

ABHISHEK MOHANTY

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📅 Date of Birth: June 5, 1996

♂ Male | 🧑 Unmarried



Profile

Dynamic Occupational Therapist with extensive experience at Goa Medical College, excelling in therapeutic interventions and team collaboration. Proven track record in enhancing patient outcomes through evidence-based practices and individualized treatment plans. Adept at psychoeducating patients and facilitating group sessions, fostering functional independence and quality of life for diverse populations.

Education

Master of Occupational Therapy – Occupational Therapy in Mental Health Sciences

Goa Medical College, Goa, India | May 2022 – May 2024

- Development and implementation of individualized occupational therapy interventions for psychiatric patients.
- Collaboration with multidisciplinary teams.
- Advanced knowledge of mental health conditions.

Bachelor of Occupational Therapy

SVNIRTAR, Odisha, India | Nov 2015 – Aug 2020

- Skill development in assessing factors affecting patient occupational performance.
- Exposure to evidence-based pediatric techniques.
- Patient-centered evaluation and customized intervention planning.

Employment

Occupational Therapist

Goa Medical College, Bambolim | Jul 2024 – Present

- Collaborate with interdisciplinary teams.

- Conduct assessments and treatment plans.
- Lead therapy group sessions and mentor interns.

Pediatric Occupational Therapist

The BrainTree Healthcare Pvt Ltd, Cuttack | Aug 2020 – May 2022

- Delivered assessments and individualized planning for children with ASD.
- Designed school-readiness programs and provided sensory integration therapy.

Skills

Therapeutic interventions, Occupational performance, Documentation & reporting, Assessment & evaluation, Data analysis, Interpersonal skills, Time management, Active listening, Group facilitation, CBT techniques, Leisure skill development, Mental health support, Team collaboration

Hobbies

- Cooking
- Reading books
- Traveling
- Volunteering

Certificates

- Clinical Application of CBT & REBT in OT – Mental Health Practice in Aug 2023
- Certificate course in Workplace Ergonomics (Sri Sri University) in 2020

Achievements

- Presented paper titled “Prevalence of Body Dysmorphic Disorder in college going students: A Quantitative study” at 24th Annual National Conference of Indian Association of Private Psychiatry (ANCIAPP-2023).
- Published research paper in Indian Journal of Clinical Psychiatry on “Prevalence of Body Dysmorphic Disorder in college going students: A Quantitative study”
<https://doi.org/10.54169/ijocp.v4i01.110>
- Presented paper at 76th Annual Conference of Indian Psychiatric Society (ANCIPS-2025) on “Assessing the impact Body Dysmorphic Disorder on quality of life: A Quantitative Analysis”
- Participated in State-level CME on Zoonoses & Zoonotic Diseases at Goa Medical College (2023).
- Attended 8th Goa Cancer Society Lecture at International Centre Goa (2023).
- Delivered lecture on OT in Elderly at Altinho, Goa (2023).
- Winner – OT Day Quiz, conducted by Goa Medical College, Orthopaedicsurgery Dept.

- Participated in two days hands on workshop on NDT/BOBATH approach on Stroke & TBI Management.
- Attendee Pre-Conference COTE on Disaster Management (MGOTC, Jaipur).
- Attendee – Pre-Conference COTE on Industrial Health (AIOTA, Nagpur).
- Delegate – OTICON 2020, Mumbai branch of AIOTA.
- Delegate/Speaker in CME on 'Cerebral Palsy – Holistic Care' (Neurorehab Institute, Kolkata).
- Attended Workshop – 'Is It Behaviour or Sensory?' by Soch & Mom's Belief (2019).
- Submitted Project – 'Reciprocal Stepper' for adult & pediatric use as a part of BOT Curriculum.
- Street play participant – AIOTA National Conference, Nagpur (2018).
- Street play participant – AIOTA Conference, Mumbai (2020).