




PERSONAL

 **Name**  
Aishwarya John

 **Phone number**  
789343803

 **Email**  
ash.srampi@gmail.com

AISHWARYA JOHN



WORK EXPERIENCE

- Sep 2024 - Present

**Consultant Psychiatrist**  
Nirvaana Psychiatry Rehabilitation Centre, Bangalore

  - Clinical care- online and offline consultations and in- patient management (acute and rehabilitation)
  - Operational streamlining- creating forms and SOPs since inception
  - Awareness talks and webinars for employees and general public
- Jul 2024 - Present

**Consultant Psychiatrist**  
Ellora Mindcare, Bangalore

Clinical care- online consultations
- Sep 2024 - Sep 2024

**Consultant Psychiatrist**  
Allo Health, Bangalore

Clinical care- online and offline consultations for sexual heal and related disorders
- Jul 2023 - Jun 2024

**PDF in Psychiatric Rehabilitation**  
National Institute of Mental Health and Neurosciences, Bangalore

Clinical care, long term planning, vocational rehabilitation, social skills training, residential rehabilitation, disability certification and facilitation of welfare benefits provided by the Government for persons with Mental illness (PWMI) or Neurodevelopmental disorders.

Liaising with various non governmental organisations to facilitate vocational training, job placements, residential rehabilitation of PWMI
- Aug 2024 - Jun 2024

**Senior Resident, Project, Community Psychiatry**  
National Institute of Mental Health and Neurosciences, Bangalore

Conducted training in Primary Care Psychiatry for Medical officers, Nurses, Community Health Officers and ASHA workers across Karnataka, Maharashtra, Uttarakhand and West Bengal

Collaboration with State governments of these states for permissions and nominations of the participants of the training programmes

Resource person for various other programmes in Community Psychiatry including Online training of Counsellors of various states for TeleManas state cells, Lay counsellor training and certification course, Certificate Course on Media and Mental Health
- Aug 2021 - Jun 2022

**Senior Resident**  
Institute of Human Behaviour and Allied Sciences, New Delhi

Clinical experience (OPD, IPD, Emergency) including exposure in Child Psychiatry, Drug abuse treatment and rehabilitation centre, Geriatric Psychiatry, Forensic Psychiatry and Treatment and Rehabilitation of Homeless mentally ill

Community outreach activities through DMHP (District Mental Health Program) and Mobile Health Service for the Homeless at Jama Masjid, Delhi.



EDUCATION AND QUALIFICATIONS

- Jul 2023 - Jun 2024

**PDF In Psychiatric Rehabilitation**  
National Institute of Mental Health and Neurosciences, Bangalore

- May 2018 - Aug 2021 **M.D. Psychiatry**  
Institute of Human Behaviour and Allied Sciences, New Delhi
- Aug 2011 - Feb 2017 **M.B.B.S**  
Siddhartha Medical College, Dr.NTRUHS, Vijayawada



## RESEARCH EXPERIENCE AND PUBLICATIONS

- Thesis on Study of Factors Affecting Treatment Adherence in patients of Bipolar Disorder on Prophylaxis with a special focus on Insight under the guidance of Dr. N.G. Desai (former Director Professor, IHBAS)
- Effectiveness of Mental Health Intervention for Suicide Prevention', under guidance of Dr. N. G. Desai (former Director Professor, IHBAS) published in 'International Journal of Scientific Advances' in 2021
- Contributing author, Training manual for Counselors, Point of care guide for TeleMANAS Counselors and Facilitators Manual for Trainers of Tele MANAS counselors
- Author, Chapter- Introduction to Counseling , Manual for Lay Counselors
- Author, Chapter- Basics of Psychiatric Epidemiology, Psychiatric Epidemiology in India, Indian Psychiatric Update
- Contributor, Climate Change and Mental Health- Training Manual for Medical Officers, Training Manual for Paramedical Officers and Health Officers and Training Manual for State and District Nodal Officers
- Contributor, Climate Change and Mental Health- National Health Action Plan, Standard Operating Procedures, Guidelines, Best Practices Document, Surveillance, Monitoring and Evaluation



## AREAS OF INTEREST

- Diagnosis and Management of Psychotic Illnesses
- Community Psychiatry
- Psychiatry Rehabilitation
- Emergency Psychiatry
- Forensic Psychiatry



## LANGUAGES

English  
Hindi  
Telugu  
Malayalam