

Curriculum Vitae

Name and Contact Details:

Name: Ms. Prachi Mittal

Email: prachimittal2511@gmail.com

Mobile Number: +91 9891285447

Opening Statement:

Passionate and compassionate Clinical Psychologist (RCI Registered) with expertise in psychological theories and evidence-based interventions. Eager to contribute my skills and experience to make a positive impact in the field of clinical psychology.

Key Skills:

A highly skilled, compassionate, empathetic and solution oriented medical professional dedicated to providing exceptional care and implementing effective treatment plans for children, adolescents and adults. Effective motivator, communicator, ability to manage all kinds of personalities, diffuse stressful situations, achieve challenging goals and objectives. Innate ability to establish rapport quickly and build trust. Consistently recognized for ability to establish and maintain solid relationships with co-workers. Strong interpersonal, organizational, and analytical skills.

Work Experience:

Clinical Psychologist at Counsel India (May 2023-Present)

Advanced Training:

- ☐ Psychological Assessments (MPhil Training)
- ☐ Psychological Evaluations (MPhil Training)
- ☐ Psychotherapies (MPhil Training)
- ☐ Certified MEPSC Trainer
- ☐ Report writing

- One week intensive training program on “Trauma Release Exercises (TRE) conducted by Dr. Wael M.F. Abu Hassan during the 7th ICIAHP 2022, (G20 Presidency) at Gautam Buddha University Gr. Noida, 2022

Experience:

Clinical Postings during the MPhil training:

- Bakson Homeopathic Medical College and Hospital (BHMCH), Greater Noida (2021)
- Government Institute of Medical Sciences (GIMS), Pediatrics, Greater Noida (2021)
- District Mental Health Program, Noida (December 2021)
- Government Institute of Medical Science (GIMS), Psychiatry, Greater Noida (2022)
- Clinical Psychology OPD, Gautam Budhha University, Greater Noida
- Seminar presentation on Neurodevelopmental Disorders in Childhood: A Comparison of DSM-5 and ICD-10, (GBU, 2021)
- Seminar presentation on Psychophysiology of Pain & It's Management, (GBU, 2022)
- Dissertation on Effect of Mindfulness Based Cognitive Therapy on Neurocognitive Functions among Depression Patients.
- Dissertation on Family Environment, Self-Concept and Body Image among school and college going students.
- Two months internship in the Department of Psychiatry at Kailash Hospital and Heart Institute, Noida, under the supervision of Dr. Ajay Dogra, 2016.
- Two months internship and Volunteering at Bal Sahyog (NGO), Connaught Place, New Delhi, 2016
- One month internship in the department of Psychiatry and Psychology in Kailash Hospital and Heart Institute, Noida, under the supervision of Dr. Ajay Dogra, May 2016.
- One month internship in the Day Care at VIMHANS, New Delhi, January 2017.
- One month internship in the department of Psychiatry and Psychology in Kailash Hospital and Heart Institute, Noida, under the supervision of Dr. Ajay Dogra, May 2017.
- One month internship in the department of Psychiatry and Psychology in Kailash Hospital and Heart Institute, Noida, under the supervision of Dr. Ajay Dogra, December 2017.
- One month internship in the department of Psychiatry and Psychology in Kailash Hospital and Heart Institute, Noida, under the supervision of Dr. Ajay Dogra, May 2018.
- Two months internship at Mental Health Care Centre under the supervision of Ms.Srinjaya Saha, Consultant Clinical Psychologist, Faridabad, 2018
- Two months internship in the department of Psychiatry and Psychology in Kailash Hospital and Heart Institute, Noida, under the supervision of Dr. Ajay Dogra, 2018.
- Two months internship in the department of Psychiatry and Psychology in Kailash Hospital and Heart Institute, Noida, under the supervision of Dr. Ajay Dogra, May 2019.

Conferences/Workshops/Training Programs Attended:

