

# NIDHI JHA

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To seek employment as a Clinical psychologist with an esteemed organization where my experience and education will be useful to help people in need.

## EXPERIENCE

**May 2024 – Nov 2024**

Clinical Psychologist | Varanasi, UP

Work as a Clinical Psychologist in Homi Bhabha Cancer Hospital, recruited through Indian Cancer Society.

**Nov 2021- Dec 2021**

Counselor | School | Prayagraj, UP

Work as a school counselor in MPVM Ganga Gurukulam, Prayagraj U.P.

**Aug 2021 – Sept 2021**

Internship | Deva Institute of Healthcare & Research | Varanasi, U.P.

Psychiatric Case Study Taking and Mental Status Examination, Rating scales, Intelligence, Personality and Neuropsychological Assessment Exposure of ECT, Sleep Study, IPD, OPD.

**July 2021 – July 2021**

Summer Internship | Moolchand Hospital | Delhi

Have done one month Internship in Psychiatry case history taking and diagnosis.

**May 2019 – July 2019**

Psychiatry O.P.D. | SAMVEDNA | Varanasi

Attended Psychiatry O.P.D. for 3 weeks and administered **Relaxation Techniques/Cognitive Behavior Therapy/Short Term Psycho Dynamics Psychotherapy** and presented Case Reports of clients.

## EDUCATION

**2021 - 2023**

M.Phil. (Clinical Psychology), Mahatma Jyoti Rao Phoolke University, Jaipur

**2020 - 2021**

P.G. DIPLOMA (Counselling & Psychotherapy), BHU (South Campus), Varanasi

**2018 - 2020**

M.A. Psychology, Central University of Allahabad, Prayagraj

**2018 - 2020**

B.A. Psychology, Central University of Allahabad, Prayagraj

**2015**

PASSED 12<sup>TH</sup>, JAGAT TARAN GIRLS INTER SCHOOL, PRAYAGRAJ

**2013**

PASSED 10<sup>TH</sup>, JAGAT TARAN GIRLS INTER SCHOOL, PRAYAGRAJ

## SKILLS

- Psychosocial Counselling
- Self-Reflection
- Adolescent Suicide protocol
- MSE and MMSE
- Rorschach Inkblot Test
- Bhatia Battery Test
- TAT
- Psychotherapies (CBT, DBT, IPT, IPSRT, Sex Therapy, Family Therapy etc.)

## ACTIVITIES

- Webinar on Case History taking in Psychiatry
- Workshop on School Counselling & Relaxation Techniques
- Workshops on the “Personality Development Program” at Central University of Allahabad.
- Workshop on “How to Write Social Stories” at GBPSSI Allahabad.
- Certification on “World Suicide Prevention Day” at Central University of Allahabad.
- N.C.C. B-Certificate, Uttar Pradesh Bharat Scout and Guide Rajya Purushkar.
- Scout and guiding (District Level)