

JYOTI SHARMA

A passionate Vocal Music Mentor, Music Therapist and a Psychologist with an overall blended work experience of more than 14 years. I bring along an expertise in imparting quality training programs to group and individuals in music and singing. My vision is to spread the awareness about the music therapy and its clinical usage among all the age groups.



Work Experience

Total 14+ Years

- **Online Music Therapy Coaching on vocal music and singing to Older adults and Senior citizens**
- Faculty trainer at COUNSEL INDIA
- Worked as Consultant Music Therapist at World Brain Centre Hospital
- Founder – **MUSIC THERAPY INDIA** (An initiative for using music as therapy intervention)
- Completed one month Clinical Observership Program at Center for Music Therapy Education and Research (CMTER) at Mahatma Gandhi Medical College and Research Institute (MGMCRI), Puducherry (2019)
- Co-founder at NUMEROLOGY INDIA
- **Worked as Music coach at Jinvani Bharti Public School, Dwarka**
- Worked as an Intern under the counselor at N.K. Bagrodia Global School, Dwarka (on behalf of Vibhore Neurocare)
- An IMTA (Indian Music Therapy Association) member
- GEM (Global Entrepreneurs Meetup) member
- Counselor at My Fit Brain (online portal)
- Educational Consultant- Educational Technologies (ETL Learning) - April 2015 – March 2018

Direct marketing with clients with focus on personalized customer service and sales, providing post sales assistance, follow up with all stakeholders

- Counselor cum Admin at Genius Brain Kids Academy Pvt. Ltd - March 2012 till March 2015

*Encouraging Right Brain Development
Successfully launched the concept of RBD along with Abacus at Paramount International School Dwarka*

Maximizing students learning skills

Mindfulness training exercises

Conducting Guidance Workshop

- Floor Coordinator Passport Seva Kendra Project under Ministry of External Affairs executed by Tata Consultancy Services (Formerly CMC Limited) - April 2011- January 2012

Handling entire Passport services at PSK Senior Executive Royal Bank of Scotland (RBS), earlier ABN Amro Bank - April 2007- February 2010

Educational Background

- **Senior Diploma in Hindustani classical music from Prayag Sangeet Samiti**
- **Basics of playing Harmonium Keyboard, Guitar & Djembe**
- Certificate Program in Music Therapy (CPMT) from Chennai School of Music Therapy, Chennai
- Certificate Program in Music for Community Health, from Chennai School of Music Therapy, Chennai
- MA Psychology from IGNOU, New Delhi
- Graduate in Commerce from University of Delhi (2003-06)
- Passed 12th standard with commerce stream from CBSE Board in 2003
- Passed 10th standard from CBSE Board, Delhi in 2001

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Online Certifications

Fortis Mental Health Program

- Introduction to Psychotherapy
- Introduction to Art in Therapy
- Introduction to Psycho-Oncology
- Introduction to Music and Movement in Therapy

PsyCoolG Connect

- Art of Writing Research paper

Introduction to Cognitive Behavioral Therapy

Early Childhood Education - Gowrie Victoria

Offline Certifications

- "Sensory Modalities in the Treatment of Children with Autism"

At Child Neurology Division, All India Institute of Medical Sciences (AIIMS), New Delhi

- Basics of Counseling

DOB - January 30, 1986

Address

**Flat - 634 Ground floor
Sarvahit Apartments
Sector - 17, Pocket - A
Dwarka
New Delhi - 110078**

Volunteer Work

Indian Medical Association-IMA Psycho Social Helpline

Counseling and Music Therapy sessions to Frontline Workers from Healthcare sector

Music Therapy India

Free online Workshops to Senior Citizens during COVID19 to make them cope up with their health issues

Harikrit NGO

Awareness campaign about music and its health benefits

Instagram

Live online webinars for youth on awareness about music therapy

Maitri - A Musical Bond

Volunteer active member and vocalist to spread music in community

T-Series

Nominated by T-Series Stageworks Academy for song recording at prestigious T-Series studio

Research work

Presented a pilot study about Use of Group Singing Activity with the Older Adults during the 3rd Annual Virtual World Conference & Music Therapy Festival 2020 at Indian Music Therapy Association (IMTA)

Skills and Proficiencies

Fluent in English and Hindi
Good counseling skills
Good musical skills

With more than a decade of exposure in music and music coaching, I possess the required skillset and competency of being a music teacher with my Knowledge, Skill and Aptitude in professional music field, I would like to put forward my candidature to associate with your esteemed institution.