- ☐ Certified MEPSC Trainer (VET & Skills)
- ☐ 6th International Conference of Indian Academy of Health Psychology, GBU, Gr. Noida, 2021 – Organising Team
- ☐ Participated in II Biennial Conference on Cognitive and Clinical Neuropsychology, (SRM, Chennai, 2022) – Poster Presentation
- ☐ 7th International Conference of Indian Academy of Health Psychology, G20 Presidency at GBU, Gr. Noida, 2021 – Conference Coordinator
- ☐ 7th International Conference of Indian Academy of Health Psychology, G20 Presidency at GBU, Gr. Noida, 2021 – presented paper titled “Effect of Mindfulness Based Cognitive Therapy on Neurocognitive Functions among Depression Patients”
- ☐ Workshop on Hypnosis and Past Life Regression facilitated by Dr. Rakesh Jain (GKV, Haridwar), 6th ICIAHP 2022, GBU
- ☐ Workshop on Trauma Relief Exercises facilitated by Dr. Wael Mustafa Abu Hassan (Arab American University, Palestine), 7th ICIAHP 2022 GBU, (G20 Presidency)
- ☐ Attended a training program Workshop on Subconscious Mind by NLP, Ram Verma, New Delhi, 2017
- ☐ Workshop on Thematic Apperception Test (TAT), AIPS, Amity University, Noida, 2017
- ☐ Seminar on Cognitive Behavioural Approach with Couples & Family, Moolchand Medicity, 2017
- ☐ Workshop on Subconscious Mind by NLP, Ram Verma, New Delhi, 2017
- ☐ Attended a training program Workshop on Handwriting Analysis by Keshav Mahavidhyalaya, New Delhi 2018

Educational Qualification:

S.No.	Program Name	Name of Institution	Subjects	Marks Obtained
1.	Mphil Clinical Psychology	Gautam Buddha University (Greater Noida, U.P.)		First Division
2.	B.A. + M.A. Clinical Psychology	Amity University (Noida, U.P.)		First Division
3.	Intermediate (12 th)	D.A.V. Public School (Noida, U.P.)	English, Psychology, Business Studies, Accountancy, and Economics	80%
4.	High School (10 th)	D.A.V. Public School (Noida, U.P.)	English, Sanskrit, Mathematics, Science, Social Science, and Foundation of IT	80%

Technical Skills:

- ☐ Psychometric testing
- ☐ Psychotherapies (CBT, MBCT, ERP, BT, MET, etc)
- ☐ Taking down case history of clients
- ☐ Taking Mental Status Examination
- ☐ Interventions
- ☐ Writing a research paper
- ☐ PowerPoint Presentations

Personal Details:

Date of Birth: 25-11-1997

Father's Name: Mr. Bhupinder Mittal

Mother's Name: Mrs. Poonam Mittal

Correspondence Address: A-26, Sector 56, Noida, Uttar Pradesh -201301

Religion: Hindu

Linguistic Skills: English , Hindi

Nationality: Indian

Hobbies:

- ☐ Cooking
- ☐ Listening Music
- ☐ Art & Craft

References:

Name: Dr. Anand Pratap Singh

Designation: Head and Professor

Department: Department of Psychology and Mental Health

Gautam Buddha University,

Gr. Noida, Uttar Pradesh.

Contact Number: +91 96502 57255

Email: apsingh@gbu.ac.in

Name: Dr. Shivani Pandey

Designation: Assistant Professor

Department: Department of Psychology and Mental Health

Gautam Buddha University,

Gr. Noida, Uttar Pradesh.

Contact Number: +91 94510 79826

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Name: Dr. Neha Sharma

Designation: Assistant Professor

Department: Department of Psychology and Mental Health

Gautam Buddha University,

Gr. Noida, Uttar Pradesh.

Contact Number: +91 81300 82766

Email: sharma.neha1109@gmail.com

Name: Ms. Aakriti Varshney

Designation: Consultant Clinical Psychologist

Department: Shanti Home, Advanced Mental Health Clinic,

Psychiatric Rehabilitation & De-addiction Centre

Gr. Noida, Uttar Pradesh.

Contact Number: +91 84471 33318

Email: aakriti.gbu@gmail.com

Name: Dr. Roopali Sharma

Designation: Professor

Department: Amity Institute of Psychology and Allied Sciences.

Amity University,
Noida, Uttar Pradesh.

Contact Number: 9650811336

Email: rsharma@amity.edu

Name: Dr. Anu Teotia

Designation: Assistant Professor

Department: Amity Institute of Psychology and Allied Sciences.

Amity University,
Noida, Uttar Pradesh.

Contact Number: 8854807822

Email: ateotia@amity.edu

Name: Dr. Ajay Dogra

Designation: Consultant Psychiatrist

Department: Psychiatry,

Kailash Hospital and Heart Institute
Noida, Uttar Pradesh.

Contact Number: 0120- 2466668

Email: Kailash.noida@kailashhealthcare.com

Name: Dr. Kamna Yadav

Designation: Clinical Psychologist (CRP NO. A47698)

Department: Positive Insight, New Delhi

Contact Number: 9953106479

Email: Kamna.yadav89@gmail.com

Date: 27/12/2022

Signature:

Prachi Mittal