

SHWETA POONIA

House No. 20, Springfield Colony, Delhi - 121003

Permanent Address: 506, Brindavan Enclave, Bikaner, Rajasthan - 334002 Phone: +91 9610281667

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Objective

Dedicated Clinical Psychologist with MPhil from a RCI-approved institute and diverse clinical internship experience. Proficient in psychological assessment, case history taking, MSE, and therapeutic approaches aligned with DSM-V and ICD-10 guidelines. Passionate about mental health advocacy and holistic client care.

Education

Qualification	Institution	Board/University	Year	CGPA/Percentage
M.Phil Clinical Psychology	Sri Ramachandra Medical University, Chennai	RCI (CRR NO: A80194)	2021	55%
M.A. Psychology	IIS University, Jaipur	Deemed univ	2017	55%
B.A. (English Honors)	Mody University, Sikar	Deemed univ	2015	6.5/10
Higher Senior Secondary (XII)	Maharani Govt. Sr. Sec. Girls' School, Bikaner	RBSE	2012	65%
Senior Secondary (X)	Jesus and Mary School, Bikaner	RBSE	2010	49.5%



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Work Experience / Internships

Advanced fertility and gynecology Centre, tappal road, jewar, Noida- counsellor-1 oct 2024 to 30 June 2025

Tulasi healthcare- trainee clinical psychologist- 17th may 2023 to 12th august 2023

- Conducted psychological assessments and MSE
- Assisted in therapy sessions and patient documentation

Rama De-Addiction Centre – Clinical Psychologist
25th May 2022 – 30th October 2022

- Provided therapy and support to individuals with substance use disorders
- Applied DSM-V and ICD-10 criteria for diagnosis

Psychowellness Centre – Clinical Psychologist
2nd February 2022 – 2nd April 2022

- Participated in counselling and assessment for patients with mood and anxiety disorders

Karma Centre for Counselling and Well-being – Intern
August 2018

- Learned case history taking and MSE
- Observed diagnosis and therapy sessions

Certifications

- Certificate Course on School Counselling (May – August 2022)
- Certificate Course on Coping Skills – Freedom from Stress and Pain
- Certificate in Shakespeare: His Life and Work
- Certificate in Advanced Parenting Skills



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- Diploma Course in Depression
- Certificate in Developing Emotional Intelligence
- Certificate in Introduction to Spanish
- Certificate in Understanding ZEN: Personal Development and ZEN Teachings

Seminars & Workshops

- 1st International and 3rd Indian Psychological Science Congress – DAV College, Chandigarh (2015 & 2016)
- Workshop on Child and Adolescent Disorder – New Delhi (2017)
- Workshop on Couple's Therapy – New Delhi (5th May 2018)

Notable Participation

- Qualified UGC NET assistant professor on 22-02-2025
- Qualified gate exam On 15-02-2025
- Online Awareness Quiz on COVID-19 – 5th June 2020
- Webinar: Introduction to Neuropsychology – 26th April 2020
- Awareness & Prevention Program – Apollo Medskills – 12th April 2020
- Webinar on Suicide Prevention – 21st April 2020
- Webinar on Behaviour Therapy for OCD – 4th May 2020
- Street Play (Nukkad Natak) on Youth Day – 12th August 2014

Skills

- Psychological Testing & Diagnosis
- Mental Status Examination (MSE)
- Case History Taking



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- Individual & Group Counselling
- DSM-V and ICD-10 Diagnosis
- Report Writing and Patient Communication

Personal details

Name: Shweta Poonia

Date of Birth: 12-11-1995

Gender: female

Father's Name: Mr. Jagdish Chandra

Mother's Name: Mrs. Shelly Poonia

Nationality: Indian

Languages Known: English, Hindi

Permanent Address: 506, Brindavan enclave, Bikaner, Rajasthan

Declaration

I hereby declare that the information provided above is true to the best of my knowledge and belief.

(Shweta Poonia)



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