**Preeti Pilania**

**171, Vikas Nagar**

**Bhiwani (Hry.) 127021**

**Contact no: -7206373233**

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**OBJECTIVE**

To work professionally in an organization that helps me utilize my knowledge and acumen towards attainment of organization and personal goal.

**EDUCATIONAL QUALIFICATION**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Degree Name** | **Board** | **Institution** | **Year of passing** | **Percentage** |
| P.G Diploma in Guidance and Counselling | Jamia Millia Islamia | Jamia milia islamia | Pursuing | - |
| M.Phil. (Clinical Psychology) | Rehabilitation Council of India (RCI) | Amity university practicing in GRMC | 2021 | 6.7 CGPA |
| Masters of Psychology | Banasthali Board | Banasthali university | 2018 | 6.9 CGPA |
| Bachelors of Arts | Banasthali Board | Banasthali university | 2016 | 1st division |
| XIIth | Banasthali Board | Banasthali university | 2013 | 63% |
| Xth | Haryana Board | St. uttami Bai sr. sec. school | 2011 | 80% |

**ADDITIONAL QUALIFICATION**

Cognitive behavior therapy (Beginners Program), level - 1, on 20, 21st and, 22nd dec, 2017 New Delhi.

Albert Ellis Institute (ATC India) Rational emotive behavioral therapy Level -1 workshop on 12th, 13th, and 14th Nov 2016 at Banasthali University Raj.

National workshop on emotional literacy with department of psychology in amity university Jaipur on 23rd to 24th Sep, 2016.

Certificate in Rorschach Inkblot Test in institute of mental health and life skill promotion in 6th may 2017 at Moolchand Medicity Hospital New Delhi.

**WORK EXPERIENCE**

Worked as a clinical psychology trainee in Gajra raja medical college Gwalior throughout M.Phil. (2019-2021)

Worked as consultant clinical psychologist training from 21st June to 21st Sep. 2021 at the lifestyle clinic, chittarranjan park New Delhi.

INTERNSHIP

Under the supervision of Dr. Satyam (lecturer clinical psychology, dept. of clinical psychology, RML-PGIMER & hospital, for a period of 45 days i.e., 15 may 2017 - 30 June 2017.

Under the supervision of Dr. Anita Mahajan (head of dept. of psychiatry) at Sir ganga ram hospital for 3 months (15 June 2018 – 15 sep-2018) New Delhi.

Under the supervision of Dr. Arvind Otta (head of UPS education) New Delhi.

Institute of human behaviour and allied sciences (IHBAS) for one month (25 dec 2019-25 Jan 2020) New Delhi.

RESEARCH PAPER

Masters Dissertation Title ‘adjustment with peers help in well-being of an individual’

M.Phil. dissertation Title ‘Gender differences in automatic negative thought, anxiety, depression, and quality of life among patient with irritable bowel syndrome’.

Participated and presented a poster paper at 46th National Conference of Indian Association of Clinical Psychologists – 2020’, Paper Title Is ‘study on effect of mobile usage with reference to academic procrastination on quality of life among undergraduate students.

**WORKSHOPS**

Participated in National workshop on emotional literacy with department of psychology in amity university Jaipur on 23rd to 24th Sep, 2016.

Participate in Gautam Hospital & research center, Mental health foundation Jaipur on 9th oct 2017.

Certificate of Attendance for India's Biggest Mental Health Festival organized by Mental Health

Foundation (India) in association with Department of Psychiatry, AIIMS on 10th October 2018 at JLN Auditorium, AIIMS, New Delhi.

Participate in delinquency of adolescents - A serious concern one day symposium in department of psychology in Banasthali university on 15th April 2018.

Participate in 2nd National conference on world schizophrenia day, on 24th and 25th may 2019 organized by center of excellence in mental health RML Hospital, New Delhi.

Certificate of special efforts in mass awareness campaign against AIDS/Cancer in 2nd may to 11th may.

**AREA OF STRENGTH**

Self – motivated

Highly adaptable to changes in dynamic environment.

Calm and patience

Good listening skills

**AREA OF INTEREST**

Travelling

Dancing

Fine and arts

**TECHNICAL EXPERTISE**

Basic Microsoft Office, Internet and web-based applications and basic knowledge of software like SPSS.

**PERSONAL DETAILS**

Name – Preeti Pilania

Father’s name – Anand Prakash Pilania

Nationality – Indian

Languages known – Hindi, English

**REFERNCES**

Dr. Santosh Meena

Head department of Psychology Banasthali university

Email Id- [santoshajaymeena@gmail.com](mailto:santoshajaymeena@gmail.com)

Contact no- 9887637441

Dr. Rajendra Kumar Sharma

Head department of Clinical Psychology in amity university.

Email Id- [rksharma1@gwa.amity.edu](mailto:rksharma1@gwa.amity.edu)

Contact no- 9981469739

**DECLARATION**

I here by declare that the information furnished above us true to the best of my knowledge.

**Preeti Pilania**

**RCI (Licensed Clinical Psychologist)**

**CRR NO – A79735**