



# Samiksha Gandhi

## Counselling Psychologist

Compassionate and dedicated psychologist with a strong foundation in clinical and corporate counseling. With a Master's in Psychology and experience in both hospital and corporate settings, I specialize in providing emotional support to cancer patients, empowering them through their journeys with empathy and resilience. Proven ability to navigate complex emotional landscapes and foster healing through tailored therapeutic approaches.

## Contact

### Phone

8218334128

### Email

samikshagandhipsychologist@gmail.com

### Address

Mahavir Enclave Dasrathpuri

## Education

2022  
**Master's Psychology**  
Agra College Agra

2020  
**Bachelor of Arts**  
Agra College Agra

## Expertise

- Psychological Assessment
- Counseling Techniques
- Crisis Intervention
- Patient Care
- Emotional Intelligence
- Communication Skills
- Team Collaboration

## Language

English

Hindi

## Experience

### 2024 - Till Date

Unique Hospital Cancer Center

#### Psychological Counselor

- Provide psychological counseling and support to cancer patients and their families.
- Develop individualized treatment plans based on patient needs and psychological assessments.
- Collaborated with oncologists and nursing staff to create an integrated care approach, enhancing patient well-being.
- Conducted group therapy sessions to promote community support and shared healing experiences among patients and families.

### 2022 - 2024

Dr Vivek Bindra Bada Business Pvt Limited

#### Corporate Escalation Counsellor

- Managed escalated client issues, providing effective counseling and solutions.
- Facilitated workshops and training sessions on emotional intelligence and conflict resolution.

### 2019 - 2022

Agrawal Critical Care Hospital Agra

#### Manager

- Spearheaded operational improvements that enhanced patient care and streamlined hospital processes.
- Fostered a supportive environment for staff development, encouraging team collaboration and continuous learning.

### 2023- 2024

#### Part-Time Psychological Counsellor (MIND SPACE WEBSITE)

- Provided tailored counseling sessions focusing on stress management, anxiety, and coping strategies.
- Integrated mindfulness and resilience-building techniques to support clients' mental health and well-being.
- Utilize evidence-based therapeutic approaches, such as Cognitive Behavioral Therapy (CBT) and mindfulness techniques, to empower clients in developing coping strategies and improving emotional regulation.
- Create a safe and non-judgmental environment that fosters open communication and trust, allowing clients to explore their thoughts and feelings.
- Develop personalized treatment plans that incorporate clients' goals, ensuring a holistic approach to their mental well-being.