



SRISHTI ARORA

Psychiatrist

Contact

Address

New Delhi, IN 110002

Phone

9758410359

E-mail

srishtiarora269@gmail.com

Skills

Patient Management

Diagnostic Skills

Critical Care

Clinical Research

Ethics and confidentiality

Languages

English

Hindi

To seek and maintain full-time position that offers professional challenges utilizing interpersonal skills, excellent time management and problem-solving skills. Hardworking and passionate job seeker with strong organizational skills eager to secure entry-level position. Ready to help team achieve company goals.

Work History

2024-04 -
Current

Senior Resident

Santosh Medical College And Hospital, Ghaziabad

- Mentored junior residents and provided constructive feedback on performance, helping them enhance their clinical skills.
- Enhanced patient satisfaction through effective communication, empathy, and active listening to address concerns and provide tailored care.
- Implemented quality improvement initiatives to optimize patient care processes, resulting in better service delivery.
- Continuously updated clinical knowledge through continuing medical education courses and attending conferences or seminars related to the field of expertise.

2024-01 -
2024-03

Senior Resident

IHBAS, New Delhi, India

- Enhanced patient satisfaction through effective communication, empathy, and active listening to address concerns and provide tailored care.
- Mentored junior residents and provided constructive feedback on performance, helping them enhance their clinical skills.
- Performed rounds twice daily to discuss patient care plans, review diagnostic studies, communicate with patients and discuss medication lists.
- Provided patient education and counseling, covering health status, test results, disease processes and discharge planning.

2023-11 -
2024-01

Psychiatrist

MIND BRAIN TMS INSTITUTE SAFDURJUNG, New Delhi, India

- Hands on training in Neuromodulation techniques like rTMS, Ketamine Assisted Psychotherapy
- Improved patient outcomes by implementing evidence-based treatment plans and psychotherapy techniques.
- Counseled outpatients and other patients during office visits and designed individualized care plans.

2020-08 -
2023-07

Junior Resident Doctor

Chaudhary Charan Singh University, Meerut, India

- Presented findings at case conferences, contributing valuable insights to enhance patient management strategies collectively.
- Managed emergency situations effectively, employing critical thinking skills and providing life-saving interventions when necessary.
- Improved patient care by efficiently diagnosing and treating various medical conditions.
- Developed strong rapport with patients, fostering trust and promoting effective communication for better diagnosis and treatment plans.

2020-04 -
2020-07

Doctor

Private Clinic, Karnal, India

Education

2023-08

M.D.: Psychiatry

Chaudhary Charan Singh University - Meerut, India

2018-03

MBBS: Medicine

Subharti Medical College And Hospital - Meerut, India

2013-03

12TH Class: Medical

St. Theresa's Convent Sr. Sec. School - Haryana, India

Accomplishments

Thesis

" To study the incidence and pattern of depression and pseudo-dementia in elderly population , western UP"

Publications

To study the effect of overt caffeine consumption and its health related consequences and the correlation of symptoms with progressive caffeine abuse resulting in dependance

Presentations

1) Poster presentation at CIPCON

2) Paper presentation at ADDICON, AIIMS

3) Symposium Presentation at ANCIPS

Conferences

Multiple Cme's at medical colleges

State conferences

National conferences

Interests

Core Neuropsychiatry

Child and Adolescent Psychiatry

Sleep related issues

Deaddiction