

SKILLS

Communication
Expert

Teamwork
Expert

Creativity
Expert

Problem-solving
Expert

Leadership
Expert

LANGUAGES

- English
- Hindi

CRR NO

A104118

EXPERIENCE

Artemis Hospital, Gurgaon – Internship

January 2025 - January 2025

Supervised by Dr. Puneet Diwedi and Dr. Namrata Mahajan.

- Attended 8 OPD sessions, observing clinical practices in mental health.
- Participated in art therapy sessions for emotional expression and assessment.
- Gained hands-on experience in treating eating disorders using Cognitive Behavioral Therapy (CBT).
- Learned to administer and interpret the Millon Clinical Multiaxial Inventory (MCMI) for personality disorders.
- Assisted in conducting therapy sessions and understanding structured therapeutic interventions.

Yatharth Super Speciality Hospital, Greater Noida – Internship

June 2024 - August 2024

Worked under Dr. Pragya Singh (Clinical Psychologist).

- Observed patients, conducted case history-taking, rapport formation, and psychological assessments.
- Administered and interpreted various psychological tests, including:
 - Cognitive & Neuropsychological Assessments: MISIC, PGI Brain Dysfunction Battery, AIMS Neuropsychology Battery, Mini-Mental State Examination, Montreal Cognitive Assessment.
 - Projective Tests: Draw-A-Person Test (DAPT), Thematic Apperception Test (TAT), Children's Apperception Test (CAT), House-Tree-Person (HTP).
 - Behavioral & Developmental Scales: Conners Rating Scale, Vineland Social Maturity Scale, Child Behavior Checklist, Bhatia Battery Test of Intelligence, Indian Scale for Assessment of Autism.

Mata Bhagwanti Chadha Niketan, Noida — Special Education School Internship

April 2024 - May 2024

Observed students with Autism Spectrum Disorder (ASD) and ADHD.

- Conducted psychological assessments:

- Tests: ISAA, Autism Behavior Checklist, Vanderbilt ADHD Rating Scale, Conners Teacher Rating Scale, ADHD Rating Scale.

Amity School, Sector 44, Noida — Facilitator

January 2024 - February 2024

Conducted group guidance sessions, individual counseling, and focused group discussions.

- Facilitated art therapy for students across junior, middle, and senior school sections.

Autism Workshop with Dr. Shobha Sharma

Attended a three-day workshop on autism, covering definitions, causes, symptoms, and assessments.

- Learned to administer CARS, INCLIN, ISAA, Autism Behavior Checklist, and M-CHAT.

- Studied various intervention techniques for autism management.

Earth Saviour Foundation — Volunteer

Coordinated with the administration team for record-keeping and database management.

- Assisted in maintaining records of needy individuals and staff training.

Psy Man, Rajouri Garden — Internship

Gained knowledge in basic counseling skills, psychoeducation, stress management, and case history-taking.

EDUCATION

Master of Arts (MA) Clinical Psychology, IGNOU Open University

2023 - Now

Advanced Diploma In Child Guidance and Counselling, Amity University Greater Noida

2023 - 2024

9.19 CGPA

Master of Arts (MA) Counselling Psychology, Amity University Noida

2021 - 2023

8.30 CGPA

Bachelor of Arts (BA) Sociology Hons, Maitreyi College University of Delhi

61.36%

class 12th, Birla Balika Vidyapeeth Pilani Rajasthan

92.76%
