

# CURRICULUM VITAE



## PERSONAL INFORMATION

---

<b>Name</b>	<b>DR. PRIYANKA JHA</b>
<b>Date of Birth</b>	<b>6<sup>th</sup> September, 1994</b>
<b>Sex</b>	<b>Female</b>
<b>Citizenship</b>	<b>Indian</b>
<b>Address</b>	<b>Permanent: C-200, Karni Nagar, Lalgarh, Bikaner, Rajasthan - 334001</b>
<b>Contact details</b>	<b>Mob: +91-7976780317</b> <b>Email: priyanka694jha@gmail.com</b>
<b>Current Position</b>	<b>Junior Resident, Department of Psychiatry, K. S. Hegde Medical Academy, Mangalore, Karnataka</b>
<b>Languages known</b>	<b>English, Hindi, Kannada, Punjabi, Tulu, Malayalam</b>
<b>Father's Name</b>	<b>Mr. Prahlad Jha</b>

**Mother's Name**                **Mrs. Mohini Sharma**

**Marital Status**                **Unmarried**

## **OBJECTIVE**

---

A dedicated and compassionate psychiatrist with postgraduate training in psychiatry, seeking to contribute clinical expertise, research acumen, and empathetic patient care to a healthcare or academic institution. I am interested in clinical work (Out-patient and In-patient care), community camps, academics and research, thus academic post is the next step for me.

**AVAILABILITY**                Immediate

## **EDUCATIONAL QUALIFICATIONS**

---

<b>Course/Exam.</b>	<b>School/Institute</b>	<b>Year of</b>	<b>Results</b>
		<b>Passing</b>	
<b>Doctor of Medicine (M.D.) (MCI recognised)</b>	K. S. Hegde Medical Academy, NITTE University, Mangalore Karnataka, India	2025	Pass with 66.4%, attempt-1
<b>Bachelor of Medicine and Bachelor of Surgery (M.B.B.S.)</b>	Adesh Institute of Medical Sciences and	2018	Pass with 66.2% marks in aggregate

	Research, Bathinda, Punjab, India		(1 attempt in year)
<b>Higher secondary (Standard XII)</b>	Sophia Senior Secondary School, Bikaner, Rajasthan	2012	Pass with 86% marks, attempt-1
<b>Secondary (Standard X)</b>	Sophia Senior Secondary School, Bikaner, Rajasthan	2010	Pass with 9.4 CGPA, attempt -1

## EMPLOYMENT DETAILS

Designation	Duration	Place of Posting	Name of Employer
<b>Junior Resident (Psychiatry)</b>	2022-2025	K. S. Hegde Medical Academy, NITTE University, Mangalore Karnataka, India	Dean, K. S. Hegde Medical Academy, NITTE University, Mangalore Karnataka, India
<b>Compulsory Rotatory Internship</b>	2019-2020	Adesh Institute of Medical Sciences and Research, Bathinda, Punjab, India	Dean, Adesh Institute of Medical Sciences and Research, Bathinda, Punjab, India
<b>Junior Resident</b>	04/01/2022- 23/01/2022	Sardar Patel Medical College, Bikaner, Rajasthan	Principal, Sardar Patel Medical

---

**(Medicine)  
Contractual  
basis**

College, Bikaner,  
Rajasthan

---

**Junior  
Resident  
(Surgery)  
Contractual  
basis**

01/10/2021- Fortis DTM Hospital, Fortis DTM  
20/12/2021 Bikaner, Rajasthan Hospital, Bikaner,  
Rajasthan

---

## **MEDICAL REGISTRATION**

---

<b>REGISTRATION NUMBER</b>	<b>DATE</b>	<b>REGISTERING AUTHORITY</b>
<b>KMC 147698</b>	<b>29-04-2022</b>	<b>Karnataka Medical Council</b>

