

Dr. NEETHU S

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ASPIRATION

- To maintain the highest standards of patient service quality and safety, adhering to policies, procedures, and regulations set by the accrediting bodies.
- To establish strong therapeutic relationships with patients and their families, effectively communicating treatment progress and providing guidance on effective techniques for managing psychiatric conditions.
- To work in a multidisciplinary environment, collaborating with other medical professionals to deliver comprehensive mental health care.

PROFESSIONAL QUALIFICATION

- Doctor of Medicine in Psychiatry (MD) from Amrita Institute of Medical Science (2020-2023)
- Bachelor of Medicine and Surgery (MBBS) (2012-2018) From Indira Gandhi Medical College and Research Institute, Government of Puducherry, Pondicherry University

WORK EXPERIENCE

Post graduate resident, Amrita Institute of Medical Sciences, Kochi 2020-2023

- Administered psychopharmacological treatments for various mental health disorders including psychiatric emergencies in inpatient, outpatient, and casualty settings.
- Peripheral postings in Department of Neurology, Department of General Medicine

COURSES

- Completed Basic Course in Biomedical Research by National Medical Commission (NMC)

RESEARCH EXPERIENCE

- Prevalence of Metabolic syndrome and its association with clinical correlates and caregiver burden among patients with Bipolar Affective Disorder in a tertiary hospital
- A Cross Sectional Study on Prevalence of Cognitive Impairment In Patients Recovered From Severe Covid Infection And Factors Associated With Poor Cognitive Performance

PUBLICATIONS

- “A rare case of Lg1 encephalitis presenting with neurocognitive and affective symptoms in an elderly female” accepted for publication in the Archives of Mental Health journal.

PAPER PRESENTATION

- IPSOCON 2022 - “A Cross Sectional Study on Prevalence Of Cognitive Impairment In Patients Recovered From Severe Covid Infection And Factors Associated With Poor Cognitive Performance”

POSTER PRESENTATION

- IPSOCON 2022- “A case of Lg1 encephalitis presenting with neurocognitive and affective symptoms in an elderly female.”

HONOURS

- Participated as Delegate in Child and Adolescent Psychiatry CME, Dept of Psychiatry, AIMS-8/10/2022.
- Participated in the 55th Annual conference of Indian Psychiatric Society, South Zonal Branch (IPSOCON 2022)- 14 to 16 October 2022
- Participated as Delegate in the Midterm CME 2022 on “Practical Challenges in Practicing Psychiatry” – Ernakulam Psychiatric Society – IMA house Kochi-4th and 5th June 2022
- Participated in the Postgraduate CME 2022, Branch of Indian Psychiatric Society, Govt. Medical College, Kottayam-3rd April 2022.

PERSONAL SNIPPETS

Nationality : *Indian*
Date of Birth : *11 June 1993*
Place of Birth : *Trivandrum, Kerala*
Permanent Address : *Avittom, VNRA 27, Powdikonam PO, Trivandrum, Kerala 695588*
Marital Status : *Married*
Languages : *English, Malayalam, Tamil*