

Amol Shinde

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Rehabilitation Psychologist
CRR No. A100 240

Objective

To utilise my skills and provide a professional service to people by applying my knowledge and working in a challenging and motivating working environment

Experience

Counsellor

November 2018 - December 2021

ACTREC, Tata Memorial hospital

3 year Work Experience on the project of "National Tobacco Quitline Service"

Education

Course / Degree	School / University	Grade / Score	Year
M.phil in Rehabilitation Psychology (RCI Reg.)	National Institute for the Empowerment of person with Visual Disability	Awaiting for final Result	2022-2024
Post Graduate Diploma in Rehabilitation Psychology (PGDRP- RCI Reg.)	National Institute for the Empowerment of person with visual Disability	378/600	2021-2022
M.A in Applied Psychology	University of Mumbai	B Grade	2015-2017

Skills

Psychological Testing and Assessment

counseling and Psychotherapy

Ability to lead a team

Active listening

Communication and interpersonal skills

Strength

Pays keen attention to Quality

Empathy

Focusing on Therapeutic Alliance

Leadership

Active listening

Honesty

Working in Team

Projects

National Tobacco Quitline Service

- Provide telephonic as well as one to one psychotherapy to those who want to quit Tobacco and Tobacco related products
- Help individual to quit Tobacco use by intervention plans as well as work for relapse prevention
- Follow up with Clients for at least one year with regular intervals of time, if they agree to quit Tobacco use
- Conducted and participated in Awareness camp related to quit Tobacco use. Also guide and encourage them to opt for telephonic counseling or one to one therapy sessions.

Social Activities And Camps

Volunteering and working in organizing committee in 3rd National Annual Conference of the Society of Addiction Psychology on the theme "Breaking the Chains: Innovative Approaches in Addiction Psychology and Research, NIEPVD, Dehradun

Provide Psychological Assessment, diagnosis to Differently abled people in "Disability Assessment and Certification camp," Health community Health Center Karnprayag, Chamoli, and Chamoli District Hospital organised by Government of Uttarakhand in collaboration with Department of Clinical and Rehabilitation Psychology and Research, NIEPVD, Dehradun on 25th and 26th October 2023 respectively.

Volunteering, counseling and Assessment in " Awareness programs- Drug free India" in kotdwar organised by Kotdwar Police station and Women helpline center, kotdwar in collaboration with Department of Clinical and Rehabilitation Psychology and Research, NIEPVD, Dehradun on 25th November 2022

Volunteering For Inclusive Mega Job fair organized by National career Service, under the Directorate General of Employment, Ministry of Labour and Employment, Government of India. 4th October 2016

Achievements & Awards

Submitted a Dissertation on the topic of "Assessment of Stress, Coping and Resilience in post Rehabilitation- A comparative analysis of individuals who have successfully ceased substance use and those who relapsed" July 2024

Participated in 3rd National Annual Conference of Society of Addiction Psychology on the theme "Breaking the Chains : Innovative Approaches in Addiction Psychology" held on June 21-22, 2024. Organised by Department of Clinical and Rehabilitation Psychology and Research, National Institute for the Empowerment of person with visual Disability, Dehradun

Participated in National Conference on "Substance Use in Youth : Management, Laws and Policy Research (2023)" organised by AIIMS and Society for Addiction Psychology (SAP) at NDDTC on 9th December 2023.

Participated in " Certificate course in Addiction Medicine : "Empathy to Impact" held on 26th and 27th February 2022. Organised by Rotary club of Pune Katraj in with Sassoon General Hospital Pune and Mukta Charitable Foundation

Completed 6 month Short term course in "Peace study" (December 2016-July2017) Conducted by Mahatma Gandhi Peace Centre, University of Mumbai

Presented a research paper on the topic of "Impact of Social media on Emotion and Behaviour" at 52nd National and 21st International conference of Indian Academy of Applied Psychology (IIAP), University of Rajasthan, Jaipur, 2016



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