

# BIDISHA DEKA

## PROFILE SUMMARY

Compassionate Clinical Psychologist with a proven track record of providing exemplary mental health care and support to individuals of diverse backgrounds. Possessing advanced knowledge of psychological theories, therapeutic techniques, and assessment tools, I am dedicated to promoting emotional well-being, fostering resilience, and facilitating personal growth in my clients. With a strong commitment to evidence-based practices and ongoing professional development, I offer a safe and nonjudgmental environment for clients to explore their challenges, develop coping strategies, and achieve meaningful change. Through my dedication to improving mental health outcomes, I strive to make a positive impact on the lives of those I serve while contributing to the advancement of the field.

## EDUCATION

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### **Master of Arts in Clinical psychology**

(M.A. Clinical Psychology)

2021 - 2023

CGPA - 8.4

First division

Amity University Noida, Uttar Pradesh

### **Bachelor of Honors in Applied Psychology**

(B.A. Honors Applied Psychology)

2018-2021

CGPA - 8.5

First division

Amity University Noida, Uttar Pradesh

### **12<sup>TH</sup> Science (PCMB)**

2016-2018

Percentage – 75%

First division

Faculty Higher Secondary School, Amingaon, Guwahati

### **KG – 10<sup>th</sup> class**

2006-2016

Percentage 10<sup>th</sup> class – 70%

First division

St. Mary's Higher Secondary School, Guwahati



## CONTACT

### **PHONE:**

**+91 8638234965**

### **EMAIL:**

**[dekabidisha84@gmail.com](mailto:dekabidisha84@gmail.com)**

## HOBBIES

- ✓ Public speaking
- ✓ Mentoring
- ✓
- ✓ Cooking
- ✓ Learning languages
- ✓ Writing
- ✓ Traveling

## LANGUAGES (FLUENT)

- ✓ English
- ✓ Hindi
- ✓ Assamese

## SKILLSET

- ✓ Microsoft Office Suite (Word, Excel, PowerPoint)
- ✓ Active listening
- ✓ Effective communication
- ✓ Excellent presentation skills
- ✓ Basic statistical knowledge
- ✓ Creative problem solving
- ✓ Excellent writing and speaking skills.
- ✓ Basic Graphic Design (Canva, Adobe)

## WORK EXPERIENCE

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### **Green Pencil Foundation, New Delhi**

August – October 2020

Certified internship in the Human Resources Department

### **Umeed A Drop of Hope (NGO)**

September – December 2021

Certified internship in Social work volunteering as the Coordinator

### **Sambhaj NGO, New Delhi**

September – December 2021

Volunteered as the Human Resource Coordinator

### **Psy- मन, New Delhi**

September – October 2021

Clinical/Counselling psychology internship

### **Psy- मन, New Delhi**

March – May 2022

Internship in Psychotherapy and Psychological assessment

### **Psyconnect and Life Forward Foundation**

February – May 2022

Social community and outreach program

### **VIMHANS - Vidyasagar Institute of Mental Health, Neuro & Allied Sciences**

June – August 2019

Clinical psychology internship