

## **CURRICULUM VITAE**

**Name:** Sapna Paliwal, Ph.D.  
**Home Address:** 1003, Shipra Apartment, Kaushambi  
Ghaziabad, Uttar Pradesh, India  
201010.  
**Work Address:** Amity University, Noida, Uttar Pradesh  
India, 201301.  
Tel: +91-(120)-4347775  
Mobile: +91-9311272738  
**E-mail Address:** [sapnapaliwal4@gmail.com](mailto:sapnapaliwal4@gmail.com)

### **EDUCATION (Chronological descending order )**

<b>College/University</b>	<b>Degree</b>	<b>Year</b>
Amity University, Noida, India Advisor: Prof.(Dr.) Rita Kumar and Dr. Dinesh Bhurani	Ph.D. Psychology	ODC VIVA done (2018 to 2024)
Apollo Hospital, Hyderabad, India	Post Graduate Diploma in Preventive and Promotive Health Care	Oct. 2006
IPMS, Mumbai, India	Master of Science in Psychotherapy and Counseling	Oct. 2005
Annamalai University, Tamilnadu, India	Post Graduate Diploma in Guidance and Counseling	July 2004
Dr. B.R.Ambedkar University, Agra, India	Master of Art, Psychology	July 2001
Dr.B.R.Ambedkar University, Agra, India	Bachelor of Art, Psychology	July 1999

### **WORK HISTORY AND ROLE RESPONSIBILITY:**

<b>ORGANIZATION</b>	<b>FROM AND TO</b>	<b>DESIGNATION</b>	<b>ROLE RESPONSIBILITY</b>
Amity University, Noida, India	Jan 2019 – till now	Visiting Faculty	Deliver engaging lecture to undergraduate and post graduate students, providing mentorship, engage in scholarly activities, including publishing research articles, presenting

			conferences, and contributing to the academic community.
Amar Jyoti Charitable Trust, Karkardooma, New Delhi, India	Dec. 2016 – July 2017	Clinical Psychologist	Conduct psychological assessment, provide diagnoses, and the development of intervention plans. Counseling to individual and families. Collaborate with other professionals to provide comprehensive care.
Indian Air Force, Tughlakabad, New Delhi Indian Air force, Faridabad	Oct 2013 – March 2016	Visiting Clinical Psychologist	Individual counseling session, implement evidence-based therapeutic intervention for Air Force personnel. Deliver psycho-educational program, conduct workshops on stress management, resilience, and psychological well-being. Maintained confidentiality.
Metro Hospital and Cancer Institute, Preet Vihar, New Delhi	March, 2011 to April, 2012	Onco-Psychologist	Provide comprehensive support to cancer patients and care giver, implement therapeutic intervention, counseling, and psycho-education. Research and publication in conferences.
Govt. and Non Govt. Organization ( J.N.Medical College, AMU, Aligarh/ NIMHANS, Bangalore/ Radix Malik Health Care	Feb. 2006 – 2011	Observer/ Private practicing Clinical Psychologist	Provide counseling, psycho-education, and supportive care to address mental health care.

#### **WORKING RESEAR PROJECT:**

<b>TITLE</b>	<b>Research status</b>	<b>Description</b>
<b>The death attitude: A qualitative study of different perspective of Indian hematologic cancer patients</b>	<b>Under review</b>	<ul style="list-style-type: none"> <li>Designed a qualitative experimental study</li> <li>descriptive psycho-phenomenology approach was used</li> <li>The text were coded,</li> </ul>

		<p>and themes were generated</p> <ul style="list-style-type: none"> <li>• The qualitative data was taken under the supervision of instructor</li> </ul>
Mindfulness Meditation Intervention for Hematology Cancer Patients: A meta-Analysis	<b>Initially proceed with registration and title framing</b>	

## PUBLICATIONS

### Published

- Sapna Paliwal, Rita Kumar, Dinesh Bhurani, Reema Singh., (2023). The Interaction Effects of Age of the Patients and Stage of the Disease on Hope among Hematology Cancer Patients: A two-Way Analysis of Variance: Journal of Propulsion Technology, October, 2023, 89-96.
- Sapna Paliwal, Rita Kumar, Dinesh Bhurani, Reema Singh., (2023). Mindfulness Meditation to Enhance Psychological Well-Being in Leukemia Cancer Patients. South India Journal of Social Sciences, July 2023, 74-86.
- Paliwal, S., Kumar, R., (2020). Spiritual intervention for cancer patients: a review article & quote; International journal of advanced science and technology, 29(12s), 1834-1844.
- Paliwal, S., (2020). How integrative counseling affect mental health issues in cancer Patients: A qualitative analysis; Behavioural Scientist, 21, 125.

## CONFERENCE PRESENTATION

- Paliwal,S., Kumar,R.,(March,2021).“Construction of the death concept from acceptance to real acceptance in cancer patients: an exploratory study.” Oral. 30<sup>TH</sup> convention of NAOP 2021, IIT, Kanpur.
- Paliwal,S., Kumar,R., (July, 2020).“Comparing psychological well-being of cancer patients and individual without cancer during covid-19 pandemic.” Oral. International Online Conference “COVID- 19: Emergence and Resurgence of Communicable Diseases from Social Sciences Perspectives”. School of Social Sciences & Humanities, University of Science &Technology, Meghalaya, India.
- Paliwal,S., Kumar,R (November, 2019).“Integrative counseling intervention for mental health issues in cancer patients: a qualitative analysis.” Oral. 3<sup>rd</sup> World Cancer Congress, Mumbai.
- Paliwal,S., Kumar,R., (March, 2017). Oral. “Integrating approach for healing through application of Meditation, Relaxation and Mindfulness on Children.” National Seminar on positive psychology, Amity University, Noida.
- Paliwal,S., Gupta,P., et.al., (November, 2011). Integrating Body Mind Wellness methodology using with White Light Visualization Technique in adult client with cancer in tertiary cancer care center: a pilot study.” Poster Paper. 18<sup>th</sup> HONG KONG INTERNATIONAL CANCER CONGRESS.
- Paliwal,S., (January, 2008). Poster Paper. “Childhood Disorder: Feeding Disorder of Infancy or Early Childhood.” 95<sup>th</sup> Indian Science Congress held at Andhra University.

**RESOURCE PERSON**

- Demonstration Given on Bhatia Battery of Intelligence, RPM, BKT, and Draw- A- Person Test on 26<sup>th</sup> and 27<sup>th</sup> February, 2024, during 6 Days workshop on “Psychological and Disability Assessment under Enhancement of Professional Capacities” conducted by Department of Teacher Training & Non-Formal Education (IASE), Faculty of Education, Jamia Millia Islamia.

**MAJOR RESEARCH INTERESTS**

- Qualitative and Quantitative data analysis, Statistical Analysis
- Positive Psychology, Cognitive Psychology, Onco Psychology
- Applied Psychology, and experimental Psychology

**REGISTRATION:**

- Rehabilitation Psychologist, registered by Rehabilitation Council of India.

**SCHOLARSHIP/AWARDS**

- Best paper awards, National Seminar on positive psychology, Amity University, Noida, March, 2017
- Membership Scholarship, Multinational Association of Supportive Care in Cancer.
- Scholarship for the Columbia University episummer course entitled “Advanced Meta-Analysis.”

**MEMBERSHIP IN PROFESSIONAL SOCIETY**

- Indian Science Congress Association
- Multinational Association of Supportive Cancer Care, Scholarship
- Indian Association of Supportive Cancer Care.
- American Psychological Association.