**Dr. Chirag Ambaliya**

**Professional Resume**

**Professional Summary**

Dedicated psychiatrist with extensive experience in clinical practice, research, and education. Expertise in treating diverse mental health conditions, with a focus on innovative therapies and patient-centered care. Proven record of contributing to academic literature and advancing the field of psychiatry.

**Education**

* 🎓 **Bachelor of Medicine and Surgery:** C.U. Shah College (June 2012 - April 2018)
* 🎓 **M.D. Psychiatry:** Government Medical College, Bhavnagar (May 2020 - May 2022)

**Professional Experience**

* 🩺 **Consultant Psychiatrist**  
  **Rudra Neuropsychiatry and Deaddiction Centre, Deesa** (June 2024 - Present)  
  Delivered specialized psychiatric care, focusing on addiction and neuropsychiatric disorders.
* 🧑‍🏫 **Assistant Professor**  
  **Pacific Institute of Medical Science** (July 2023 - November 2024)  
  Mentored postgraduate students and conducted advanced research in psychiatric therapies.
* 🏥 **Senior Resident**  
  **Pacific Institute of Medical Science** (July 2023 - April 2024)  
  **Government Medical College, Bhavnagar** (October 2022 - May 2023)  
  Managed complex psychiatric cases, provided supervision, and supported multidisciplinary teams.
* 🩺 **Consultant Psychiatrist**  
  **Hospital for Mental Health, Jamnagar** (May 2022 - October 2022)  
  Delivered comprehensive mental health services and improved patient outcomes.

**Research and Publications**

**Published Articles:**

1. 📄 *The Menace of Type 2 Diabetes to Anxiety and Depression Prevalence*  
   (Indian Journal of Public Health Research and Development, Vol 14, Issue 1, 2023 - EMBASE)
2. 📄 *Perceived Stress, Anxiety, Depression, and Coping Strategies in Wives of Patients with Alcohol Dependence*  
   (International Journal of Toxicological and Pharmacological Research, Vol 13, Issue 1, 2023 - EMBASE)
3. 📄 *Anxiety and Depression in Post-COVID-19 Mucormycosis Patients*  
   (International Journal of Advanced Research, Vol 11, Issue 1, 2023 - DOAJ)
4. 📄 *Valproate-Induced Cerebellar Syndrome*  
   (International Journal of Scientific Research, Vol 12, Issue 2, 2023 - DOAJ)
5. 📄 *Sildenafil-Induced Psychosis: A Rare Case Report*  
   (International Journal of Advanced Research, Vol 11, Issue 1, 2023 - DOAJ)
6. 📄 *Quality of Sleep, Burnouts, Anxiety, and Depression in Rotatory Shift Workers*  
   (Advances in Human Biology, Vol 13, Issue 3, 2023 - DOAJ)
7. 📄 *The Efficacy of Lysergic Acid Diethylamide for Psychological-Assisted Therapy: Systematic Review and Meta-Analysis*  
   (International Journal of Advanced Research, Vol 11, Issue 4, 2023 - DOAJ)
8. 📄 *The Therapeutic Potential of Psychedelics for Mental Health Disorders: A Review of Current Evidence*  
   (Citation Index, Vol 12, Issue 5, 2023)

**Accepted Articles:**

* ✅ *Systematic Review and Meta-Analysis of Clinical Perspective in Trichotillomania*  
  (Indian Journal of Public Health Research and Development, 2023)
* ✅ *Prevalence of Food Addiction and Its Association with Anxiety and Depression in Medical Students*  
  (Annals of Indian Psychiatry, 2023)

**Key Skills**

* 🧠 Expert in treating addiction, depression, and anxiety disorders.
* 💻 Skilled in virtual therapy and new therapy techniques, including psychedelic-assisted therapy.
* 📚 Strong academic and research proficiency, with multiple peer-reviewed publications.
* 👨‍🏫 Effective educator and mentor for medical students and residents.

**Professional Development**

* 🌟 Active participation in national and international psychiatry conferences.
* 🤝 Ongoing collaboration with multidisciplinary teams to develop innovative psychiatric treatments.

**Contact Information**

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