## **ACADEMIC ACHIEVEMENTS/AWARDS/HONORS RECEIVED**

---

### **MEDICAL COLLEGE for M.D. (K.S. HEGDE MEDICAL COLLEGE)**

1. **Highest percentage** of marks in practical amongst **pass-outs** from Department of Psychiatry, K.S. Hegde Medical College, NITTE (Deemed to be University), 2025

2. **Third Place** in the Dr S M Channabasavanna Spandana PG QUIZ at IPS SZB PG Training Program 2023 held at Chennai from 3-4 June 2023.
3. **Third place** in the QUIZ competition held as a part of the two day National Level PG-CME "WOMB TO TOMB: UNRAVELING THE JOURNEY OF PSYCHIATRY" held at K S Hegde Medical Academy, Deralakatte, Mangaluru on 20th & 21st July 2024.
4. **Presented oral paper** titled "Association between delirium subtypes and age in consultation liaison psychiatry of a tertiary care hospital- A descriptive cross-sectional study" in the 75th Annual National Conference of Indian Psychiatric Society 2024 (ANCIPS 2024) held at Kochi, Kerala from 18th - 21st January, 2024.
5. **Principal Investigator in Clinical Audit** on "Use of mechanical restrained in De-addiction ward in patients with delirium" in Department of Psychiatry, at K S Hegde Medical Academy, Deralakatte, Mangaluru.

## **PUBLICATIONS (PEER REVIEWED JOURNALS)**

---

**Priyanka Jha**, Shishir Kumar, Dr. Arun Bhat, Dr. Shrinivasa Bhat U. A Case report of anxiety cloaking obstructive sleep apnoea. E-POSTERS. Indian Journal of Psychiatry 66(Suppl 1):p S167-S222, | DOI: 10.4103/0019-5545.394305

## **RESEARCH PROJECTS**

---

1. Principal Investigator in the research project titled "**The phenomenology, causative factors and severity of delirium in consultation liaison psychiatry of a tertiary care hospital**" as

dissertation under the guidance of Prof. Dr. Shrinivasa Bhat U. in Psychiatry at Department of Psychiatry, K. S. Hegde Medical Academy, NITTE University, Mangalore, Karnataka.

2. **Principal Investigator in Clinical Audit on “Use of mechanical restrained in De-addiction ward in patients with delirium”** in Department of Psychiatry, at K S Hegde Medical Academy, Deralakatte, Mangaluru.

## **CONFERENCE/CME PRESENTATIONS (PAPER/POSTER/SYMPOSIUM)**

---

1. Presented an oral paper " **ASSOCIATION BETWEEN DELIRIUM SUBTYPES AND AGE IN CONSULTATION LIAISON PSYCHIATRY OF A TERTIARY CARE HOSPITAL- A DESCRIPTIVE CROSS-SECTIONAL STUDY**" at National level PG-CME and Alumni meet, K. S. Hegde Medical College and Hospital. Authors: **Dr Priyanka Jha**, Dr. Arun Bhat, Dr. Shrinivasa Bhat U.
2. Presented a poster on” **A CASE REPORT OF APNEA VS APPREHENSION**” at 75th Annual National Conference of Indian Psychiatric Society, Kochi 2024. Authors: **Dr Priyanka Jha**, Dr. Arun Bhat, Dr. Shishir Kumar, Dr. Shrinivasa Bhat U.

## **CONFERENCES/WORKSHOPS ORGANIZED**

---

Member of Organizing Committee and Registration Committee at CME on National Level PG-CME "**WOMB TO TOMB : UNRAVELING THE JOURNEY OF PSYCHIATRY**" held at KS Hegde Medical Academy, Deralakatte, Mangaluru on 20th & 21st July 2024.

## RESEARCH INTERESTS

---

1. Women's Mental Health
2. Child And Adolescent Psychiatry
3. Psychodermatology
4. Addiction Medicine

## CO-CURRICULAR ACHIEVEMENTS

---

### Medical college:

- **First place** winner in Western Group dance at **Arrhythmia 2017 Cultural Fest** in Adesh Institute of Medical Sciences and Research. Bathinda, Punjab.
- **Second place** winner in Western Group dance at **Arrhythmia 2016 Cultural Fest** in Adesh Institute of Medical Sciences and Research. Bathinda, Punjab.
- **Anchoring** in various events.

