

JOB PROFILE

I am a Clinical Psychologist (RCI registered), Silver Medalist in M.A. Clinical Psychology, with extensive clinical and research experience across hospital, academic, and community settings. Skilled in working with children, adolescents, and adults presenting with a range of psychological concerns. Trained in psychotherapy, and psychological assessments. Active researcher with presentations at national conferences (NIMHANS, NAOP, NHFW). Competent in literature review, quantitative analysis (SPSS, Jamovi), and academic writing.

EDUCATION

Amity University, Noida	
M.Phil. in Clinical Psychology	July 2023-June 2025
CGPA: 7.52/10	
M.A Clinical Psychology	September 2021-June 2023
CGPA: 8.88/10	
Silver Medal for Academic Performance (2021-2023)	
50% Merit Scholarship for Academic Session 2021-2023	
B.A. (Hons.) Applied Psychology	July 2018- June, 2021
CGPA: 8.88/10	
100% Merit Scholarship for Academic Session 2018-2021	
Carmel Convent School, Chandigarh	
CBSE 12 TH Class	2016- 2018
92.4%	
Ryan International School, Patiala	
CBSE 10 TH Class	2015-2016
CGPA: 10/10	

SKILLS

- Clinical Skills
- Clinical Interview
 - Mental Status Examination
 - Case Conceptualisation (especially using the cognitive model)
- Presentation Skills
- Public Speaking
 - Academic and Clinical Presentations

LANGUAGES

- Hindi
- English
- Punjabi

PROFESSIONAL EXPERIENCE

National Institute for the Empowerment of Persons with Intellectual Disabilities, Noida
January, 2025-June, 2025

M.Phil Clinical Posting

- Delivered around 75+ hours of behavior therapy and collaborated with Occupational Therapists, Speech Therapists and Special Educators to develop a comprehensive treatment intervention for children (and parents) with neurodevelopmental disorders
- Conducted 30+ child assessments including MISIC, NIMHANS SLD INDEX, NITI (NIEPID Indian Test of Intelligence)

Perfect Mind Clinic, New Delhi | July 2024 - December 2024; November 2023 – January 2024

M.Phil Clinical Posting

- Delivered around 200+ hours of psychotherapy to children and adults and administered psychodiagnostic and other assessments (neurocognitive projective, IQ, personality, developmental, rating scales, etc.) on 50+ patients

National Government District Hospital, GB Nagar, Noida | February, 2024- June, 2024

M.Phil Clinical Posting

- Conducted 75+ child and adult assessments relevant to UDID certification under supervision of medical board members and delivered brief psychotherapeutic interventions including psychoeducation, and supportive psychotherapy

Postgraduate Institute of Child Health, Noida | July 2023 – October 2023

M.Phil Clinical Posting

- Conducted 40+ child assessments to assess cognitive, behavioral and emotional difficulties, and collaborated with multidisciplinary teams, including departments such as gastroenterology and emergency medicine, to deliver integrated psychotherapeutic care

Cosmos Institute of Mental Health & Behavioral Sciences (CIMBS), New Delhi | July, 2022

Psychology intern

- Observed ward rounds and psychological assessments, and participated in specialized day-care activities for inpatients

The Wings Learning Center, Noida | October 2021

Psychology intern

- Observation of speech therapy and occupational therapy sessions for children with Autism Spectrum Disorder, Attention-Deficit Hyperactivity Disorder, and other neurodevelopmental disorders
- Attended and assisted with group therapy sessions for children with neurodevelopmental disorders

Moolchand Medcity | June 2019

Psychology intern

- Observation of case history and psychological testing

RESEARCH EXPERIENCE

- **M.Phil. Dissertation:** *“Exploring the role of Cognitive Emotional Regulation, Parental Acceptance-Rejection and Self-Efficacy in relation with Different Behavioural-Emotional Profiles among Adolescents with Specific Learning Disorder”*
- **Paper Presentation** of M.Phil. dissertation at Regional Conference of the World Association for Psychosocial Rehabilitation- Indian Chapter (WAPR-IC) held at NIMHANS, Bengaluru in December 2024.
- **Delivered a symposium** on *“Interpersonal Violence Against Women”* at NAOP Conference, Christ University in February 2025 and on *“Beyond the Diagnosis: Coexisting Conditions in Learning Disabilities and its Impact”* at AccessAbility National Conference 2025 held at National Institute of Health and Family Welfare (NHFW), Delhi in January 2025.
- **Master’s Dissertation:** *“Association Between Chanting, Emotional Regulation And Quality of Life Among Middle Adults: A Comparative Study”* published in International Journal of Research Publication and Reviews, Vol 4, no 6, pp 1018-1026 June 2023
- **Bachelor’s Dissertation:** *“Effect of Death Anxiety and Quality of Life among Young Adults”*