mathur³, Saurabh⁴,
Dinesh Kataria⁵

¹Associate Professor, ²Senior Resident, ³Junior Resident,
⁵Director Professor and Head, Department of Psychiatry and Drug
Deaddiction Centre, Lady Hardinge Medical College and S. K.
Hospital, New Delhi, India.

2. Asian Journal of Psychiatry :

**Anxiety among pregnant women during the COVID-19
pandemic in India ; A multicentric study**

**3.NEUROPSYCHIATRIC SEQUELAE AND TRAUMATIC
BRAIN INJURY (TBI)**

Dr Kritika Agarwal Junior Resident, Dr Saurabh Senior Resident,
Dr Nileshwar Das Senior Resident, Dr Dinesh Kataria Director
Professor and HOD, Dr Perna Kukreti Associate Professor,
Department of Psychiatry, Lady Hardinge Medical College, New
Delhi.

**4.NEUROPSYCHIATRIC ASPECTS OF MOVEMENT
DISORDERS**

Dr Saloni Seth* Junior resident, Dr Saurabh Senior Resident,
Dr Dinesh Kataria Director Professor and HOD, Dr Shiv Prasad
Professor, Dr Perna Kukreti Associate Professor, Department of
Psychiatry, Lady Hardinge Medical College, New
Delhi.

**5. Sexual and gender minority health care issues related
competence and preparedness among the health care
professionals and trainees in India: A comparative study**

Authors: Dr. Perna kukreti, Dr.Saurabh, Dr. Dinesh Kataria,
Dr. Mini sharma , Dr. Apoorva Mohalia
Corresponding Author: Dr. perna kukreti

	<p>6. Journal of Psychosomatic Obstetrics & Gynecology, entitled "Development and validation of a scale to measure anxiety specific to pregnancy during the COVID-19 pandemic: The Antenatal COVID-19 Anxiety (AnCAN) Scale</p> <p>Authors :</p> <p>Tikka, Sai Krishna; Parial, Sonia; Pattojoshi, Amrit; Bagadia, Ashlesha; Prakash, Chandni; Lahiri, Deyashini; Jaiswal, Jyoti; Puri, Manju; Kukreti, Perna; Behera, Rabindra Nath ; Agrawal, Sarita; Garg, Shobit; Dubey, Surbhi; Gupta, Vineeta; Bajaj, Aakash; Agrawal, Akanksha; Singour, Chhaya; Patel, Geetanjali; Maghade, Megha; A, Purushotham; Pany, Sanjaya Kumar; Saurabh, .; Doria, Simran; Tejan, Veena; Chandra, Prabha S,</p> <p>7. 'Reassessing the utility of electroconvulsive therapy in light of MHCA 2017 : a retrospective data based study in a tertiary care hospital'.</p> <p>Dr.Saurabh, Dr. Sneha sharma, Dr. shiv prasad</p> <p>8.MEPHENTERMINE INDUCED PSYCHOTIC DISORDER: A CASE SERIES</p> <p>Dr. Pavitra Postgraduate Resident,Dr. Swati Sharma Senior Resident, Department of Psychiatry,Dr. Saurabh, Senior Resident,Dr. Shiv Prasad Professor, Department of Psychiatry, Lady Hardinge Medical College, New Delhi</p> <p>9.REASSESSING THE UTILITY OF ELECTROCONVULSIVE THERAPY IN LIGHT OF MHCA 2017 : A SIX YEAR RETROSPECTIVE DATA BASED STUDY</p> <p>Dr Pavitra Postgraduate Resident,Dr Perna Kukreti Associate Professor, Dr Dinesh Kataria Director Professor and Head of Department,Dr Saurabh* Senior Resident, Department of Psychiatry and Drug Deaddiction Centre, Lady Hardinge Medical College , New Delhi *Corresponding Author</p>
Reference	<p>Dr. Dinesh Kataria Director Professor and HOD, Dept of Psychiatry LHMC, New Delhi</p>

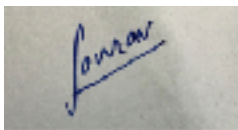
Dr. Om Sai Ramesh
Professor Dept of Psychiatry
LHMC, New Delhi

Dr.Perna Kukreti
Associate Professor
Dept of Psychiatry
LHMC, Delhi

Dr. Bhavuk Garg
Associate Professor
Dept of Psychiatry
LHMC, Delhi

Verification Statement

I verify that the information contained within this document [CV] is true and correct as on
july15, 2023.

A handwritten signature in blue ink, appearing to read 'Saurabh', on a light-colored background.

Name: Dr.Saurabh

Place: Delhi