**School:** Prize winner in dance, singing, art and cooking.

## WORK EXPERIENCE

---

- I. **Junior Resident at K. S. Hegde Medical Academy, NITTE University, Mangalore Karnataka, India from February 2022 – February 2025: M.D. Psychiatry**

1. Adult in-patient and out-patient Psychiatry (30 months) – Includes 6 monthly postings in each unit – I and II. Electroconvulsive therapy (ECT) administration was part of this training. This also includes regular liaison with other departments in the hospital including ICU for emergency psychiatry facilities in the ICU.
2. Child and Adolescent Psychiatry (2 months) – Includes 2-month postings under NIMHANS Child and Adolescent Psychiatry department.
3. Neurology and Neuropsychiatry (1 month) - This includes work in Neurology department – both in-patient and out-patient basis and Electroencephalography (EEG) interpretation.
4. Consultation Liaison psychiatry (1 month) - Liaison with the Medicine department. Regular consultations with other departments like medicine, orthopedics, surgery, obstetrics and gynecology, pediatrics and ICU for emergency psychiatry facilities throughout 3 years.
5. Psychology (15 days) - For training in therapies like CBT, Mindfulness, BT; IQ testing, projective tests.
6. Psychiatric Social Work (15 days)
7. Community Psychiatry (2 months) – Rural stay postings for 2 months. Also attended school health camp and primary health centre. Assisted in a home visit.
8. District Residency Programme offered by Taluk Hospital, Puttur, Dakshina Kannada, Government of Karnataka under the PGMER 2020. (3months)
9. Emergency Psychiatry – 3-4/month day and night emergency duties throughout the three years
10. Addiction Psychiatry – Multiple camp visits in last 3 years

## **II. Compulsory Rotatory Internship, Adesh Institute of Medical Sciences and Research, Bathinda, Punjab from 01-01-2019 to 31-12-2019**

1. Medicine including 15 days in Psychiatry (2 months)
2. Surgery including 15 days in Anaesthesia (2 months)
3. Obstetrics & Gynaecology including Family Welfare Planning (2 months)
4. Community Medicine (2 months)
5. Orthopaedics (1 month)
6. Paediatrics (1 month)



7. ENT (15 days)
8. Ophthalmology (15days)
9. Psychiatry (15 days)
10. Casualty/Emergency Department (15 days)
11. Radiology (15 days)

## **COURSES COMPLETED**

---

1. Certified in Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS) from K. S. Hegde Medical Academy, NITTE- Deemed to be University
2. Completed NPTEL online course- health research fundamentals, secured 79% in the examination in 2023.
3. Certified in ICD-11 workshop conducted for two days by Department of Psychiatry, Kasturba Medical College, Manipal on 24/6/23.
4. Completed a workshop on synopsis and dissertation writing organized by the NITTE- Deemed to be University.
5. Certified in Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS) from Adesh Institute of Medical Sciences and Research, Bathinda (01/2019)

## **CONFERENCES/ WORKSHOPS/ CME ATTENDED**

---

### **I. International**

1. **ETHOS 5.0** – International Bioethics Medical and Research Conference, held from 11-13 November 2022, conducted by **K. S. Hegde Medical Academy, NITTE (Deemed to be University), Mangalore, Karnataka, India**. Attended workshops on Medicolegal and Gender Equality.

