

KOMAL

Psychologist

Contact

Address

Greater Noida, UP 201306

Phone

7015527367

E-mail

komalsingla290@gmail.com

Skills

Individual and Group
Counseling

Online Counseling
(Audio/Video/Chat)

Face-to-Face Counseling

Psychological Assessment

Group Therapy

Behavioral Problem
Identification

C

C++

HTML

CSS

VISUAL STUDIO

SQL

DBMS

MS WORD

MS EXCEL

Languages

Passionate and dedicated PGT Psychology educator with over years of experience in teaching psychology, school counseling, and academic administration. Adept at creating effective lesson plans, managing classroom environments, and supporting student development through personalized academic and emotional guidance. Proficient in administrative tasks including CBSE reporting, document verification, and candidate handling.

Work History

2024-04 -
Current

PGT Psychology Cum School Counsellor

Modern School , Greater Noida

PGT Psychology:

Designed and delivered engaging lesson plans for senior secondary students based on the CBSE Psychology curriculum.
Conducted assessments and facilitated interactive learning experiences to deepen students' understanding of complex psychological concepts. Prepared students for board examinations through targeted instruction, mock tests, and personalized academic support.

School Counsellor:

Provided individual and group counselling to students on academic, personal, and social issues. Implemented mental health programs and workshops to promote well-being and emotional resilience among students.
Collaborated with teachers and parents to address behavioral and emotional challenges, ensuring a supportive learning environment.

Academic Counselling:

Guided students in choosing appropriate career paths based on aptitude, interests, and academic performance.
Assisted students with subject selection, exam preparation strategies, and career-related decision-making.

Administrative Work:

Managed reception, answered queries, and facilitated smooth communication between parents, staff, and students.
Handled phone calls, including candidate calling for recruitment, providing updates, and confirming

English

HINDI

appointments.
Performed document verification and data entry to ensure proper record-keeping.
Assisted in reporting, compiling data for attendance, and academic performance reports.

2021-01 -
2022-01

Psychologist
SHANTI HOME REHABILITATION CENTER, GREATER NOIDA

- Conducted face-to-face counseling sessions at corporate client premises, addressing a diverse range of mental health issues.

2022-01 -
2023-01

Psychologist
SAHDEO HOSPITAL, GREATER NOIDA

- Successfully provided online counseling via audio, video, and chat platforms, demonstrating adaptability to technology-driven therapeutic approaches.

Education

*POST GRADUATE DIPLOMA IN GUIDENCE AND COUNSELLING, 2024
*MASTERS IN CLINICAL AND COUNSELLING PSYCHOLOGY, GAUTAM BUDDHA UNIVERSITY, 2023,
*BACHELORES IN PSYCHOLOGY HONOURS, PUNJAB UNIVERSITY,CHANDIGARH, 2021,
*DIPLOMA IN COMPUTER APPLICATIONS, 2018,
*B.ED IN SPECIAL EDUCATION PURSUING

Psychologist

- PSYCHOLOGIST, 2021-01-01, 2022-12-31, SHANTI HOME REHABILITATION CENTER, GREATER NOIDA
- PSYCHOLOGIST, 2022-01-01, 2023-12-31, SAHDEO HOSPITAL, GREATER NOIDA

Research

Relationship between perceived social support and psychological well being among college going students

References

DR. PRATIBHA SINGH, Pratibhasingh721@gmail.com,
SAHDEO HOSPITAL