

PARINITHA KODALI

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[LinkedIn](#)

PROFILE

A Master's Candidate in Clinical Psychology (eligible for BPS accreditation) with a strong foundation in various aspects of the field, including counseling, clinical work, psychotherapy, and content development. Eager to embark on a career in the psychological field to deepen practical skills and expand knowledge. Committed to contributing to mental health, psychological care and patient care through hands-on experience and continuous learning. I am interested in working in assistant psychologist, PWP, educational mental health practitioner, teaching assistant roles.

WORK HISTORY

~ ASSISTANT PSYCHOLOGIST

02/2024 - 07/2024

Central and North West London NHS Foundation Trust

- An Honorary Assistant Psychologist Student Placement at Horton Haven Rehabilitation Center
- My main responsibilities included patient engagement, being an active part of the multidisciplinary team (MDT), shadowing MDT members to understand their roles and NHS Services, conducting behavioral observations, writing detailed reports. I have also helped patients take steps to get back to daily community activities and engaged in their treatment care plan, therapy interventions, group sessions, etc.

~ CONTENT WRITER/ RESEARCHER

07/2021 - 09/2024

Global Internship Research Program, IJNGP

- Researched and developed psychology-related content
- Delivered engaging, in-depth articles efficiently and on time gaining great knowledge about various topics related to psychology
- Published articles on mentor's social platforms covering topics like Blake's Mythology, Four Quadrants, Language, Phobia, Trauma, and Quantum Reality

~ CLINICAL PSYCHOLOGY INTERN

06/2021 - 12/2021

Sree Manasa Psychiatric Hospital, Vijayawada

- Proficient in therapeutic techniques: aversion therapy, abreaction, Rational Emotive Therapy
 - Skilled in psychological assessments, behavioral observation, counseling, crisis intervention
 - Strong communication skills: written & verbal, active listening
 - Experienced in diagnosing mental health disorders: depressive disorders, anxiety disorders, schizophrenia, personality disorders, SEND, etc.
 - Gained thorough experience working with inpatient and outpatient populations (children, adults)
 - Efficient in patient care, time management, and fostering relationships
 - Collaborative team member with a focus on individual behavior and perceptions
 - Conducted classes for hospital staff offering valuable inputs on patient care and assessments
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EDUCATION

09/2023 - 09/2024 - Master of Science: Clinical Psychology

Royal Holloway University of London, Egham

Currently pursuing with a keen emphasis on subjects relation to Professional Clinical Practice and Skills, Adjustment & Well-being, Statistics for Research, Clinical Treatment & Approaches, Advanced Research Methods

11/2022 - 02/2023 - Diploma course in Evidence-Based Psychotherapies

Cognizavest

- *Successfully completed the training course with **first class honors***
- *Coursework consisted diverse range of topics as: CBT, REBT, Family therapy, Behavioral Therapy and Behavior Management, Group Therapy, DBT, Mindfulness-based Interventions,*
- *I have gained both theoretical knowledge and training experience in the course topics extensively throughout the course and later in my master's education*

08/2019 - 07/2022 - Bachelor of Science: Clinical Psychology

Amity University, Mumbai

- *Completed my undergraduate studies with **first class honors***
- *Coursework consisted diverse range of topics as: Experimental Psychology, Psychological Disorders, Organizational Behavior, Social Psychology, Cognitive Psychology, Forensic Psychology, Educational Psychology, Counselling Psychology, Psychological Assessments, Developmental Psychology, Life Span Development, Children with Special Needs*

06/2017 - 04/2019 - Higher Secondary Education/ A Levels

Sri Chaitanya Junior College

- *Completed my studies with **first class honors***
 - *Coursework consisted of Botany, Zoology, Physics, Chemistry, English and Sanskrit*
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PROJECTS

- Presented a research paper abstract on Social Anxiety in Young Adults at Amity University Maharashtra's National Conference on Community Mental Health (2020)
 - Conducted an Undergraduate Dissertation investigating the correlation between Experiencing Ambivalent Sexism and Self-Esteem in Young Adults
 - Successfully completed a Research Internship with International Journal of Neurolinguistics and Gestalt Psychology (IJNGP), generating content on diverse topics such as Blake's Mythology, Phobias, Language, Quantum and Demystification of Self, 6 Questions, and Trauma (PTSD)
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ADDITIONAL INFORMATION

- Successfully finished an online course on Coursera on the topic Addiction treatment: Clinical Skills for Healthcare Providers from Yale University
 - Successfully finished an online course on Coursera on the topic Love: a Force for Social Justice from Stanford University
 - Participated in Psychological discussion Groups, Psychology awareness events and societies
 - Worked for an online psychology community as an active-listener and helped over a 500 people through the role during COVID-19 pandemic
 - Attended and practiced courses on Counselling Psychology and Clinical Psychology
 - Recently started Specialisation in School Health for Children and Adolescents from University of Colorado - Coursera Online Specialisation.
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