Karanbir Singh

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+91 79732 67100

Motivated towards career, quick learner, disciplined, punctual, highly communicative. A compassionate

doctor with knowledge of medical conditions. Passion for helping patients to improve health and wellness, with mutual growth and profit.

Interested in de-addiction ,psychopharmacology and psychotherapy.

Work Experience

Psychiatrist

S.G.L Charitable hospital ,Jalndhar ,May 2024

at MIND CARE HOSPITAL AND DE-ADDICTION CENTRE, AMBALA

September 2023 to April ,2024

- 1. Prescribed, directed and administered psychotherapeutic treatments, medications ,MECT to treat various mental, behavioral and emotional disorders.
- 2. Analyzed and evaluated patients' data and tests and examined findings to diagnose nature and extent of mental disorders.
- 3. Reviewed and evaluated treatment procedures and outcomes in order to present accurate case reports.
- 4. Gathered and maintained patient information and social and medical history obtained from relatives, patients and other professionals.
- 5. Counseled outpatients and other patients during office visits and designed individualized care.
- ${\bf 6.}~{\bf Advised}~{\bf or}~{\bf informed}~{\bf guardians},~{\bf relatives}~{\bf or}~{\bf significant}~{\bf others}~{\bf of}~{\bf patients'}~{\bf conditions}~.$
- 7. Cultivated interpersonal skills by building positive relationships with others.
- 8. Proven ability to learn quickly and adapt to new situations.
- 9. Proved successful working within tight deadlines and a fast-paced environment.
- 10. Worked effectively in fast-paced environments.
- 11. Demonstrated a high level of initiative and creativity while tackling difficult tasks.
- 12. Passionate about learning and committed to continual improvement.

Intern Doctor

Guru Nanak Dev Hospital, Amritsar - Amritsar, Punjab March 2017 to March 2018

Evaluated patient histories, complaints and current symptoms to understand conditions and begin diagnostic processes.

- Provided routine and emergency medical care to patients.
- Wrote and updated patient prescriptions.
- Educated patients about procedures, conditions, and medications.
- Performed clinical procedures such as collecting blood.

- Collected information about patient histories, current conditions, and vital statistics to make accurate determinations about conditions.
- Interviewed patients concerning physical complaints, discussed symptoms, asked questions and suggested treatment options, with the help of specialists.
- Identified serious conditions and emergency situations and immediately referred to the hospital for prompt care

Education

Md in Psychiatry

Kalinga Institute of medical sciences - Bhubaneshwar, Orissa July 2020 to july 2023

M.B.B.S

Uzhhorod state national university - Uzhhorod

Academics

Thesis-to analyse risk factors for relapse among a cohort of patients of alcohol dependence syndrome

Publication-Case-based Insights into Managing Coexisting Rheumatoid Arthritis and Schizophrenia

Paper presentation - 1st position on case report Buprenorphine induced psychosis.