Curriculum Vitae of Dr Sonakshi Chhiber

**Name**: Dr Sonakshi Chhiber

**Post-graduation** –MD Psychiatry from B.J Medical College and Civil Hospital Ahmedabad

**Graduation** –Government Medical College, Bhavnagar, Gujarat

**School:** Blue Bells International School East of Kailash, New Delhi

**Achievements:**

* Dissertation titled “**Caregiver Burden and Scio-occupational functioning in Schizophrenia in reference with the level if Insight”**
* Poster presentation (E-Poster) of Psychiatric comorbidities in patients with Irritable Bowel Syndrome “ at 73rd Annual National Conference of Indian Psychiatric Society (ANCIP ) for 24th march to 26th March,2022 ,Vizag Conventions ,PM Palem Vishakhapatnam
* **ORAL PAPER PRESENTATION** of **“Caregiver Burden and Socio -occupational functioning in Schizophrenia in reference with the level of Insight”** In the 53rdst Annual Conference of Indian Psychiatric Society (IPS), Western Zonal Branch, NIO Dona Paula- Goa from 28th to 30th October 2022.
* **PUBLICATION: “A Study to Assess Depression, Anxiety and Alcohol Use among Men with Erectile Dysfunction and Premature Ejaculation”** was published in Volume 11 Issue 12, December 2022 in International Journal of Scientific Research.
* Attended one month of posting in neurological department (Time period )
* Attended 5.5 months of posting in child and adolescent Psychiatry unit (Time period)
* **Conducted and assisted in a number of Community Psychiatry campaigns organized by B.J. Medical College, Ahmedabad, Gujrat as a part of National Health Program. The department has regular participation in health camps conducted in rural areas in the state.**
  + **19.10.20-Webinar in basics of Psychiatry for UG students and interns**
  + **09.10.21 On occasion of World Mental Health Day, I attended awareness program on “Line between self-help and professional help” (conducted by Psychiatry department BJ Medical College).**
  + **10.12.21 World mental health Day Celebration ceremony awareness in nursing staff regarding mental health (conducted by Psychiatry department BJ Medical College)**
  + 10.09.2022 Awareness program on world suicide prevention Day for students **(conducted by Psychiatry department BJ Medical College)**
* Administrative Organizational activities-Organization of intensive Jung workshop by Ahmedabad Jung centre
* Cleared MRCPsych Paper A in November 2023

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**Career Objectives; In** pursuit of opportunity in a well reputed organization where I can utilize my existing skills and can expand my pool of experience and skills.

**Skills:**

* Leadership
* Good Interpersonal Skills
* Creative mind-set
* Compassionate

**Languages:** Hindi, English, Guajarati

Fathers’ Name: Dr Sanjeev Chhiber

Mother’s Name Dr Shalini Chhiber