



APRAJITA DIXIT

A Consultant Clinical Psychologist (RCI Registered), Child & Adolescent Psychologist (RCI Registered) and Family Counselor, Institute of Mental Health, Moolchand Medcity, New Delhi and Academic Coordinator of Expressions India- The National Life Skills, School and Community Wellness Program, New Delhi.

SKILLS

Child Psychology

Clinical Psychology

Counseling

Psychotherapy

*Psychological Testings
and Assessments*

*Training and Capacity
Building Programs*

Life Skills Promotion

Research Development

Ms Aprajita Dixit was involved as a Holistic Health & Wellness Counselor in the SMARTGRAM Project based on The **Rashtrapati Bhavan Smart Township Experience**. With an MPhil in Clinical Psychology (RCI Registered) from Postgraduate Institute of Behavioural and Medical Sciences, Raipur and an Advance Diploma in Child Guidance and Counseling from National Institute of Public Cooperation and Child Development (NIPCCD) under Ministry of Women & Child Development, she is currently a working member of **MANODARPAN Initiative of Atamanibhar Abhiyaan** for psychosocial support for students, teachers and family (during the COVID-19 and beyond) under the aegis of Ministry of Education, Govt. of India.

Ms. Dixit also has a **Life Membership of Indian Academy of Health Psychology**. She has been an **Editor of Indian Journal** of School Health and Wellbeing (May-AUGUST 2016-Present, Vol2, NO,3) and has also developed the **Peer Educators Manual** for Life Skills Promotion and School Mental Health Promotion in India under the expertise of Expressions India. Being a Team Member in developing the **Mental Health, Safety Manual and Life Skills Education Content for CBSE**, she has conducted workshops for the stakeholders and allied members of **District Child Protection Unit-III** (South & South East) & **Department of Women & Child Development**, Govt. of NCT of Delhi.

ORG. WEBSITE

<http://expressionsindia.org/>

Ms. Aprajita Dixit is a Council Member, Association of Indian School, University Counselors and Allied professionals (**AISUCAP**). Recently, she has authored two books on Psychosocial Impact of COVID-19 for children, adolescents, youth and elderly population, **National Book Trust, Ministry of Education**. (June 2020). She has also conducted a series of trainings for empowerment of **Teachers, Parents & Counselors about POCSO Act & Allied Safety Curriculum**.



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