

MANISH KUMAR

Clinical Psychologist

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EXPERIENCE

Counselling Psychologist

Manas Foundation

📅 04/2022 - 08/2022 📍 New Delhi

A foundation focused on mental health outreach

- Worked at a juvenile jail (Observation Home) as part of Manas Foundation's mental health outreach
- Provided individual counseling and psychological support to juveniles in conflict with the law
- Conducted group sessions on emotional regulation, behavior modification, and substance use awareness
- Collaborated with correctional staff and legal authorities for case planning and rehabilitation

Psychology Intern

Earth Saviours Foundation

📅 02/2019 - 03/2019 📍 New Delhi

A foundation providing support for various health challenges

- Observed and engaged in care for individuals facing chronic illness, skin disorders, HIV/AIDS, cancer, and geriatric issues
- Gained exposure to community-based psychological support and inclusive mental health care

Psychology Intern

IHBAS Hospital

📅 06/2018 - 07/2018 📍 New Delhi

A hospital specializing in mental health care

- Observed psychiatric OPDs and IPDs, understanding diagnostic processes and treatment approaches
- Attended case presentations and clinical rounds under the supervision of mental health professionals

Psychology Intern

GTB Hospital

📅 06/2017 - 07/2017 📍 New Delhi

A hospital with departments focused on adult and child psychiatry

- Observed psychiatric cases across adult and child psychiatry departments
- Developed basic clinical observation and patient interaction skills in a hospital setting

EDUCATION

M.Phil. in Clinical Psychology

ABVIMS & Dr. RML Hospital

📅 01/2023 - 01/2025 📍 New Delhi

M.A. (Hons.) Clinical Psychology

Banaras Hindu University

📅 08/2019 - 06/2021 📍 Varanasi

B.A. (Hons.) Applied Psychology

University of Delhi

📅 09/2016 - 05/2019 📍 New Delhi

PROFILE

Dedicated and empathetic Clinical Psychologist with a solid foundation in assessment, diagnosis, and therapeutic interventions for diverse populations. Seeking a meaningful opportunity where I can apply evidence-based practices to support mental health, enhance resilience, and contribute to holistic client well-being. Committed to lifelong learning, ethical practice, and interdisciplinary collaboration.

LANGUAGES

English

Native



Hindi

Native



SKILLS

Psychological Assessment & Diagnosis

Case Formulation and Clinical Interviewing

Evidence-Based Therapy

Crisis Intervention & Risk Management

Clinical Documentation & Report Writing

Multidisciplinary Team Collaboration

Effective Communication

Active Listening

Ethical & Confidential Practice

HOBBIES



Cricket



Football



Singing