

## SONALI GROVER

### Professional Objective

Build a career in the field of Child Psychology and Counselling.

### Experience and Achievements

- Currently working as a **Sr. Psychologist at London Learning Centre (April 2021 till present)**
- Worked as a **Sr. Lead Child Psychologist at Mom's Belief. (January 2021 till April 2021)**
- Worked as a **Child Psychologist (Rehabilitation)** since October 2018 till January 2021 under the guidance of Senior Child Psychologist Ms. Satinder Kaur Walia
  - Administration of Psychological testing at BLK Memorial hospital, New Delhi and Kidspiration Clinic, Gurgaon.
  - Scoring and Report writing of Psychoeducation evaluations.
  - Paper work and Computer work associated with Assessments.
  - Coordinating with other Psychologists in the team.
- Handling an Instagram page "the\_greenleaf20" highlighting about Mental issues and spreading awareness and positivity all around by Conducting workshops with college students and undertaking individual and group counselling.  
Recently conducted a happiness workshop for students of Shri Venkateshwar college, Delhi University for focusing on their strengths.
- Worked with **ACE (Autism Centre for Excellence) since July 2017 till October 2018, Gurgaon** as a **Case Manager (Behavior therapist)**
  - Working under an ABA based Set up.
  - Handling challenging behaviors and implementing behavior modification techniques.
  - IEP (Individualized educational Program) goal setting and implementation of the programs and monitoring the progress.
  - Conduction of Core Skills assessment and VB-MAPP assessment.
  - Organizing Team Building activities for the staff every weekend and supporting HR team.
  - Making Ace Corridors colorful and attractive as a part of fantastic Davichi initiative.
- Worked at **Swamaan Learning Centre, Rohini** as an Intern.
  - Took Case histories and had interactive sessions with parents.
  - Conducted a workshop for staff of Swamaan on ABA.
  - Conducted various related Assessments under the supervision of Mr. Anil Sangwan, Clinical Psychologist.
  - Learnt behavior modification strategies and conducted Assessment under supervision for behavior identification
  - Developing a Behavior modification plan and implementing through successive sessions.
  - Observed and conducted Special Education sessions and Occupational Therapy

sessions for children with varied disabilities under the supervision of  
**Ms. Geetu Dhawan, Special Educator and Counsellor.**

- Conducted a research study on **Social Competence, Expressivity and Psychological well-being of adolescents** as a part of dissertation thesis in the master's programme.
- Worked at **BLK memorial hospital**, New Delhi as an intern.  
under the expert guidance of Dr. Sudarsanan (Psychiatrist) and Ms. Satinder Kaur Walia (Child Psychologist)  
Observed Counselling sessions and assisted in scoring of psychometric tools.
- Worked at **Pals for Children**, Rajouri Garden as an intern.  
Under the **Clinical Psychologist, Dr. Deepali Batra**, attended workshops on **School Mental Health, adolescent issues etc.**
- Worked at **DeePalaya , Special unit Sanjay Colony**, New Delhi as an **intern**  
assisted in special education and went for community visits to help the under privileged with various disabilities.
- Interned at **Inspiration-**, Multi-Disciplinary Center for Special Needs, Moti Nagar, New Delhi  
Observed a few sessions of Special Education and Occupational Therapy.
- Worked as **President of Luminoso** at Fine Art Society of **Kamala Nehru College**
  - Organizing fine arts exhibitions and other social events
  - Creating and Presenting a movie for orientation of new members
  - Designing certificates and catalogue
  - Awareness programs –sensitizing through art forms
  - Managed social media page for society updates on competitions and media gallery.
  - Conducting workshops and leading the team together.
- Worked at **Centre for Science and Environment** as an **Intern**
  - Project Undertaken: collection and comparison analysis of data of pollution in coastal areas, hydal project, CRZ housing projects.
  - Worked on impact of changing climatic conditions on living beings and environmental hazards.
- Worked with a leading buying House "**Tradewinds Services Ltd** ", New Delhi as an **Intern**  
-worked on a project Azo free dyes for fashion fabric used for exports
- Worked with **Teach For India** as an Intern  
worked on a Literacy Project in Government schools and taught the under privileged children to interact in English, worked on their general grooming and make them learn eco-friendly ways.
- Worked as **Earth Ambassador for Green Revolution program by ICCE**, International Centre for Culture and Education supported by United Nations (under Teach SDG project)  
Was in a leadership role for Pursuing and Mentoring other students in an Environmental Awareness project, Rio project and Climate Change project.
- Actively involved with NGO, **Sakshi Foundation, New Delhi** and **volunteered** in campaign "Steer to safety"-Emphasizing Road Safety by role Play and awareness programs.
- **Volunteered** for Anti-drug and Anti ragging campaign in Kamala Nehru College with **Leaders for tomorrow.**
- Represented college and attended workshop on "**Organic Farming in India**" at **India Habitat Centre.**
- **House Captain** of the school and **Environment club incharge** in school.

## Skills and Expertise

- Good communication skills
- Leadership -People's Person
- Empathetic and Active listener
- Team Player
- Compassionate
- Negotiation Skills
- Creative and Innovative
- Responsible
- Honest and Committed
- Organizational Skills
- Social Media Content Editing
- Environment sensitive
- Keen Learner
- Techno savvy

## Awards and Certification

- Received '**Principal s Special Award for Volunteering** ' for my contribution towards society during my tenure in school.
- Received '**Special Award for creativity and contribution** ' in capacity of President of Fine Arts Society.

## About Myself

Highly motivated individual and enthusiastic team player with an eye on detail and hunger to learn new ideas/concepts with a passion to strive for excellence.

## Personal Particulars

**Date of Birth:** 30<sup>th</sup> December 1993

**Address** : B-1A/18 C Janak Puri, New Delhi – 110058

**E-mail** : sonali3093@gmail.com

**Phone No.** : +91 9818127670

**School** : Springdales School, Pusa Road (2012)  
CBSE, New Delhi

## Education and Certifications:

\*Pursuing 'Guidance and Counselling' -Jamia Millia Islamia University (2020-2021)

\*Certification for Happiness Coach by Happitude (2020)

\*Global Career Counsellor by UCLA (2019-2020)

\* Diploma in Rehabilitation Psychology (2018)  
(RCI Certified-A68466) CRSU

\*Master's in counselling psychology (2015-2017)  
Amity University

\*Graduation, BA (Hons.) Sociology (2012-2015)  
Kamala Nehru College  
University of Delhi