

# CURRICULUM VITAE

**DR. TANUSHREE GAUR**

**MBBS, MD PSYCHIATRY**

**Contact -:**

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**OBJECTIVE** I aim to enhance and diversify my knowledge and experience in the dynamic field of psychiatry. With a strong interest in clinical practice and training initiatives, I am committed to utilizing my skills to provide patient-centered care. As a dedicated medical professional, I aspire to contribute meaningfully to psychiatric care and awareness.

## MEDICAL TRAINING

- **MD Psychiatry**, National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore- (January 2021 - December 2023)
- **MBBS** from Himalayan Institute of Medical Sciences, Swami Rama Himalayan University, Dehra Dun (2013 - 2019)

## WORK EXPERIENCE

**Junior Resident, NIMHANS** (January 2021-December 2023)

**Experience in :**

- General Adult Psychiatry
- Special Clinics – Schizophrenia & Obsessive Compulsive Disorder
- Neuropsychiatry
- Child & Adolescent Psychiatry
- Addiction Psychiatry
- Emergency Psychiatry
- Psychotherapy
- Perinatal Psychiatry
- Consultation Liaison Psychiatry (St John's Medical College Hospital, Bengaluru; SDS Tuberculosis Research Center & Rajiv Gandhi Institute of Chest Diseases, Bengaluru & Sanjay Gandhi Institute of Trauma & Orthopedics, Bengaluru)
- Forensic Psychiatry
- Geriatric Psychiatry
- Family Therapy & Behavioural Therapy
- Community Psychiatry

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**Senior Resident, TeleMANAS (Tele Mental Health and Networking Across States), NIMHANS, Bangalore (January 2024 – Present)**

**Roles & Responsibilities:**

**1. Clinical Management**

- Supervision and management of outpatients in screening and follow-up psychiatric clinics
- Handling psychiatric emergencies in acute care settings

**2. Training & Capacity Building**

- Conducted **onsite training workshops (2.5 days)** for Tele MANAS counselors across multiple states, including Lucknow, Odisha, Punjab, Chandigarh, Himachal Pradesh, Goa, and Gujarat
- Delivered **online orientation training** for counselors across India
- Developed **training modules** and conducted **bi-monthly Continuous Professional Development (CPD) sessions**, including case conferences and advanced training
- Provided **academic training** for MD Psychiatry residents

**3. Program Oversight & Mentorship**

- Mentored, monitored, and audited the performance of Tele MANAS across different states
- Participated in **review meetings with administrative authorities** to evaluate program implementation

**4. Professional Engagement & Representation**

- Represented Tele MANAS at **national and international forums**, presenting the model to key stakeholders, including Marketa Wills, CEO of the American Psychiatric Association
  - Resource Person in TeleMANAS on-site trainings at King George Medical University, Lucknow; Institute of Psychiatry & Human Behaviour, Goa; Gujarat Institute of Mental Health, Ahmedabad; Institute of Mental Health, Amritsar; Mental Health Institute, Chandigarh; Geriatric & Mental Government Hospital, Ambajogai, Maharashtra
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## AWARDS & CONFERENCES

- **Best Psychotherapy Award** during postgraduate training at NIMHANS
- Participation in Postgraduate Psychiatry quiz at IPSKC Post Graduate MEET 2023 & qualified for finals
- ADDICON (Annual National Conference of Addiction Psychiatry Society of India), 2022
- Obsessive Compulsive Disorder (OCD) Symposium, 2022
- Mood Disorders CME 2023
- Bipolar Disorder International Conference 2023
- ECT 75 @ NIMHANS: An Update on Electro-Convulsive Therapy 2023
- Indian Psychiatric Society- Psychotherapy Specialty Section (CME) 2023
- Indian Psychiatric Society – Karnataka Chapter, PG CME 2024 (Organising Committee)
- GERON conference , Indian Association for Geriatric Mental Health, 2024
- 57<sup>th</sup> Annual Conference of Indian Psychiatric Society, South Zonal branch, 2024
- 10<sup>th</sup> World Congress of International Association of Women's Mental Health, 2025
- Forensic Psychiatry Conference 2025 - Mental Health and Law: A Collaborative Multidisciplinary Perspective

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## DECLARATION

I hereby declare that all the particulars stated in this resume are true and correct to the best of my knowledge and belief.

- **Dr Tanushree  
Gaur**