

NEHA LAKHANI

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Sector 12-A, Gurgaon, Haryana



ACADEMICS				
Qualification	Institute	Board / University	Year	% / CGPA
(BA + MA) Clinical Psychology - Integrated Course	Amity Institute of Psychology & Allied Sciences (AIPS)	Amity University, Noida	2022	8.21
XII	The Heritage School, Vasant Kunj, Delhi	CBSE	2018	8.9
X	DAV Public School, Gurgaon	CBSE	2016	9.8

- Received awards for academic excellence at DAV Public School

WORK EXPERIENCE		
Company Name	Evergro Mental Health Care (Remote/ Freelance)	November 2023 - Present
	<ul style="list-style-type: none">Conduct one-on-one psychotherapy sessions for adults.Use evidence-based therapeutic techniques to help clients develop coping strategies and enhance their overall well-being.Work collaboratively with clients to create personalized intervention plans tailored to their specific needs and goals.Participate in weekly group supervision sessions with the senior psychologist for quality improvement purposes.Collaborate with other psychologists.	
Company Name	The HDFC School, Gurgaon	August 2023 - Present
Roles and Responsibilities	<ul style="list-style-type: none">Conduct life skills training sessions.Prepare learning designs for grades III to V.Conduct individual counselling sessions with students.Help students facing social and emotional problems.Develop differentiated learning strategies for children who require more support and have distinct learning styles.Regular meetings with parents to discuss any specific challenges their children may be facing and providing guidance on how to address them effectively.	

INTERNSHIPS / PROJECTS / LIVE PROJECTS	
Tulasi Healthcare June 2022 – July 2022	<ul style="list-style-type: none">Took case histories and mental status examination of the patients.Conducted cognitive rehabilitation training sessions of the patients and made sure that they took active participation in the sessions.Learned how to form rapport and participate in discussions with the patients.Learned about the program of Alcoholics Anonymous, observed a few sessions of alcoholics anonymous.
Mendlife Foundation Feb 2022 – May 2022	<ul style="list-style-type: none">Worked as a social media intern, created content for the social media page of the NGO to create mental health awareness.
Youth for Mental Health organization May 2021 – June 2021	<ul style="list-style-type: none">Attended workshops on topics such as queer mental health, post traumatic stress disorder, special skills development etc.wrote articles on what I learnt from these workshops.
Mind Ease Clinic Jan 2021 – Feb 2021	<ul style="list-style-type: none">Learned how to write case histories and mental status examination, how to take relevant information from the patient to formulate a case history.Discussed about mental disorders.
Moolchand Hospital Jan 2020 – Feb 2020	<ul style="list-style-type: none">Observed the patient's interaction with the psychologist during their sessions.Conducted occupational therapy in the child day care.Attended lectures on various topics of psychology given by senior interns.Prepared case histories and mental status examinations for the patients under the guidance of senior interns

Vimhans Hospital May 2019 – June 2019	<ul style="list-style-type: none"> • Observed the interaction of the patients with the psychiatrist during their sessions. • Conducted activities with the patients at the old age day care. • Attended case study presentations conducted by psychologists and psychiatrists. • Attended a session hypnotherapy. • Attended a session on art therapy.
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POSITIONS OF RESPONSIBILITY	
Event Organizer, Science Week	<ul style="list-style-type: none"> • Organized various science experiments for the junior classes. • Organized various stalls showing practical applications of science in everyday activities.
School Prefect	<ul style="list-style-type: none"> • Managed and organized various extra – curricular activities.
Head of the Art and Craft Committee	<ul style="list-style-type: none"> • Managed all the activities related to art and crafts during any event at the school.

EXTRA CURRICULAR ACTIVITIES	
Social	<ul style="list-style-type: none"> • Kilkari School: Worked as a teaching volunteer, conducted art and craft activities with children, conducted food drives, conducted various workshops on mental health. • Lotus Petal Foundation: Worked as a teaching volunteer.
Interests/Hobbies	<ul style="list-style-type: none"> • Reading, Listening to music,