

Arjita Kaur Arora, MBBS, DPM

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Education

- **Post Graduate Training: Diploma in Psychological Medicine**
Rajiv Gandhi Medical College Chhatrapati Shivaji Maharaj Hospital, Thane, India
November 2017 – November 2019
- **Internship Training**
Government Medical College, Amritsar
January 2016 – February 2017
- **Undergraduate Training: Bachelor of Medicine, Bachelor of Surgery (MBBS)**
Dr. D.Y. Patil Medical College, Hospital & Research Center, Pune, India
August 2011 – November 2015

Prior Training& Work Experience

- **Resident Medical Officer**
EMC Hospital, Amritsar
December 2019- April 2021
- **Consultant Psychiatrist**
May 2021 – Present

I am a licensed Psychiatrist and have been working independently and seeing Psychiatry patients in-person and via telemedicine.

- **Consultant Psychiatrist**
Sanjeevani De-addiction center
Batala
October 2024- Present

- **Consultant Psychiatrist**
Mind Plus Hospital, Doraha, Ludhiana
August 2024- September 2024
- **Consultant Psychiatrist at A.P. Hospital, Amritsar, India**
April 2022- October 2022

Responsible for running the Psychiatry outpatient clinic and for inpatient management of psychiatric patients admitted at the A.P. Hospital in Amritsar.

- **Post Graduate Resident in the Department of Psychiatry at Rajiv Gandhi Medical College Chhatrapati Shivaji Maharaj Hospital, Thane, India.**
November 2017 – April 2021

During my training period in the Department of Psychiatry, I worked at a resident level and was responsible for providing patient care under the supervision of my attendings. The emphasis of my training was on the management of patients with various psychiatric disorders, substance use disorders, and geriatric and child psychiatric disorders.

- **Medical Officer in the Department of Psychiatry at EMC Hospital, Amritsar, India.**
March 2017 – October 2017

I was responsible for managing patients in an outpatient and inpatient setting in the department of Psychiatry at the EMC Hospital.

- **Internship at Government Medical College, Amritsar**
January 2017 – February 2017

I completed rotations in various departments (including Psychiatry, Internal Medicine, Surgery, Pediatrics, Ophthalmology, ENT, Social Preventive Medicine, Obstetrics & Gynecology, Emergency Medicine, Radiology, and Dermatology). My responsibilities included managing patients in outpatient and inpatient settings under the supervision of senior residents and consultants. I was also involved in teaching medical students. I performed various procedures during the training including urinary catheterization, obtaining IV access, placing central lines, simple joint reduction, and suturing wounds.

Poster Presentation

- **Arjita Kaur Arora, Anu Kant Mital(January 2020); Rare Case of Chloroquine Induced Catatonia.**

Poster Presentation at Annual National Conference of Indian Association of Private Psychiatry; Kolkata, India.

- **Arjita Kaur Arora, Anu Kant Mital (January 2020); Complicated Bereavement Presenting As Trichotillomania In Depressive Disorder.**

Paper Presentation at Annual National Conference of Indian Association of Private Psychiatry; Kolkata, India.

- **Arjita Kaur Arora, Anu Kant Mital (December 2018); Management of Steven Johnson Syndrome – Implication Of Neuropsychopharmacology Agent Use**
Paper Presentation at Annual National Conference of Indian Association of Private Psychiatry; Hyderabad, India.

- **Arjita Kaur Arora, Anu Kant Mital (December 2018); Case of Steven Johnson Induced By Polypharmacy Treatment**
Poster Presentation at Annual National Conference of Indian Association of Private Psychiatry; Hyderabad, India.

Volunteer Experience

- **Patient Intake Volunteer at the Heart 4 Life Clinic at A.P. Hospital, Amritsar, Punjab, India**
November 2020 – March 2021
I spent three days a week volunteering at a cardiology clinic in my home city of Amritsar, assisting with activities including patient intake, history taking, and appointment scheduling.

Certifications/Licenses

- **Maharashtra Medical Council, Mumbai, India; April 2017 – Present**
- **Punjab Medical Council**

Professional Memberships

- **Indian Medical Association Student Network; August 2019- Present**

Languages

- English
- Punjabi
- Hindi
- Marathi

Hobbies & Interests

- Baking
- Mandala Art
- Yoga