

# Bhavini Tiwari

## Clinical Psychologist

Driven and compassionate Clinical Psychologist with two years of intensive, hands-on training. Skilled in psychological assessment, diagnosis, and evidence-based interventions across diverse populations. Dedicated to fostering emotional well-being through ethical, client-centered care and a strong grounding in clinical research and psychotherapy.



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9648142650

## SKILLS

Applied Behaviour Analysis (ABA)

Behaviour Therapy

Cognitive Behavioural Therapy (CBT)

Acceptance & Commitment Therapy (ACT)

Exposure and Response Prevention (ERP)

Dialectical Behaviour Therapy (DBT)

Psychological Assessment

Case History Intake

Psychoeducation

## LANGUAGES

English  
Native or Bilingual Proficiency

Hindi  
Native or Bilingual Proficiency

## WORK EXPERIENCE

### Clinical Psychologist Trainee

2023 - 2025

Lucknow, India

### Research Assistant Indian Institute of Technology, Delhi

12/2022 - 03/2023

Varanasi, IN and Allahabad, IN

Project: 'Divine Ganges, Profane Development: Sacred Geographies and the Governing of Pollution' a collaborative project of IIT-Delhi, Orebro University and Lund university.

### Intern Allahabad Child Development Centre

02/2022 - 03/2022

Allahabad, India

## ORGANIZATIONS

### Umeed Rehabilitation Centre

Gained extensive clinical experience across Case History Taking, Child Psychological Assessments and Clinical reporting.

### Nur Manzil Psychiatric Centre

Gained clinical experience in adult psychiatric intake, MSE, comprehensive assessments, and psychotherapy (CBT, ERP, supportive, behavioral) across diverse populations including schizophrenia, mood disorders, OCD, and intellectual disabilities.

### PYSSUM School for Special Needs

Refined expertise in child and development psychology, specifically in an integrated classroom setting in collaboration with teachers. Provided interventions using Applied Behaviour Analysis.

### Nirvan Psychiatric Centre

Cultivated strong proficiency in assessment and psychotherapy with individuals with substance abuse problems and personality disorders. Conducted group psychotherapy for individuals with Alcohol Use Disorder.

### Command Hospital

Collaborated with multidisciplinary teams to develop IEPs and delivered individual behavioral interventions using Applied Behavior Analysis for children with Autism, ADHD, intellectual disability, and behavioral issues.

### ASHA School

Delivered individual and group play therapy using behavioral techniques in a special school setting, and provided individual psychotherapy for adolescents with emotional difficulties and intellectual disability in collaboration with educators and therapists.

## EDUCATION

### M.Phil. Clinical Psychology Amity University, Lucknow Campus

08/2023 - 06/2025

Lucknow, India

Courses

- Dissertation titled "Psychological Inflexibility and Body Image-related Cognitive Fusion in Young Women Practicing Dietary Restraint"

## EDUCATION

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### **Master of Arts in Psychology** **University of Allahabad**

2020 - 2022

Allahabad, India

Courses

▣ 75.5%

### **Bachelor of Arts** **University of Allahabad**

2017 - 2020

Allahabad, India

Courses

▣ 63.25%

## ACHIEVEMENTS

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### **GATE-2021**

Organized by IIT Bombay, Score: 445 (Qualified)