

CURRICULUM – VITAE

Saloni Chhabra

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Career Objective:

- Aiming to join a dynamic healthcare organization as a Clinical Psychologist, where I can employ my Clinical expertise to assess, diagnose, and treat mental health concerns, and contribute to the development of innovative psychological services.

Outline:

- Active listener and Good communication skills, fostering an engaging and supportive learning environment.
- Psychological testing including IQ and Neuropsychological Batteries.
- Psychodiagnostics and Personality testing.
- Cognitive and Behavior Psychotherapies.
- Couples Therapy and Family Therapies.
- Research writing and interpersonal skills.
- Proficiency in data analysis with understanding of software like SPSS.
- Skilled in Interview taking (Clinical Interview).
- Intervention Planning and Adept at conflict resolution.
- Self-motivated with a Passion for Teaching, Research, and Student Development.

Educational Profile:

Qualification	CGPA & Institute
National Qualifications (2022)	Gate Qualified (XH- Psychology), Net Qualified
Mphil in Clinical Psychology (2023 Feb-2025 July)	ABVIMS & Dr RML Hospital
Post Graduate Diploma in Guidance and Counseling (2022-2023)	Jamia Milia Islamia, New Delhi-43
Masters in Psychology (Aug 2020- Aug 2022)	(8.93), Banaras Hindu University
Bsc Clinical Psychology (July 2017-July 2020)	(8.33), SGT University (Gold Medal)
Higher Secondary Certificate Examination (2016-2017)	(69.7 %), H.C.S (Delhi)
Secondary School Certificate Examination	(8.8), H.C.S (Delhi)

(2014-2015)	
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Research Publications

- Research Publication on “Resilience, Gratitude, Affectivity, Life Satisfaction and Death Anxiety among Adults” in International Journal of Indian Psychology 2023.

Paper Presentations

- Presented Research Paper on Association of Parental Bonding and Personality Factors with Mild Depression in National Conference “Psychology in a Globalized World” 2025.
- Presented Research Paper on “Resilience, Gratitude and Death Anxiety among Adults” at 57th National & 26th International Conference of Indian Academy of Applied Psychology.
- Presented Research Paper on “Resilience and well- being among Day scholars” at ICCBI 2018 (International conference on cognitive Behavioral Interventions).

Supervised Research Experience

- Dissertation successfully completed under Dr. Satyam (HOD, Department of Clinical Psychology, ABVIMS and Dr RML Hospital) on ‘Role of Personality Factors on the Association between Parental Bonding and Depression in Persons with Mild Depression (2024).
- Dissertation successfully completed under Dr. Waheeda Khan (Dean, FBS) on resilience, gratitude and death anxiety among adults (2020).
- Scholar Project- I successfully completed research project on resilience and well-being among day scholars under Dr. Ashwani Pundeer (Assistant Professor) in 2018.
- Synergy 2017- Presented a project on “Attention Span” from Department of Psychology at synergy 2017 at SGT University on 9th- 11th November 2017.

Internships:

1. Manobal klinik under Dr. Renu Bhatia, Clinical Psychologist at Rajouri Garden, New Delhi- 27 (August 2021).
2. World brain Hospital under Dr. Priyanka Verma, Clinical Psychologist at Dabri More, New Delhi- 45 (January 2019)
3. A beautiful mind clinic under Dr. Rajiv Sharma, Psychiatrist and Ms. Sarika Bisariya, Psychologist and Special educator at janakpuri, New Delhi- 58 (July 2019).

Achievements

1. Scored 1st position in graduation (Bsc Clinical Psychology).
2. Research Publication on “Resilience, Gratitude, Affectivity, Life Satisfaction and Death Anxiety among Adults” in International Journal of Indian Psychology.
3. Qualified UGC NET (2022) and GATE (2022).
4. Presented papers in various national and international Conferences.
5. Attended various workshops of hypnosis and also, seminar of case discussion in Ibhas.

6. Done various internships in fields of Clinical Psychology
7. Certificate course (6 months) in Student Psychology (SWAYAM) in 2022.
8. Certificate course (3 months) in Soft skill Development (NIPTEL) in 2021.
9. Participated in 10 day National workshop on Research Methods in Behavioral Sciences (7 March 2022- 16 march 2022).
10. Participated Poem on schizophrenia in “Poem competition on Psychological Disorder” in Online National event PSYCHO-GALAXY, organized by Department of Psychology, Hislop College, Nagpur (18 march 2023).

Experience:

- Counselling Psychologist at Mind Solace. (2019-2022)
- Psychologist at IHBAS Hospital, New Delhi. (2022 Sep -2023 Feb)

Personal Details:

Date of Birth	:	12 th November 1998
Nationality	:	Indian
Language	:	Hindi & English
Marital Status	:	Unmarried
Father's name	:	Mr. Satish Chhabra
Permanent Address	:	Najafgarh, New Delhi
Hobbies	:	Listening to music& Cooking and Dancing.

Declaration:

I hereby declare, that all the above given information are true to the best of my knowledge.

Date. 03.06.2025

Place. New Delhi

(SALONI CHHABRA)