

# Kirti Tewari

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## Summary

Empathetic and conscientious RCI Licensed Rehabilitation Counselor committed to providing effective care and mental health education. Offering a patient-focused practice style that emphasizes active participation in the development of treatment plans. Successful in establishing rapport with patients while maintaining appropriate boundaries.

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## Experience

### Jayshree Periwai High School

Counselor, Jaipur

08/2024 – Present

- Providing counseling to the students from 9<sup>th</sup> to 12<sup>th</sup> classes including children preparing for competitive exams.

### Military Hospital

Clinical Psychologist, Jaipur

01/2024 – 04/2024

- Worked for a Government Project "Early Intervention Centre" where I conducted assessments on special children and provided them with behavioral therapy.
- While sitting in Psychiatric Ward, I also gave counseling to OPD and IPD patients of all age groups. And, also provided marriage counseling once a week.

### PW (PhysicsWallah)

Mental Health Associate, Remote

06/2023 – 01/2024

- Gave counseling and guidance as well as psychological first aid to students preparing for competitive exams.
- Also, took Live video counseling and guidance sessions on PW Saathi (where NEET, Dropper doubt sessions took place).

### CogniAble

Behavioral Therapist, Jaipur

08/2021 – 10/2021

I have done screening of children from 1.5 to 5 years who had Autism, ADHD, speech disorder, developmental delay, down syndrome etc. in J.K. Lone Hospital, Jaipur and AIIMS, Jodhpur by using DP-3, CARS and DSM-5 criteria.

### Findhope Mental Health

Peer Counselor, Remote

02/2021 – 07/2021

I provided individual counseling to adults and/or adolescents over call or text, whatever they preferred.

### SOS Children's Village

RCI Trainee, Jaipur

11/2022 – 01/2023

Conducted documentations on Form 7 given in JJ Rules 2016 for preparing Individual Care Plan (ICP) for children, and Form 22 [Rule 19(8)] Social Investigation Report (SIR). And, provided counseling sessions to some children.

## **Institute for Psychological Health (IPH)**

Intern, Mumbai

05/2019– 07/2019

Observed patients of all age groups with psychiatrists, counselors and child psychologists.

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### **Skills**

Empathetic, Attention to Detail, Adaptability and Flexibility, Excellent and Interpersonal Communication, Client Counseling, Active Listening and Self-Motivated.

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### **Education**

#### **Advanced Diploma in Child Guidance and Counseling**

Mahatma Jyoti Rao Phoole University, Jaipur

2022 - 2023

Affiliated from Rehabilitation Council of India (RCI).

#### **MA Counseling Psychology**

Amity University, Gurugram

2018 - 2020

#### **BA (Hons) Psychology**

The IIS University, Jaipur

2015 - 2018

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### **Languages**

Hindi and English

