**NAINIKA MAKHIJA**

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| Date of Birth | 22.04.1996 |
| Gender | Female |
| Nationality | Indian |
| Father’s Name | Dr. Ashok Kumar Makhija |
| Mother’s Name | Dr Neeti Makhija |
| Language known | English, Hindi. French |
| Marital Status | Single |

**ACADEMIC QUALIFICATION**

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| **Level** | **University/Board** | **Year of Passing** | **CGPA** |
| M.Phil. Clinical Psychology  Maters in clinical psychology  SEM 1  SEM 2  SEM 3  SEM 4 | Amity University  Amity University, Noida | 2022  2019 | 6.8  -  7.82  **7.15**  **7.39**  **8.56**  **8.19**  **8** |
| Bachelors (H) in  Psychology | Kamala Nehru College, Delhi University | June, 2017 | 70.25% |
| Class 12th | Delhi Public School, Vasant Kunj (CBSE)  Humanities | 2014 | 95.4% |

**CLINICAL EXPERIENCE**

* **Senior Consultant Psychologist at Amaha**
* **Clinical Psychology Resident at Airforce Central Medical Establishment**
* **Clinical Psychology Resident at Deen Dyal Upadhyay Hospital**
* **Clinical Psychology Resident at Army Hospital Research and Referral**
* **Clinical Psychology Resident at Janakpuri Super Speciality Hospital**
* **Clinical Psychology Resident at Delhi Psychiatry Clinic**
* **Clinical Psychologist at MD CITY Hospital**
* **Former intern at Sir Gangaram hospital, New Delhi**
* **Former intern at** **All India Institute of Medical Sciences**
* **Former intern at National Institute of Public Corporation and Child Development.**
* **Former intern** at **Vimhans Hospital, New Delhi**

**CO-CURRICULAR ACHIEVEMENT**

* An active part of the **NATIONAL SERVICE SCHEME(NSS)** in the college and working towards the betterment of society.
* Represented school at zonal level in Table tennis

**RESEARCH STUDIES CONDUCTED**

* Conducted an observation of CANTEEN BEHAVIOUR of the students of Kamala Nehru college, New Delhi over a period of 4 weeks and analysed the data using quantitative method of data analysis.
* Conducted an **INTERVIEW** on undergraduate students on the topic of marriage to know about the opinions of the youth on this sensitive topic and the data was analysed using quantitative method of data analysis.
* Conducted a **SURVEY** on undergraduate students to gather their opinions on the issue of substance use and abuse and data analysis was done using quantitative method of data analysis.
* Conducted a research study on “the role of emotional intelligence and quality of life in major depressive disorder.”
* Conducted a research study on “Cognitive Fusion and Experiential Avoidance as Predictors of Obsessive Compulsive Symptom Dimensions in individuals with Obsessive Compulsive Disorder”

**WORKSHOPS ATTENDED**

* Attended workshop on **Graphology** at at Unique Psychological Services, Delhi
* Attended workshop on **TAT** test at Unique Psychological Services, Delhi
* Attended a one month course in **counselling** **skills** at Unique Psychological Services, Delhi