## II. National

1. **Muller PSYCON 2022**, CME on "Recent Advances in Psychiatry", held in **July 2022** at **Father Muller's Medical College, Mangaluru, Karnataka, India**
2. **PSYCHIATRY INSIGHT 2022**, CME on "Behavioural Addiction in Children and Adolescents", held in **December 2022** at Kasturba Medical College, Mangalore.
3. **IPS-KC PG CME 2023**, – "Clinical Skills and Management of Psychiatric Disorders", held on 24-25 February 2023 NIMHANS, Annual post graduate training program- IPS, south zonal branch CME, 2023, Chennai.
4. **Annual South Zone IPS PG Training Program 2023** – "Recent Advances in Psychiatry: A Tectonic Shift", held on 3-4 June 2023, organized by **SRM Medical College Hospital & Research Centre and the Institute of Mental Health, Chennai, Tamil Nadu**.
5. **ECT 75 @ NIMHANS** – "An Update on Electroconvulsive Therapy", CME and hands-on workshop, held on 29 July 2023 at **NIMHANS, Bangalore, Karnataka, India**.
6. **YENDERMIND 2023**, Yenepoyya Medical College, Mangaluru- 02/10/2023
7. **TIPPS Excel, STEP 2023**, Bangalore, National conference for post graduates in Psychiatry.
8. **ICD-11 workshop** conducted for two days by Department of Psychiatry, Kasturba Medical College, Manipal on 24/4/24.
9. **75th Annual National Conference of the Indian Psychiatric Society (ANCIPS 2024)** – "Psychiatric Care: Problems, Progress, and Prospects", held from 18-21 January 2024 at **Kochi, Kerala, India**.
10. **Psychiatry Insight 2023** – CME-CRE on "From Trauma to Healing", held on 24 November 2023 at **KMC Mangalore, Karnataka, India**.
11. **National level PG CME 2024- Womb to Tomb: Unraveling the journey of Psychiatry**, KSHEMA 2024.
12. **Annual Postgraduate Training Program 2024** – "Postgraduate Clinical Exam: A Trial Run", held on 4-5 May 2024, conducted by **IPS South-Zonal Branch, IPS Kerala State Branch, & Department of**

**Psychiatry, Government Medical College, Thiruvananthapuram, Kerala, India.**

13. **TIPPS Excel, STEP 2024**, Bangalore, National conference for post graduates in Psychiatry.
14. **YENMIND-8** – National Level Workshop on "Seeing the Unseen: Radiology Basics for Psychiatrists", organized by the **Department of Psychiatry, Yenepoya Medical College**, held on 26 June 2024 at **Yenepoya Nursing Home, Kankanady, Mangalore, Karnataka, India.**

## **OTHER RELEVANT EXPERIENCE**

---

1. Have hands on experience in the use of Transcranial Direct Current Stimulation (tDCS).
2. Have hands on experience in the use oral Ketamine administration for depressive disorders.
3. Have a working knowledge of computers. Proficient in Windows, Microsoft Office.
4. Research Skills: Data analysis, manuscript writing, literature reviews.
5. Soft Skills: Communication, teamwork, empathy, leadership.

## **PROFESSIONAL REFERENCES**

---

1. Prof. (Dr.) Shrinivasa Bhat U., MD  
Head, Department of Psychiatry, K. S. Hegde Medical College, Mangalore, Karnataka, India  
Email: [shrinivasabhat@nitte.edu.in](mailto:shrinivasabhat@nitte.edu.in)
2. Prof. (Dr.) Satheesh Rao, MD, DPM

Department of Psychiatry, K. S. Hegde Medical College, Mangalore,  
Karnataka, India

Email: [dr\\_satheeshrao@yahoo.com](mailto:dr_satheeshrao@yahoo.com)

3. (Dr.) Shishir Kumar, MRCPsych  
Associate Professor, Department of Psychiatry, K. S. Hegde Medical College,  
Mangalore, Karnataka, India

Email: [Shishirkumar@nitte.edu.in](mailto:Shishirkumar@nitte.edu.in)

4. (Dr.) Arun Bhat P., DPM, DNB  
Assistant Professor, Department of Psychiatry, K. S. Hegde Medical College,  
Mangalore,

Karnataka, India

Email: [arun.bhat1986@gmail.com](mailto:arun.bhat1986@gmail.com)

## HOBBIES AND INTERESTS

---

Learning advanced technology, singing, cooking, anchoring for programmes,  
public speaking and travel.



**Date: 24/01/2025**

**Place: Mangalore**

**Signature**